

# The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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BRENDAN BAILEY fires a shot on net in the Quincy-North Quincy boys lacrosse team's 12-6 win over Stoughton last Friday at Veterans' Memorial Stadium. Bailey, a Quincy High junior and one of four captains on the squad, scored three goals as Q-NQ posted its first win of the season against the Black Knights. More coverage on Page 29. Quincy Sun Photo/Robert Bosworth

## Restrictions Eyed On Graduation Cap Decorations

By TOM GORMAN

There may be some new restrictions on how North Quincy and Quincy high school seniors decorate their graduation caps under a proposal by the school committee's policy subcommittee.

Reading from the subcommittee's March 27 meeting minutes, Chairman Paul Bregoli outlined the new guidelines to the school committee on April 10 that prohibit images or words

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## Student Loans Topic Thursday

By SCOTT JACKSON

In recognition of financial literacy month, the City Council's education committee will convene Thurs-

day for a public forum on student loans.

The committee meeting is scheduled for 6:30 p.m.

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## Quincy Police Shaving Heads For 'The Mighty Quinn'

### 3-Year-Old Quinn Waters Battling Brain Cancer

Members of the Quincy Police Department will be shaving their heads April 29 to show support for a young member of the Quincy police family, Quinn Waters who is affectionately known as "The Mighty Quinn."

Quinn was celebrating his third birthday on Sunday, Feb. 10, 2019, surrounded by his loving family at home in Weymouth. The very next day, Quinn became very ill and was admitted to Children's Hospital in Boston. Medical exams and tests resulted in the discovery of a large mass in Quinn's brain. In less than 24 hours, his family was rocked by the news no family wants to hear: Quinn had a brain tumor and was suffering from brain cancer.



QUINN WATERS

On Monday, April 29, police officers will be shaving their heads to raise money for the St. Baldrick's Foundation and to show Quinn that they stand with him and that he is not fighting alone.

Donations can be made online at [stbaldricks.org/events/mypage/13776/2019](http://stbaldricks.org/events/mypage/13776/2019).

Follow Quincy's journey online at [facebook.com/friendsofthemightyquinn](https://www.facebook.com/friendsofthemightyquinn).

## Councillors Question FoxRock Deal

By SCOTT JACKSON

City councillors voiced concerns about a proposed agreement with FoxRock Properties that would allow the developer to construct a \$100 million medical office building, plus a new 140-room hotel and 110-unit residential development, in the area of the Ross Lot in Quincy Center.

The City Council's finance committee spent four hours on April 10 reviewing the proposed land disposition agreement with FoxRock, which Mayor

Thomas Koch introduced last month. A public hearing on the LDA will be held at 6:30 p.m. on Monday, April 29, in the council chambers at City Hall, 1305 Hancock St.

A two-thirds vote of the council is needed to approve the deal.

Under the proposed agreement, FoxRock would pay the city \$4.25 million for about two acres of land on the Ross Lot. For that price, the city would also

terminate the reverter clause it now holds at the site of the former Quincy Medical Center on Whitwell Street, where FoxRock is planning a residential development. The reverter clause would enable the city to take back that land if medical uses were no longer on site. As part of the LDA, FoxRock would also grant the city land needed for the construction of the new Generals Bridge; that land is valued at about \$1 million,

Koch said previously.

The new medical office building would be constructed in the area of the Commonwealth building at 37R Parkway, with the hotel and residential building on what is now the Ross Lot. FoxRock would be required to build the medical office building, which would include between 150,000 and 200,000 square feet of medical office space above a 360-car garage, be-

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More Quincy news:

The Quincy Sun.com





# Drug Take Back Day April 27 At Quincy Police Department

The Quincy Police Department and the U.S. Drug Enforcement Administration

will give the public its 17th opportunity in nine years to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs.

Bring your pills for disposal to Quincy police headquarters at 1 Sea St. The service is free and anonymous, no questions asked. Sites cannot accept liquids or needles or sharps, only pills or patches.

Last fall, Americans turned in nearly 460 tons (more than 900,000 pounds)

of prescription drugs at more than 5,800 sites operated by the DEA and almost 4,800 of its state and local law enforcement partners.

This initiative addresses a vital public safety and public health issue. The Substance Abuse and Mental Health Services Administration's National Survey on Drug Use and Health shows year after year that the majority of misused and abused prescription drugs are obtained from family and friends, including someone else's medication being stolen from the home medi-

cine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—both pose potential safety and health hazards.

The Quincy Police Department also provides a drug disposal receptacle inside the lobby at police headquarters. Unused medications can be dropped off 24 hours a day, seven days a week. Needles and other sharp objects are not accepted.

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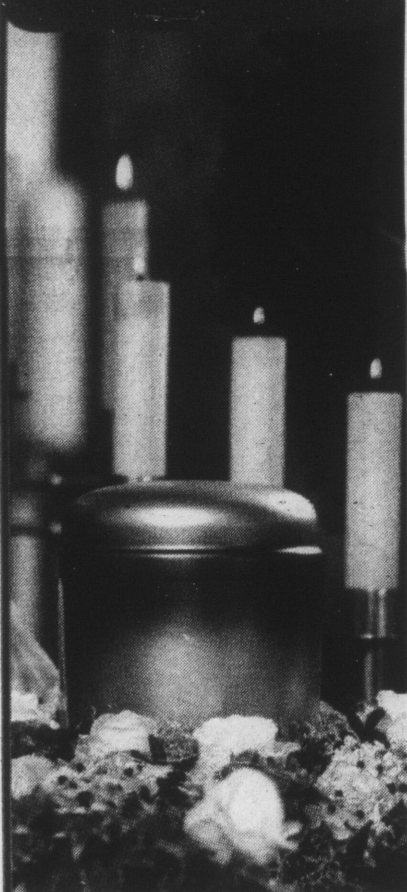
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## Choosing Cremation or Burial: A Deeply Personal Decision

The decision about what happens to a person's body after death is often a deeply personal one rooted in a family's personal beliefs and concerns and influenced by a variety of factors that are often equal parts practical, cultural and spiritual. Most families seek a solution that will offer the best opportunity for honoring the deceased's life and for fulfilling the needs of family and friends who seek comfort and consolation in their loss, so they are pleased to learn that they have many options with either cremation or burial.

At Keohane, our funeral directors provide families with information about all of the options available to them regardless of their choice of disposition. For these experts, it is a matter of respect.

### Respect for the Deceased

Keohane provides the same exceptional level of care to the deceased regardless of the choice of disposition. Choosing burial or cremation does not make one any more or any less deserving of basic human dignity. Each person deserves to be treated with respect.

### Respect for the Family

Every family has longstanding traditions. Every family has personal wishes. Every family has unique needs. We truly understand this and we sincerely respect this.

Burial and cremation both offer many appropriate and comforting solutions. By discussing personal relationships, cultural heritage, community connections, lifestyle choices, family traditions, religious beliefs and financial considerations, our funeral service experts are able to help families create the individualized ceremony and disposition option that will be best suited for their needs.

After spending time with one of our funeral directors, families may be surprised to learn that they can have a funeral with viewing even though they prefer cremation or that they can have a ceremony without viewing if they choose burial. We believe that one's choice of cremation or burial does not define the type of arrangements they select but that it is merely a starting point in creating a personal and meaningful experience.

### Respect for the Environment

Some families have a sincere concern for the environment in mind when choosing a method disposition yet both burial and cremation have an impact on our environment. For example, burial in a traditional cemetery may preclude future use of that land and cremation uses a large amount of natural gas. Each are non-renewable natural resources.

While there are pros and cons to both traditional burial and cremation, there are greener solutions like green burial. In fact, Keohane was the first funeral home in Massachusetts to be certified by the Green Burial Council so our funeral directors are truly experts in this area and can help guide you on what will work best for your family and our environment.

### Respect for the Budget

Keohane recognizes that people seek and expect value in their purchases and it has been our experience that providing this value begins with creating options tailored to the needs of each family. Burial and cremation are merely methods of disposition. The ceremonies and memorialization that occur before and after disposition are what have the greatest effect on families. Our goal is to help families balance their personal wishes with their financial needs.

The choice of burial or cremation is not always an easy one. Being experts in all of the disposition, ceremony and memorialization options available to families today, our funeral directors are committed to helping families make sure that their choices serve all of their needs—practical, cultural and spiritual and encourage people to contact us with any questions they may have. Please call us at 1-800-KEOHANE. We are here to help.

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# Earth Day Celebration April 27 At Faxon Park

In 1970, the first Earth Day began with Alaskan Sen. Gaylord Nelson organizing educational events across the country to raise awareness for the need to protect our natural resources.

On Saturday, April 27th, Quincy will mark the 39th anniversary of this important day. A variety of environmental organizations and City departments will come together at one of the city's most beautiful parks to explore nature and celebrate its protection.

The Quincy Environmental Network (QEN) and along with the City of Quincy's Environmental Treasures Program have organized this event which starts at 1 p.m. at Faxon Park. There will be an easy family-friendly hike to view signs of spring around the

interior of the park, followed by a more challenging hike exploring areas of the park that you may never have seen.

Climb to the highest point of Penn's Hill. See areas that were once slated for apartments and condominiums, which are now protected forests, thanks to the efforts of local environmentalists. Learn about efforts to preserve and expand the park further.

Participants will also learn about various environmental groups working in Quincy and how to get involved. Talk to representatives from the Quincy Fair Trade Taskforce, and learn how our purchases impact the environment and the quality of life of people all over the world.

Hear from Quincy Climate Action Network



QUINCY WILL MARK the 39th anniversary of Earth Day Saturday, April 27. The celebration will include a family friendly hike around Faxon Park. Photo Courtesy Quincy Environmental Network

## Wollaston Hill Neighborhood Association Meets April 24

The Wollaston Hill Neighborhood Association will hold its spring meeting Wednesday, April 24th from 6:30 to 8 p.m. at The Wol-

laston Elementary School, 205 Beale St.

Visit [www.WollastonHill.com](http://www.WollastonHill.com) for more information.

(QCAN) how Quincy is becoming less dependent on fossil fuels. Understand ways to recycle better from the city's Recycling Department. Meet representatives from area environmental advocacy groups, and hear about the great work they

are doing.

Thanks to the City's Energy and Sustainability Office, there will be a number of electric and hybrid cars on hand to view and test drive. Check out a variety of electric vehicle models, including Nissan Leaf and

Chevrolet Bolt and Volt. Check out a modified hybrid car which has been cut in half! View and learn about all the components, and why it is able to use less fuel than conventional cars.

Coloring and other kid crafts will be on-hand. Light

refreshments will be served.

Meet at the pavilion at the top of the park. No registration is required. There are no restrooms available at the park.

For more information and rain date rescheduling, call (617) 472-0799 or (617) 877-5975.

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## Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN  
GRADUATE GEMOLOGIST



### SPORTY DIAMONDS

In the 1980s, Chris Evert brought sparkle to the world of tennis when every powerful stroke she took was made even more dazzling by the diamond bracelet adorning her wrist. And once the craze for the tennis bracelet took off, it has basically been "love" ever since. Currently, the diamond tennis bracelet is in the middle of a strong comeback. Celebrities are seen sporting them along with matching necklaces. They make any pair of jeans look glamorous, and every little black dress needs one. However, modern tennis bracelets have a new look. Instead of the classic straight-line look, jewelers are varying the diamond sizes, adding other precious stones, and incorporating gold accents such as hearts, arrows,

and tiny keys.

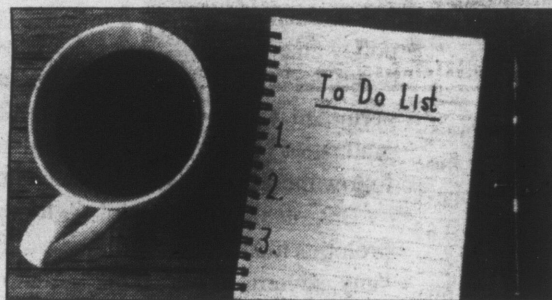
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# The Quincy Sun

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• On May 5, 1821, Napoleon Bonaparte, the French military leader who once ruled an empire that stretched across Europe, dies as a British prisoner on the remote island of Saint Helena in the southern Atlantic Ocean. His body was returned to Paris in 1840.

• On May 4, 1886, a peaceful labor protest in Haymarket Square in Chicago turns into a riot, leaving more than 100 wounded and eight police officers dead. Seven of the eight fatalities and the most of injuries were caused by shots fired by fellow officers.

• On May 2, 1933, the modern legend of Scotland's Loch Ness Monster is born when a newspaper reports a couple's sighting of "an enormous animal rolling and plunging on the surface" of the lake. The "monster" became a media phenomenon, and a circus offered a huge reward for the beast's capture.

• On April 30, 1945, holed up in a bunker under his headquarters in Berlin, Adolf Hitler commits suicide by swallowing a cyanide capsule and shooting himself in the head. Soon after, Germany unconditionally surrendered, ending Hitler's dreams of a "1,000-year" Reich.

• On May 3, 1951, the Senate Armed Services and Foreign Relations committees begin hearings into the dismissal of Gen. Douglas MacArthur by President Harry Truman. The American public liked MacArthur's tough stance on communism, and he returned home to a hero's welcome.

• On April 29, 1968, the musical "Hair" premieres on Broadway. The show featured a much-talked-about scene in which the cast appeared nude on the dimly lit stage. "Hair" quickly became not just a smash hit, but a cultural phenomenon.

On May 1, 1991, Oakland Athletics outfielder Rickey Henderson steals his 939th base to break Lou Brock's career record. Henderson would steal a 1,406 bases in his major league career, almost 500 more than the next closest player.

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## Student Loans Topic

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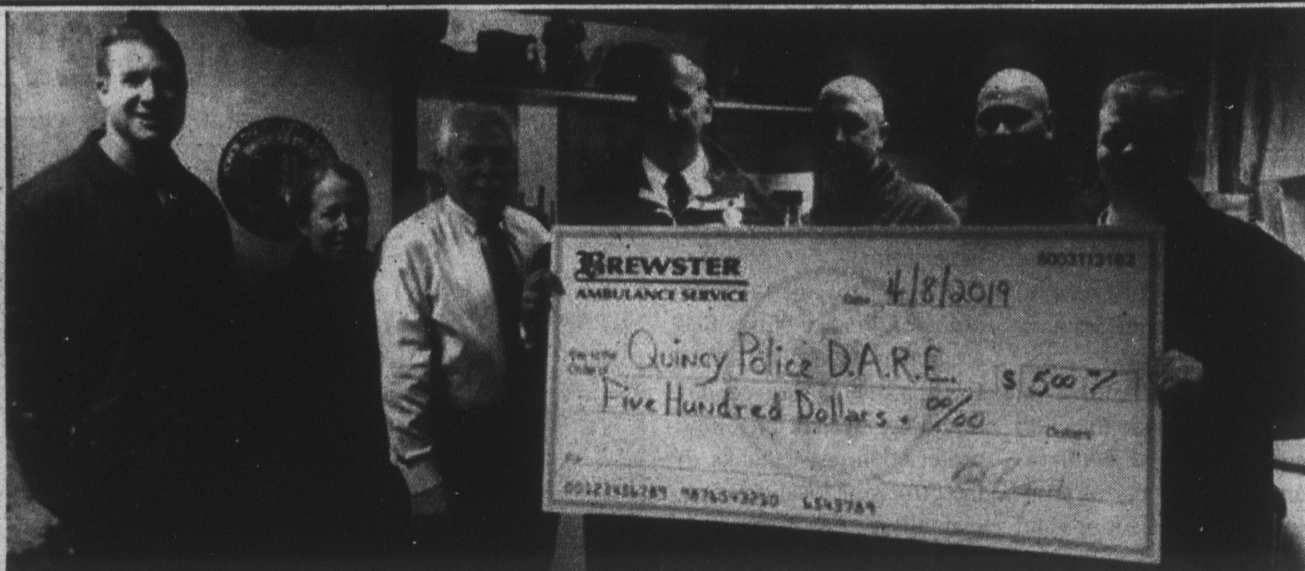
Thursday inside the council chambers at City Hall, 1305 Hancock St. An outside expert will provide information on student loans at that time.

City Council President Brad Croall introduced a resolution calling for the forum on student loans earlier this month. Croall noted student loan debt in the United States totals \$1.5 trillion and that number continues to grow as more students pursue higher education.

Student loans have grown by 157 percent over the past 11 years, Croall said.

"Obviously it is an issue that affects many individuals throughout the country," he stated.

The council's education committee held a similar meeting last April as part of financial literacy month. That meeting included a presentation on Social Security benefits by a financial advisor and an overview of tax abatements and other programs the city assessors offer residents.



QUINCY POLICE thank George Brewster, Jr. and Mark Brewster of Brewster Ambulance Service for donating \$500 to the department's D.A.R.E. (Drug Abuse Resistance Education) program. From left: Officer Don Sautter, Officer Mellanie Reeves, Chief Paul Keenan, Chris DiBona, Mark Gassiraro, Scott Volz and George Brewster, Jr. Photo Courtesy Quincy Police Dept.

## Restrictions Eyed On Graduation Cap Decorations

Cont'd From Page 1

that have drug, obscene or violent connotations. The full school committee will vote on the proposal at its May 1 meeting.

According to Bregoli, committee member Anthony Andronico proposed amending the graduation exercise policy to include the restrictions in order to have a uniform look for graduating seniors and maintain a level of dignity for the commencement ceremony "without placing a burden on the principals to review several hundred graduation caps." The subcommittee unanimously approved the policy amendment.

Students will still be permitted to decorate their graduation caps, but must follow the guidelines.

Bregoli said the new rule prohibits mortar boards with "any advertisement, abbreviations, initials, patches, pictures, slogans, symbols,

or words that refer to drugs or controlled substances, tobacco, alcohol, weapons, or be of a sexual nature."

"Graduation caps may not denote an affiliation with gangs or advocate drug use, violence, illegal activity, or disruptive behavior which is detrimental to the safety and welfare of other students," he said. "Graduation caps may not be obscene, profane, vulgar, lewd, or threaten the safety and welfare of any person."

Only the top, flat area of the cap is allowed to be decorated and cannot be 3D images or creations. Nothing can hang from the sides of the mortar board except the school issued tassels.

The high school principals will have discretion on the matter to determine conformance.

"Failure to follow these rules will result in the removal of the improperly decorated cap, at which

point, the student will be given a replacement cap," said Bregoli.

Also, the proposal prohibits any decorations on the graduation gowns except those provided by the school department. The exception is a student entering the military who may wear an insignia denoting a particular branch of the service.

According to the meeting minutes, Bregoli questioned Deputy School Supt. Kevin Mulvey if there were any legal issues relative to restricting messages and images on the graduation caps. Mulvey said the policy is "within the scope of school committee authority."

Quincy School Supt. Dr. Richard DeCristofaro said communicating with parents, guardians, and students will be the key to successfully enforcing the restrictions.

The minutes noted that Quincy High School prin-

cipal Lawrence Taglieri voiced confidence "that by giving the students and parents the parameters, (the policy) will be respected and not be an issue."

In another matter, DeCristofaro informed the committee that the district's High School Curriculum and Program Director Dr. Elizabeth Hallett will be leaving to become superintendent of the Nantucket school system. She was one of four finalists for the position.

She has served the Quincy school department for 16 years, first overseeing Quincy High School's English Language Learner program.

DeCristofaro credited Hallett with being "instrumental in the growth of our programs."

Hallett will serve as Nantucket's assistant superintendent for a year before taking on the superintendent position.

## 'Astral Weeks: Secret History Of 1968' April 25

As part of Quincy Historical Society's History of Pop-Culture Series, acclaimed rock journalist, musician, and author Ryan H. Walsh will visit the Adams Academy on Thursday, April 25th at 7 p.m., and talk about his book "Astral Weeks: A Secret History of 1968."

The book, which has won critical praise from numerous critics, examines how singer Van Morrison's

brief relocation to Cambridge, Massachusetts in 1968 influenced Morrison's creation of his iconic rock album "Astral Weeks."

Walsh discusses the historical importance of the Newport Folk Festivals, the Velvet Underground's frequent Boston appearances, the rise of WBCN, and James Brown's Boston Garden concert following the assassination of Martin Luther King, Jr. He

also explores Boston and Cambridge counter-cultural luminaries, including the Lyman Family cult (the publishers of the scandalous alternative periodical "Avatar"), LSD proselytizer Timothy Leary, the producer of "What's Happening Mr. Silver" and the Boston Strangler, all of whom may have had an influence on Morrison.

"Astral Weeks" has served as an inspiration for generations of listeners,

including Bruce Springsteen and Martin Scorsese. Though its origins have been shrouded in legend, Walsh's book unearths the album's fascinating backstory as well as some of the secrets of the time and place that birthed it: Boston 1968.

The evening will include a presentation by and a Q&A session with the author, after which he will be available to sign copies of the book.

This event is open to all and free to attend.

## Fore River Shipyard Workers Diagnosed With Cancer Secure Cash Benefits From Multiple Private Trusts

Shipyard workers employed before 1981 diagnosed with various cancers are entitled to special benefits.

Lung cancer, esophageal cancer, laryngeal cancer, pharyngeal cancer, stomach cancer, colon cancer, rectal cancer, and mesothelioma are frequently caused by asbestos exposure. Asbestos-laced products were used for decades at Fore River Shipyard. Neither employ-

ees nor management were aware of the asbestos risk.

Asbestos is a mineral that in its natural state is harmless. It becomes harmful when it is pulled apart or ground up into flexible fibers. Then, when inhaled or swallowed, microscopic asbestos fibers may be permanently affixed to body tissue. Over many years, these fibers may cause genetic changes that can lead to cancer. According to the

National Cancer Institute, "It can take from 10 to 40 years or more for asbestos-related cancers to appear."

To compensate cancer victims and the families of deceased cancer victims, Federal Bankruptcy Courts have required asbestos manufacturers to set aside hundreds of millions of dollars in private trusts. Through these trusts, cancer victims can receive money damages by the filing of timely, de-

tailed, and accurate claims.

Norris Injury Lawyers has announced a specific initiative to assist Fore River Shipyard employees in recovering money set aside for them in these asbestos trusts. Cancer victims or the families of deceased victims who worked at the shipyard before 1981 may call 800-478-9578 for a free evaluation of their claim.

Additional information is available at [getnorris.com/ash](http://getnorris.com/ash).

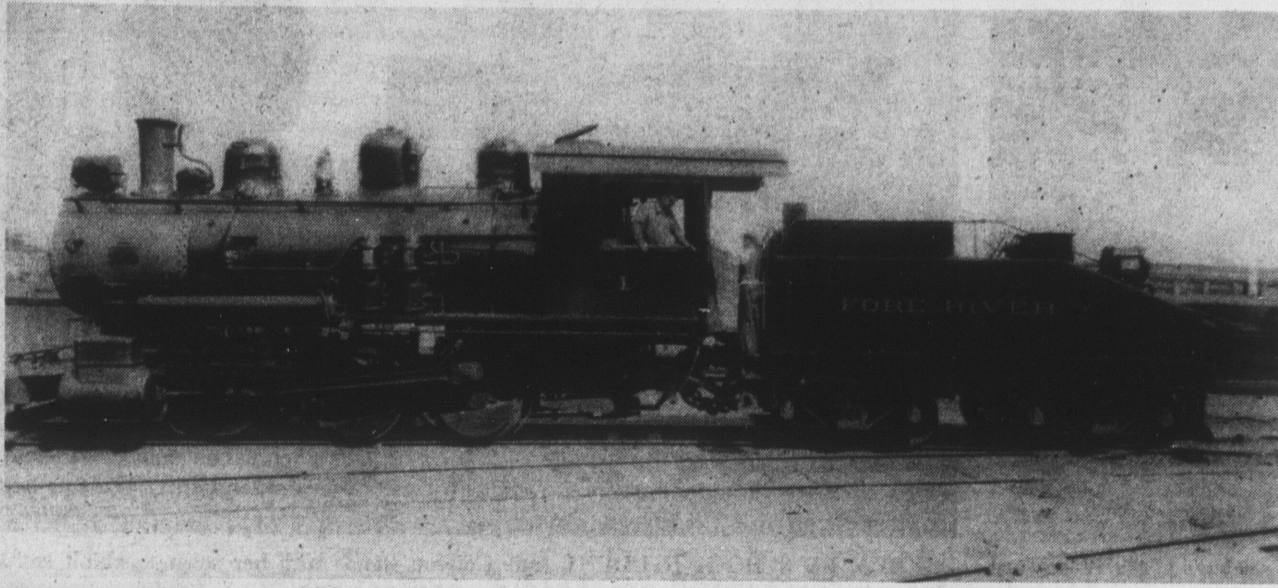
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## Scenes From Yesterday



THIS IS A 1920 real photo postcard showing the Fore River Railroad's new ALCO 0-6-0 steam powered switching engine. It was built at the American Locomotive Company plant in Schenectady, N.Y. The founder of the Fore River Shipyard, Thomas Watson, had built the shipyard's railroad in 1903 to carry shipbuilding materials from the Old Colony Railroad's Greenbush Line in Braintree to the Fore River waterfront at Hayward's Creek. It was a private railroad until Bethlehem Steel bought the yard in 1919 and separately incorpo-

rated the railroad and its right-of-way as a short haul common carrier. During World War II, the railroad's steam locomotives transported almost a million tons of shipbuilding materials to build U.S. Navy ships. After the war, diesels replaced the steam locomotives. Long before Watson opened his shipyard an earlier railroad ran along here. It had been built in the 1850s to carry granite from the nearby Wendall Quarry to Hayward's Creek.

*From the Postcard Collection of Tom Galvin*

## READERS FORUM

### Suggests Avalon Beach Be Designated For Clean Up

**Editor's note:** A copy of the following letter was submitted to The Quincy Sun for publication.

Dear Councillors:

I viewed the Monday Council meeting, March 18th, regarding Mayor Koch addressing the Council on EPA's citation on a segment of Quincy beach exceeding the pollutant levels. It was gracious of the Mayor Koch to address the issue head on.

It was also good to hear Councillor Palmucci raising concern that we are once again in litigation with the Feds, rather than continue dialogue. I believe the Feds are not a political organiza-

tion, their job is to protect the environment and particularly our threaten water ways, and marine life.

I was hoping, however, the councillors would have asked more questions. For example, who monitors the marinas so that the boaters utilize the free pump out service to prevent any discharging into the harbor.

Boaters are known to be the best stewards of our waterways. One of these stewards is Frank Hogan of Quincy. He has for the first time initiated the focus on our bay. Cleaner Greener Quincy Bay, under the heading "Troubled Waters."

Hogan and his colleagues' aim is to start eliminating plastics from our immediate waterways and harbors.

As avid Avalon Beach users, we pick up bags and bottles of water, and wine bottles from that beach each week during the season to prevent them to entering the water. It is a small dose of prevention to start with.

However, the grounds around the Avalon Beach area are covered with cigarette filters which eventually end up in the bay.

We would like to suggest that the no smoking in and along our beaches could be posted stating the City's

ordinance.

Now, as the Clean Greener Quincy Day is scheduled for Saturday, May 4th, perhaps the area could be designated as one of the sites for clean up efforts. The folks who use to clean the area are now elderly.

I hope the younger people will now "step up to the plate" and join the hundreds of concern citizen of Quincy who help out each year clean up this beautiful city of Quincy.

Joyce King  
Leslie Waibel  
Anneli Johnson  
Avalon Beach  
Clean up crew

### Manet Health Center Offers Safe Syringe Program

In response to the Readers Forum letter from Felicia Bassett in last week's edition, "Says City Should Implement Safe Syringe Program," I would like to thank Ms. Bassett and wholeheartedly agree that a safe syringe program benefits the community as a whole. In fact, Manet Community Health Center recently launched such a program in Quincy and Braintree with funding from the Bureau of Infectious Disease and Laboratory Sciences, Department of Public Health and the full support of the Mayor's office and the city's substance use coordinator Laura Martin.

The Manet Syringe Services Program is part of the health center's Prevention and Screening Program, which provides confidential testing and treatment for a host of infectious diseases, as well as Narcan training and distribution for anyone in the community who



READY TO HIT the road - Manet Prevention Team members, Kim Kroeger, Manager of Prevention & Recovery Services, prevention specialists Tom Quinn, Catherine Weerts, Charles Boateng, and Jaimie Sprague, and intern Sarah Fleiman, show off their new syringe services street outreach van.

needs it. The Manet Prevention Team uses street outreach to engage IV drug users and others at risk for overdose or infection, offering clean syringes and other tools and information to help them stay safe. In addition, the Prevention Team does extensive outreach and education at local sober and recovery homes, detox and drug treatment facilities and with pre-release inmates at the Norfolk County prison. They work closely with police departments in Quincy,

Hull, Braintree and Milton to visit homes of those who have overdosed to offer information, resources and support.

These services are also offered onsite at each of Manet's five practice locations in Quincy, Hull and Taunton and are designed to promote the health and safety of those most at risk by connecting them to care. Manet's primary care model integrates behavioral health and substance use treatment into a patient's overall

health care, along with the usual preventive and wellness programs and services. For 40 years, Manet has been committed to delivering high-quality, accessible care to all and we remain steadfast in our promise to deliver the services most needed in the communities we exist to serve.

For more information about our Syringe Services, call 617-483-5799.

Manet Community  
Health Center

## Quincy's Yesterdays

This Week  
1984  
35 Years Ago

### City Looking Into Punch Card Voting

The future of voting in Quincy may be by punch card if City Clerk John M. Gillis has his way.

The punch card voting machines that were being demonstrated, said Gillis, could cost the city as little as \$75,000 or as much as \$150,000 and trim as much as six hours off the time needed to count ballots.

"It is about time," said Gillis, who was up until 4 a.m. with the presidential primary election last March 13. "After 27 years I'd like to see some improvements in voting procedures."

Brian Crawley, vice-president of Electronic Voting Machines, Inc. of Newton, said the voting unit of the machine costs \$150 each, and the unit with a stand and light cost \$300 each.

Gillis said that he would make a pitch for them at the next city council meeting.

#### WILLARD SCHOOL SOLD FOR \$916,500

The city closed a deal for the sale of the old Willard School in West Quincy to Furnace Brook Associates for \$916,500 for conversion into an office building. Conversion is expected to be completed in the fall of 1984.

Furnace Brook Associates is made up of Dickinson Development and Grossman and Company, both of Braintree. The old school will be converted into between 40,000 and 45,000 square feet of rental office space.

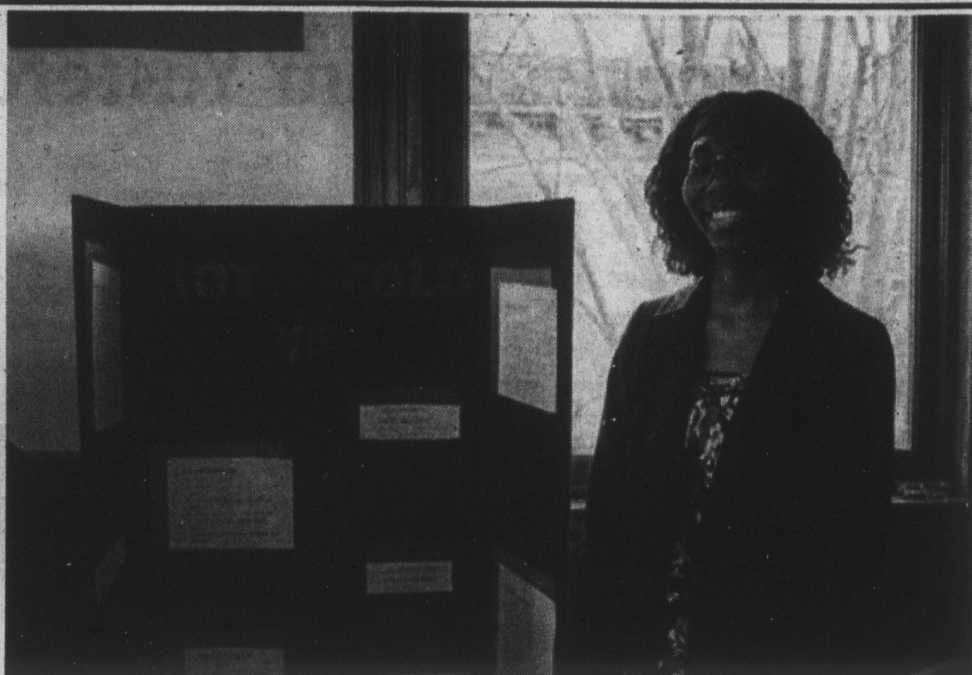
#### QUINCY-ISMS

The Third Rail Restaurant at the Quincy Center MBTA station announced the opening of a New Dairy Bar, featuring a full line of regular and soft serve ice cream... The Quincy Emblem Club was planning for the installation of **Maxine Ames** as president for 1984-1985. The installation will be held April 21 at the Myles Standish School, the new home of the Quincy Lodge of Elks... Former Quincy mayor, council president, state senator and state representative **Thomas S. Burgin** celebrated his 82nd birthday. Burgin served as mayor under both the Plan A and Plan E city charters... **Carmen D'Olympio**, long time Quincy labor leader, was elected chairman of the Quincy Housing Board. **Rosemary Wahlberg** was elected vice-chairwoman... **Eric Swider**, president of the New England Council, Inc., was the guest speaker at the April meeting of the South Shore Chapter of Professional Secretaries, International, held at the Sheraton Tara Hotel in Braintree. Swider was the former executive director of the South Shore Chamber of Commerce... **Dr. Stephen W. Nease**, president of Eastern Nazarene College, announced the college would celebrate Community Week-April 23-29th. Dr. Nease thanked Quincy for being home to ENC for the past 65 years... School Committee member **Christopher Kennedy** was appointed by the Massachusetts Association of School Committees (MASC) to serve as a member of the Energy Conservation Committee... **Mary Pratt**, who in her playing days was one of the outstanding all-around female athletes in the country, became coach of the North Quincy High girls' softball team. Miss Pratt took over from **Lou Ioanilli**... The Quincy Track Club announced registrations for boys and girls ages 6 to 18 would be held on April 14 and 21 at the Atlantic Neighborhood Center... **Police Lt. Frank Mullen** finished his sixth Boston Marathon in 3 hours and 24 minutes... **Shirley MacLaine** and **Debra Winger** were appearing in "Terms of Endearment" at the Wollaston Theatre... **Alfredo's Restaurant**, 75 Franklin St., South Quincy, was advertising full course Easter Dinners with "Free Champagne"... More than 50 Quincy youngsters had their ceramics creations on display in the window of The Quincy Sun, 1372 Hancock St., Quincy Center. The items were made by participants age eight through middle school... **City Councillors Richard Koch** and **Stephen McGrath** were guests on the weekly public affairs program, Cable Talk. The program on Quincy Community Television Channel 3 is produced by **Bob Gohl** and hosted by **John Noonan**... The Koch Club Women's Bowling League A Team defeated the Rag Dolls of Quincy, 1530 to 1514, to win the fifth annual South Shore Women's Candlepin Bowling Tourney... **Beauty Gardens**, 1436 Hancock St., was advertising "Soft Body Perms" for \$25, regular price \$50.





NIA TWITTY (left) and Arianna LaColla (right) were among the students at the Woodward School who recently participated in the school's annual Science Fair.



WOODWARD SCHOOL STUDENT Jade Coiscou stands with her science exhibit entitled "Hot vs Cold."

## Woodward School Hosts Annual Science Fair

The Woodward School recently held its annual Science Fair.

Students in grades 6-10 participated, following the scientific method to design and conduct experiments on a variety of topics from the earth, life and physical sciences, as well as biology

and chemistry.

Students spent several months doing research on their topics, developing questions and hypotheses, conducting experiments, analyzing data and developing conclusions. They presented their projects to six judges and were scored ac-

cording to originality, scientific accuracy, and presentation. While all the students worked hard and presented wonderful projects, the following students were prize-winners, recognized for the excellence of their projects and presentations:

**Middle School Grand Prize:** Guinevere Bates, "The Dairy Godmother", Grade 8  
**Upper School Grand Prize:** Zoe Maher, "Bacteria Killing Spices", Grade 9

### Grade 6:

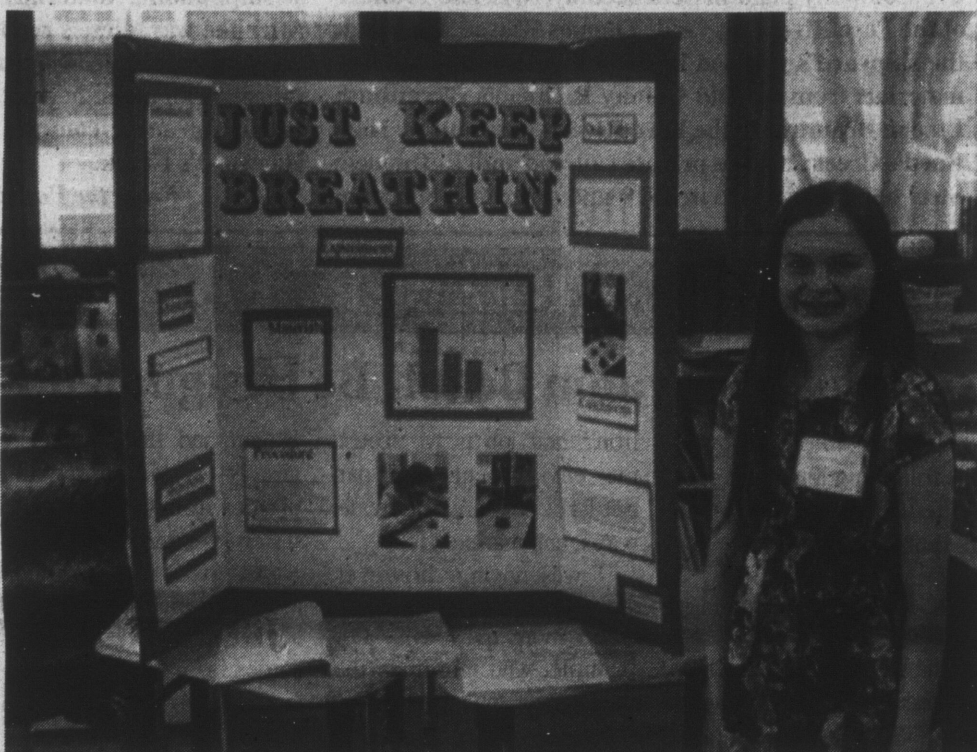
1st Place-Tie: Aydrienne Monia-Hunter, "The Greenhouse Effect"  
 Hannah Turner, "A Mouthful of Minerals"

### Grade 7:

1st Place: Abigail Williams, "Egg Shell vs. Soda Smackdown!"  
 2nd Place: Taryn McGuire, "Just Keep Breathing"  
 3rd Place: Samantha Keady, "Terribly Tasteless"

### Grade 8:

1st Place tie: Jacquelyn Andrade, "What an 'Iron'ic Breakfast"  
 Esi Eshun, "Rusting Out"



SEVENTH GRADER Taryn McGuire received second place at the Woodward School Science Fair for her project, "Just Keep Breathing".

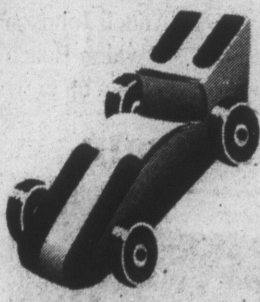
### Grade 9:

1st Place: Olivia Morton, "Most Effective De-chlorinator"  
 2nd Place: Marina Ferreira, "Disinfectants Against Bacteria"  
 3rd Place: Maya Al-Mesafir, "Blood Pressure and Heat"  
 Hon. Mention: Nytah Bugg, "Color Changing Milk"

### Grade 10:

1st Place: Angela Ruan, "Cabbage Juice Experiment"  
 2nd Place: Megan Burns, "The Glow of Luminol"  
 3rd Place: Emma Caulfield, "Borax Crystals"  
 Hon. Mention: Yuka Shimizu, "Effect of Temperature on Different Colors"

Friends of Troop 6 Invite You to the ...

2019 **ADULT**   
**PINEWOOD DERBY**

**When:** Saturday, April 27th, 7-11 PM  
**Where:** Houghs Neck Congregational Church

**What:** 50+ Cars Race in the Pinewood Derby for Cash Prizes!  
 Finger Food, Cash Bar, Raffles and Music

**Tickets:** \$20 - for food, music, and fun  
 \$5 - to enter the race  
 \$5 - for a new car kit

All proceeds to benefit the Friends of Troop 6 to help the Troop with camperships, special trips, and equipment needs.  
 Tickets and Cars available any Monday night at the Hough's Neck Congregational Church from 7-9PM

Questions? Contact Rob at 617-479-7412!

Quincy Access Television  
 88 Washington Street  
 Quincy, MA 02169

Find us on Facebook

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 617-376-1440  
 617-376-1441

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### Public Access Channel 8

Thursday, April 18  
 6:00pm: Bethany Congregational Church  
 7:00pm: AM Quincy: Councilor William Harris

Friday, April 19  
 11:30am: LIVE: Currently in Quincy  
 2:00pm: AM Quincy: PorchFest Quincy

Saturday, April 20  
 12:00pm: AM Quincy: Councilor William Harris  
 12:30pm: CIQ Interview: Woodward School

Sunday, April 21  
 10:00am: Bethany Congregational Church  
 11:30am: Good News

Monday, April 22  
 11:30am: LIVE: Currently in Quincy  
 7:00pm: Eye on Quincy (replay)

Tuesday, April 23  
 6:00am: LIVE: AM Quincy w/Joe Catalano  
 7:30pm: Quincy in Focus

Wednesday, April 24  
 6:00pm: Good News

### Government Access Channel 9

Thursday, April 18  
 6:00pm: Update DPW: Spring Season  
 6:30pm: LIVE: City Council Education Comm.

Friday, April 19  
 12:00pm: City Council Education Comm. 4/18  
 5:30pm: Quincy in Focus  
 6:00pm: Legislative Update w/Bruce Ayers  
 6:30pm: FYE: QHD Macular Degeneration

Saturday/Sunday, April 20/21  
 12:00pm: City Council Education Comm. 4/18  
 2:00pm: Middle School Basketball Competition  
 4:00pm: Legislative Update w/Bruce Ayers  
 4:30pm: AM Quincy: Library Foundation  
 7:00pm: City Council Education Comm. 4/18

Monday, April 22  
 6:30pm: LIVE: City Council Public Hearing  
 7:30pm: LIVE City Council

Tuesday, April 23  
 12:00pm: City Council/Public Hearing 4/22  
 7:00pm: In the Spotlight: Sara Georgiant

Wednesday, April 24  
 7:00pm: City Council/Public Hearing 4/22

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

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## QCAP Annual Meeting, Awards Ceremony May 2

The Quincy Community Action Programs, Inc. (QCAP) Board of Directors will host its Annual Meeting and Awards Ceremony on Thursday, May 2 at 6 p.m. at The Tirrell Room, Quincy Lodge of Elks, 254 Quarry St., Quincy.

The annual meeting on May 2 is dedicated to Rosemary Wahlberg. Her legacy and visionary leadership, both at QCAP and in the community, will be honored.

The Board of Directors

will also recognize several community members and employees receiving awards this year. Extra Mile Award recipients will include former Board Member Geoffrey Wermuth, Esq., Quincy Housing Authority (QHA) and QHA Executive Director James Marathas, and Quincy Community Police Officers Jim Whedbee and Greg Mar. Employee Ree Delorey will be honored with QCAP's Lois Craig Memorial Employee Award. Employee Sue Keenan will

be honored for her 20 years of service.

For more information on QCAP's Annual Meeting, contact Becky Brooke at 617-657-5356 or rbroke@qcap.org.

Established in 1965, QCAP has been a leading social service provider in the Greater Quincy region dedicated to reducing poverty. QCAP serves more than 21,000 unduplicated individuals annually from more than 80 communities. Programs and services

include food and nutrition, fuel assistance and weatherization, housing, homeownership, and tenant services, affordable housing, Head Start, early education and care, child care resources and referral services (voucher subsidies), family engagement activities, adult education and workforce development, job coaching and placement, free tax preparation, and financial education, money management, and credit repair.

For more information on QCAP, visit [www.qcap.org](http://www.qcap.org).

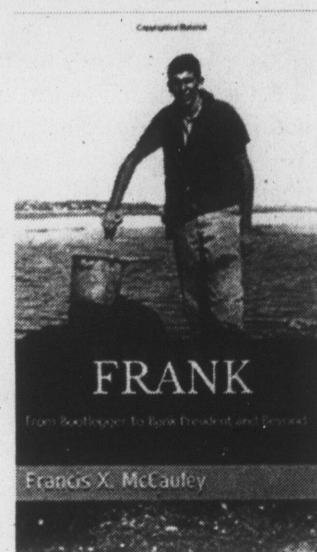
## Social

### McCauley Signing Copies Of New Book Saturday

Former Quincy Mayor Francis X. McCauley will hold a book signing for his newly published autobiography Saturday, April 20 at 10 a.m. at the Quincy Historical Society, located at 8 Adams St. in Quincy Center.

Copies of "FRANK: From Bootlegger to Bank President and Beyond" will be available for purchase at the event for \$20 (sales tax included). Those who have previously purchased a copy of the book are welcome to bring it to the event and have it signed.

In his autobiography, McCauley details his improbable rise from so-so student and aimless clam digger to bank president and mayor of Quincy. Along the way, the book offers an illuminating look at life in Quincy from



the 1920s through the early 21st century.

"FRANK: From Bootlegger to Bank President and Beyond" is available from Amazon.com at: <https://www.amazon.com/dp/1795420847>.

## BID Hospital-Milton Spring Gala May 4

Beth Israel Deaconess Hospital-Milton will hold its annual Spring Gala fundraiser on Saturday, May 4 starting at 6 p.m. at Lombardo's in Randolph.

This year's Gala theme is "Shining a Light on Outstanding Care." Funds raised will go towards supporting behavioral health programs in the hospital's Emergency Department for patients with mental health or substance misuse problems, including opioid ad-

diction.

"Mental health and addiction problems are a pressing community health issue," said Richard Fernandez, president of BID-Milton. "Funds raised at this event will allow us to support new and exciting programs in the hospital's Emergency Department that will help patients struggling with mental health or addictions problems, including opioid abuse, access treatment programs more

quickly."

Special Guest Emcee, Doug Meehan, of WVCB, will lead the festivities, which will include a silent auction, including a trip for two to Ireland's Kilkea Castle, a gourmet dinner and dancing with DJ Emelita.

"What an incredible honor to be co-chairing BID-Milton's Spring Gala along with Carol Fallon and Dr. Nina Shervin. It's a wonderful evening benefiting our community and is so much fun," said Kathy Huntington, Gala co-chair. "Get your friends together, purchase your tickets and I'll

see you on the dance floor."

A highlight of BID-Milton's Annual Gala is the awarding of the Charles C. Winchester Award, given to an individual who possess the traits of commitment, service and leadership to the community. This year's honoree is H. Esterbrook Longmaid, MD, the hospital's long-time medical director of radiology and former president of the hospital's Medical Staff.

To order gala tickets, become a sponsor or donate an auction item, visit [www.bid-milton.org/gala](http://www.bid-milton.org/gala) or call (617) 313-1311.

### Dr. Lihsih Tang Joins Dental Associates Of Quincy

Dental Associates of Quincy announces Dr. Lihsih Tang of Boston has joined their professional team.

Dr. Tang graduated with a bachelor of science in biology from California Institute of Technology. She then earned her DMD at Tufts University School of Dental Medicine and completed post-graduate residency in Advanced Education in General Dentistry with NYU Lutheran Medical Center.

Dr. Tang said she believes in building long-lasting relationships with patients, and strives to build trust through communication and care. She actively



DR. LIHSIH TANG

participates in continuing education to provide the best possible care for her patients with the latest techniques and technology.

In her free time, Dr. Tang enjoys baking, reading, and board games.

### Jillian Harrington Earns Masters

Jillian Harrington of Quincy has earned her Master of Science, Curriculum and Instruction degree from

Western Governors University (WGU) based in Salt Lake City, UT.

### QUINT'S House of Flowers

Family Owned & Operated Since 1919

761 Southern Artery QUINCY

617-773-7620

### EASTER BRUNCH BUFFET

Seatings 12:00PM & 2:00PM



The View Restaurant & Tavern  
PRESIDENTS GOLF COURSE  
357 West Squantum St., Quincy, MA 02171  
617.770.2500

CALL FOR RESERVATIONS

[www.TheViewRestaurantandTavern.com](http://www.TheViewRestaurantandTavern.com)



### Melanie Bohane Inducted Into Pi Lambda Theta

Curry College announces that Melanie Bohane of Quincy has been inducted into Pi Lambda Theta (PLT), one of the nation's

most prestigious education honor societies.

Bohane was inducted during a ceremony on the Curry College campus.

### Two Students Initiated Into Phi Kappa Phi

Two local college students were recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society.

Alison Coleman of Quincy was initiated at Westfield State University.

Rajitha Sunkara of Quincy was initiated at University of Massachusetts.

The residents are among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership.

Join us for Food, Drinks & Music!

## THOMAS CRANE MINI-GOLF CLASSIC and Wine & Beer Tasting

SATURDAY, APRIL 27 from 6-10 P.M.  
at the Thomas Crane Public Library, 40 Washington St. Quincy

INDOOR MINI-GOLF STARTS AT 7 P.M.  
EVENT IS 21+ | TICKETS: \$50



MORE INFO & TICKETS: [TCPLF.ORG](http://TCPLF.ORG)



## WHAT'S COOKING

with

### Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



## Asparagus-Mushroom Quiche

By MARIE

Today's recipe is for a delicious quiche made by my daughter Rita.

On a very cold day recently we stopped at her house on the way to an event and she had just taken this quiche out of the oven. You can imagine how delicious this tasty treat was on a cold day.

This quiche can be a great side dish or can be eaten for dinner accompanied by a salad.

### RECIPE

**Pre-heat oven to 350 degrees; lightly grease a pie plate.**

**3 eggs, beaten**  
**1/4 cup cheddar cheese or any favorite**  
**1 pint of half and half**  
**1 cup of cut asparagus**  
**1 cup of sliced mushrooms**  
**2 tablespoons of olive oil**  
**Salt and pepper to taste**  
**9 inch ready-made pie crust (you can make your own if you like)**

In the hot oil sauté the mushrooms (if you don't sauté the mushrooms they contain too much water and can spoil the consistency of the quiche). Set aside.

Cut the stems off the asparagus and steam until tender. Set aside.

Mix the eggs and half and half together. Bake the crust in a pre-heated 350 degree oven. If you don't pre-bake the pie crust it will not stay crisp.

When the pie crust is cooled sprinkle the cheese on the bottom of the crust.

Layer the asparagus side by side over the cheese, and then do the same thing with the mushrooms. Then pour the beaten eggs and half and half mixture over the top of all of it.

Bake for 45 minutes to 60 minutes in a 350 degree oven. Wait 10 minutes to cut.

This dish makes a great snack too, the next day I heated up a piece in the microwave for 40 seconds and it was just as delicious as the night before.

P. S. This quiche can be made crustless, too. Just lay the vegetables in the greased pie plate and follow the directions above.

## Walnut Spread

By SUSIE

So, before you read the recipe, here is some information regarding walnuts that you might not know.

Walnuts help reduce "belly fat", help decrease LDL cholesterol (and increase the good kind) increase heart healthy omega 3's in red blood cells, help to reduce inflammation, in human subjects have showed to reduce the risk of pancreatic cancer, and in rat and mice studies, have been shown to reduce the risk of breast cancer, may help with bone loss and improve overall bone health, and contain high amounts of important minerals (like magnesium) which is found to be lacking significantly in our diets in general.

This is a terrific spread and takes only a few minutes. Great for a summer party or a

quick and easy appetizer.

### WALNUT SPREAD

**1 can garbanzo beans**  
**1 cup chopped walnuts**  
**1 cup basil leaves**  
**1/4 cup extra virgin olive oil**  
**2 Tblsp. lemon juice**  
**sea salt and pepper**  
**1 small clove garlic, minced (or garlic powder, just 1/4 tsp or so)**

Drain beans and reserve liquid. In food processor, combine 1/4 cup reserved liquid with all other ingredients. Cover and process.

You may need to add more liquid as you go along to make it nice and smooth) Serve with raw vegetables, crackers, or spread on your next healthy sandwich or whatever you enjoy.

## Crush Pizza Opening In Quincy Center

Crush Pizza, specializing in made-to-order wood-fired pizzas, will open its second location at Presidents Place, 1250 Hancock St., in Quincy Center later this month.

"Quincy Center is crushing it right now with tons of development and great creative energy," said Crush Pizza founder and owner Tony Naser. "We're excited to bring our freshly made wood-fired pizzas to this great neighborhood, right off the Red Line and the commuter rail, and to be a part of the city's delicious food scene."

Crush, which has a location on State Street in Downtown Boston, offers creative chef-inspired pizzas featuring fresh local ingredients, carefully aged proprietary dough, house-made sausage, mozzarella shredded each day, and a signature sauce of hand-crushed San Marzano tomatoes - the "crush" in Crush Pizza.

Crush's thin-crust Neapolitan-style pizzas are cooked in just 60 to 90 seconds in a 900-degree wood oven - the wood adding another level of rustic, hand-made flavor and aroma to the modern pies.

Naser, a New Hampshire restaurateur, studied at the Cambridge School of Culinary Arts and created the Crush Pizza concept after a global tour of the great pizza makers in Italy as well as in American pizza hotspots, such as Providence, New Haven and New York City.

His pizza techniques and theories were directly inspired by internationally recognized Neapolitan pizza master Roberto Caporuscio.

"I took the wood-fired techniques of the Neapolitan style of pizza and made them my own," said Naser. "Crush Pizza is not traditional Neapolitan pizza, but a style directly influenced by their legendary pizza cul-

ture plus our own modern global influences."

The centerpiece of the Crush concept is the ability for guests to build their own 11-inch personal pizzas, choosing from a variety of sauces, cheeses, veggies, proteins and specialty toppings. The pie is placed in the custom-built wood oven and ready in 90 seconds or less.

The Crush menu also includes popular menu options such as the Italian-inspired salsiccia pizza (crushed tomatoes, house sausage, mozzarella, onion, basil) or the festive Tex-Mex-style bourbon barbecue chicken pizza (house barbecue sauce, red onions, grilled chicken, mozzarella, scallions, tortilla strips, cilantro).

Crush also offers salads, appetizers such as meatballs with marinara and focaccia or fire-grilled Italian-style wings marinated in limoncello, garlic and rosemary.



**QUINCY PEEPS** - Quincy residents Megan Lyons, Prena Pepdjonvic and Abby Lyons recently met the Dunkin's Cuppy and PEEPS Chick at the Dunkin' Donuts located at 543 Southern Artery in Quincy. Dunkin's custom-sculpted coffee car and the PEEPSMOBILE recently wrapped up a road trip that began in Bethlehem, PA and finished in Quincy.

Photo Courtesy Kelly Katapodis

## Downtown Restaurant Expanding Roof Deck

Leo Keka, the owner of Alba Prime Steak + Seafood (1486 Hancock St.) and its next-door sister eatery Zef Cicchetti & Raw Bar (1472 Hancock St.), announces his seasonal roof deck is undergoing an expansion.

The new Alba Prime Roof Deck will include: 5,000 square feet of space covering the footprints of both Alba and Zef; herb and produce garden; apple and pear trees; entertainment; sushi bar offering super-fresh maki rolls, nigiri and sashimi; additional roof-deck only menu items, including salads, smaller summertime prime beef options and fresh-caught local seafood; and Equinox louvered roof that will open and shut depending upon weather, allowing for al fresco drinking and dining even amid summertime rains.

The construction will be completed and the roof deck open for business by late May, said Keka. Guests will ascend to the roof deck through the main Alba entrance at 1486 Hancock St. The existing roof deck restaurant is just 1,200 square feet.

"We're excited to see that this entire neighborhood is in the midst of a construction boom that in-

cludes a long list of exciting new dining options," said Keka. "Amid this development we want to make sure that Alba remains one of the region's premier locations for prime beef, fresh seafood, world-class wine, private events and good-time outdoor drinking, dining and celebrating."

Alba opened in 2001 and the restaurant moved to its current location in 2007, across the street from the original, opening its roof deck the same year. The spacious restaurant also boasts a recently remodeled main dining room, large festive lounge featuring gorgeous rainforest brown marble bar, private "Madison Room" function space upstairs, private wine cellar dining room downstairs, and a glass-walled wine locker in the lounge housing many of the world's best bottles of vino.

Alba's wine selection includes global classics such as Masseto 2015, a rare 100-point super Tuscan which sells at Alba for just \$900 per bottle; Sassicaia 2015, which Wine Spectator named its No. 1 wine of 2018; and Hundred Acre Ark Vineyard, "a perfect wine," according to Robert Parker's Wine Advocate.

Keka himself boasts a personal tale as dramatic as the restaurant's story. A refugee from communist Albania, he arrived in Boston in 1990 broke and unable to speak English. He landed a job washing dishes at legendary Boston dining landmark Anthony's Pier 4 courtesy of fellow Albanian immigrant Anthony Athanas. The celebrated restaurateur purchased a pair of shoes for Keka that he could wear to work.

Keka repaid the kindness by quickly earning a job as server and displaying a natural knack for hospitality. He rose up into management positions at Legal Sea Foods and Grill 23 & Bar, before opening Alba in Quincy Center just a decade after arriving in the United States without a penny to his name.

"I love this country, I love this city, I love this industry and I love making guests happy," said Keka. "The new roof deck is another opportunity to provide diners and party goers from near and far a world-class experience, in this case outdoors in the New England sun, amid one of Greater Boston's most rapidly developing neighborhoods."

## Adams Montessori School

### 50th Anniversary Celebration May 3

Adams Montessori School, a preschool through grade 6 Montessori school located in Quincy, celebrates its 50-year anniversary this spring with a 'Cheers to 50 Years' gala on May 3rd.

The celebration, the biggest fundraising night of the year for the school, will take place at the Boston Marriott Quincy and is open to current and former school parents, staff and the wider school community.

Tickets are currently on sale online. All tickets in-

clude cocktail hour, a seated dinner, a chance to participate in the silent and live auctions, games, dancing and more. Onsite childcare will be offered, with advance registration, for \$25 per child.

Sponsorships are available for businesses and individuals interested in showing support in a larger way. Sponsorship opportunities range from \$150 to \$2,500 tax-deductible donations. Current supporters

include: Hughes & Co. PC, East Boston Savings Bank, System 4 Facilities Services Management, Driscoll Insurance & Bonds, Keohane Funeral Home, MSA Financial, The Nelson Family, 3 Phase Elevator Corporation, Bruno Debas and Quincy Firefighters Association Local 792.

For more information about the event or to purchase tickets or a sponsorship, visit <http://bit.ly/adams gala>.

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# Catching Up On Sleep On The Weekends Is A Myth!

*A Message From Ruth Jones, City Of Quincy Health Commissioner*

By **RUTH JONES**  
MSPH, BSN, RN,  
BC, CP-FS

Sleep problems have long been acknowledged as a symptom of psychiatric and neurological disorders, including depression and Alzheimer's. However, more and more, researchers are examining the connection between disrupted sleep and illnesses. Scientists who initially were interested in cognitive functions such as memory or brain development are finding themselves concentrating on sleep because it is such an essential element. In 1942, a Gallup poll established that adults slept an average of 7.9 hours per night. In 2013, the average adult had trimmed more than an hour off that number. In 2016, the Centers for Disease Control and Preven-

tion reported that about one third of adults fail to get the recommended seven hours.

Insomnia is both a risk factor for depression and a disorder of people with depression. Data shows that adults over 50 with an abundance of symptoms of insomnia were more likely to fall than those without. Studies have also linked pain to poor sleep, showing that older people with sleep problems are more likely to acquire pain, and vice versa.

The bad news is that research suggests if you are sleep deprived during the week, you can't just catch up on sleep on the weekends. The negative health effects of skimping on sleep during the week can't be reversed by lengthy weekend sleep sessions, according to a new study.

Researchers have long been aware that routine sleep deprivation can cause weight gain and increase other health risks, including diabetes. But for those who compel themselves to get out of bed blurry-eyed every weekday after too few hours of sleep, there has been this anticipation that turning off the alarm on Saturday and Sunday will repay the weekly sleep debt and reverse any ill effects. The research, published in *Current Biology*, reveals this is not so. In spite of complete freedom to sleep in and nap during a weekend recovery period, participants in a sleep laboratory who were restrained to five hours of sleep on weekdays gained nearly three pounds over two weeks and underwent metabolic disruptions

that increased their risk for diabetes over the long term. While weekend recovery sleep had some benefits after a single week of insufficient sleep, those gains were obliterated when people jumped right back into their same sleep-deprived schedule the following Monday.

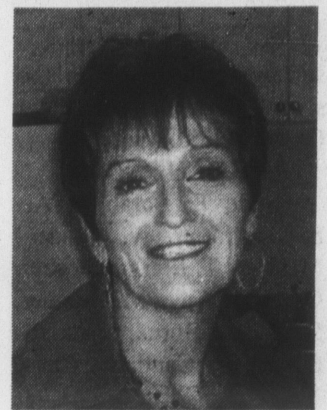
The director of the sleep and chronobiology laboratory at the University of Colorado at Boulder, who oversaw the research, revealed that if there are benefits of catch-up sleep, they are very short-lived and disappear when you go back to your normal routine, while the subsequent health effects are long-term.

Scientists equate sleep issues to how smoking was in the past, when people would smoke and wouldn't see an instantaneous effect on their health, however now we realize that smoking is not a healthy lifestyle choice.

Researchers agree that the study reinforces that people need to stop thinking of sleep as a balance sheet. When people are skipping sleep on weekdays with

the idea they can make up for it on the weekend, it is similar to eating nothing but cheeseburgers and french fries, Monday through Friday, but consuming only salad on the weekends and calling it a healthy diet.

This study suggests people should prioritize sleep, cutting out the optional culprits that rob us of sleep such as watching television shows or spending time on electronic devices. Even when people don't have an option about losing sleep due to issues such as childcare responsibilities or job schedules, they should contemplate prioritizing sleep in the same way they would a healthy diet or exercise. The researchers also found an interesting gender difference, in which women got less recovery sleep on the weekends, and also were able to control their eating behavior better than men on the weekends, however they experienced the same metabolic dysfunction, when measured by impairments in how their body responded to blood sugar.



**RUTH JONES**

It is worth noting also that study participants were incredibly healthy people, with no medical problems, no psychiatric disorders, no drug use, no medications, no sleep problems, so when they were put on these types of schedules, they would have the best possible outcomes, as well as having the lowest risk of any adverse health outcome.

As for understanding the long-term effects of short weekday sleep and long weekend sessions, it will be imperative to broaden the research beyond the artificial conditions and short time frame of this laboratory-based experiment.

*Ruth Jones is the health commissioner for the City of Quincy.*

POLITICAL ADVERTISEMENT

**The Committee to Re-Elect Councilor-At-Large**

**Noel DiBona**

**Cordially invites you to the**

**Kick-Off Reception**

**Wednesday, April 24th**

**5:00-8:00 pm**

**Alba Restaurant**

**1486 Hancock St. Quincy**



Noel T. DiBona  
Councilor-at-Large

**Food Buffett**

**Suggested Donation**

**\$25 \* \$50 \* \$100**

**Free parking at the Court House & Ross Lot**

*Paid for by the Committee to Elect Noel DiBona*



**BETH ISRAEL DEACONESS Hospital-Milton** general surgeons (from left to right) Souheil Adra, MD; Morgan Bresnick, MD; and Rahul Gupta, MD, will present a free community education program on April 30th at the hospital's Nangeroni Education Center.

*Photo Courtesy Beth Israel Deaconess Hospital-Milton*

## BID Hospital-Milton Offers Free Community Education Program On Hernias

Beth Israel Deaconess Hospital-Milton (BID-Milton) will kick off its spring community education lecture series with "Hampered by a Hernia?" on Tuesday, April 30 at 6:30 p.m. in the Nangeroni Education Center at the hospital.

BID-Milton general surgeons Rahul Gupta, MD; Souheil Adra, MD; and Morgan Bresnick, MD, will discuss the different types of hernias, their causes and minimally invasive treatment options, including robotic surgery.

About five million people

in the United States develop hernias every year. Studies, however, show that only 14% of those affected seek treatment. Leaving a hernia

untreated can lead to more pain and complications. The program is free, but pre-registration is required. To register, call 617-696-8810.

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# 535 On Central School Honor Roll

Five hundred thirty-five students are listed on the second term honor roll at Central Middle School.

## HIGH HONORS

Grade 8: Sarah E. Alberione, Jouri W. Alsadeq, Matthew T. Bartkus, Joseph C. Bates, Anya M. Brenner, Sean T. Burns, Jack S. Cavicchi, Candace Chan, Yuet Tung Chan, Amin Charpeop, Arnold H. Chen, Brian Chen, Cavin Chen, Helen Chen, Jessica K. Chen, Justin J. Chen, Vanessa Z. Chen, Yumi Chen, Dylan J. Clifford, Ava M. Coffey, Jamie L. Collins, Hailey A. Concannon, Caitlin M. Cormican, Katelyn E. Craig, Norah R. Cronin.

Dominique T. Dang, Benjamin T. Dawe, Julian J. De Jesus, Catherine Demopoulos, Mary A. Doherty, Abigail R. Dunn, Anthony J. Enos, Nicholas G. Fontaine, Kofi K. Fordjour, Vivian W. Fu, Yixiang Gao, Ava Q. Garcia, Kaitlyn A. Gough, Tristan Guan, Huy Q. Ho, Paige E. Holleman, Wei Yu Huang, Xu Huang, Katie Jiang, Kendall M. Kazmowski, Brianna C. Keddy.

Sonny Le, Annie Li, Jason W. Li, Jiawen Li, Jerry Lin, Serena Lin, Eileen Lin, Amy Q. Lu, Michelle C. Ma, John Thomas M. Malvesti, Melanie Moy, Grant T. Murphy, Keira G. Murphy, Mollie J. Nelson, Sophie M. Nerine, Abigail Newton, Isaac Ng, Anh Thai Nguyen, Anthony Nguyen, Ashlee Nguyen, Casey V. Nguyen, Christiana P. Nguyen, Dante T. Nguyen, Diana T. Nguyen, Sophia Nguyen.

Amanda L. O'Neill, Kasriot L. Panariti, John C. Petrongolo, Khoa A. Pham, John R. Pickering, Madeline E. Power, Margaret M. Power, Dheeraj Aravind Prakash Viswanath, William P. Rafti, Victoria N. Rak, Brandon J. Riley, Peter J. Romeo, Annika M. Schmitt, Marybeth M. Smith, Alexander L. Stankov.

Jinglin Tan, Sabrina Teng, Jason Ton, Lily Tran, Trinity N. Tran, Andy Truong, Andy Vu, Kaitlyn T. Vu, Sumayya Wafapoor, Patrick J. Webber, Jason Y. Wen, Stella J. Wong, Josie J. Wu, Sophia Xie, Christina Xu, Ray L. Zheng, Elaina R. Zou.

Grade 7: Angelica M. Anousis, Jonathan Jasper Baldini, Niamh H. Barrios, Emma M. Bateman, Jessica L. Berberi, Victoria A. Berry, Emma V. Bille, William T. Bradley, Ava F. Bryan, Elaine M. Cai, Joseph A. Campo, Nicholas M. Cerone, Angela Chen, Chloe Chen, Julia Y. Chen, Mabel F. Chen, Nichole X. Chen, Si Ying Chen, Steven Chen, Vicky Chen, Vincent Y. Chen, Yong Chin.

Kyle E. Clements, Grace E. Cody, Kieran J. Collins, Sophia G. Comiso, Meara M. Conley, Aluna J. Coogan-Coyne, Emma D.

Cramond, Lyna R. Dang, Sonia R. Dijkstra, Delaney K. Djerf, Ava M. Donaghue, Arli Dylja, Parker H. Evans, Faye G. Fitzpatrick, Devereux A. Fuller, Erin M. Garvin, Joana Gjini, Madeline J. Gola, Ciara M. Golden, Orlagh M. Gormley, Giada Guarino.

Jonathan He, Leo He, Tim F. Heise, Piper E. Henderson, Hanna R. Henriksen, Isabelle K. Hogan, Ellie K. Houlihan Gavin, Angelyn Huang, William G. Huang, Benjamin J. Hudach, Daniel E. Hudach, Laura Jiang, Richard Jiang, Cameron M. Johnston, Michael P. Keane, Jan A. Kepczynski, Ethan Y. Kim, Sophia J. Kyranis.

William A. Lanergan, Kimberly H. Le, Isaac Lee, Kyra M. Lee, Keldon G. Lei, Jack Li, Jasmine Y. Li, Aixin Liang, Vicky Liao, Angelina Y. Lin, Charlotte J. Lin, Christine Lin, Janice Lin, Jason C. Lin, Isabel V. Llamas, Hai K. Luong, Lucas Maher, Grace W. McGough, Lucy K. McLaughlin, Xiaobin Mei, Max J. Melchin, Joseph Ethan A. Mercado, Emma Molla.

Isabelle Ng, Shayla M. Nguyen, Caroline P. O'Donnell, Josette L. Ober-ton, Emily C. Peralta, Grace M. Pickering, Maia C. Popa, Margaret C. Potts, Katherine C. Ramos, Isabella C. Reyes, Brooklynn C. Rizzo, Declan M. Rogers, Mary P. Saccoach, Fiona Saraci, Fallyn A. Scott, Anna R. Sekmokas, Iylana M. Selinger-Batista, Ryan C. Setow, Sofia E. Slezas, Nina E. Smith, Caroline D. Snyder, Lin Han Su, Renee Y. Su.

Molly M. Tolland, Dylan T. Tracey, Nicholas K. Tran, Zara J. Valencius, Henry C. Wilde, Jenny M. Wong, Chloe Wu, Bingxian Xie, Fanny K. Yang, Hongcheng Yang, Kevin Zhang, Rose-ley Zhang, Eric Zhao, Xin Ting Zhao, Laura Zhu, Kira S. Zlatanova, Wendy Zou, Connor J. Zynda.

Grade 6: Lauren K. Af-fleck, Jamie M. Arias, Rebecca Berberi, Ashling M. Byrne, Madline K. Case, Lilliana R. Catrambone, Connie Che, Catherine F. Chen, Cynthia Chen, Abigail K. Dawe, Nicholas P. Depalma, Nancy Fang, Joyce Gao, Katrina Gao, Niamh R. Gendron, Ava G. Hamilton, Wendy Jiang, Sadie R. Johnston, Olivia C. King, Kelly M. Kwan, Alexander V. Lai, Tabitha P. Lee, Alessa G. Lemus.

William Y. Li, Stephanie Liang, Travis Liang, Violet Liu, Joyce L. Lukelo, Van-ston Lu, Abby N. Lyons, Sahil Manwani, Luca A. Marinilli, Michael A. Miranda, Hannah E. Moriarty, Mandi A. Moy, Angelina Nguyen, Khoi C. Nguyen, Kobe L. Nguyen, Ahmed Othman, Marcus K. Pham, Kailie Pimental-Sharp, Anya A. Sangani, Alexander L. Schramm, Ian P. Scott, Sean

## More Honor Rolls On Page 16

Michael P. Szilva, Serena Tacelli, Amy Q. Tan, Andrea B. Tang, Linden E. Van Neen, Samantha Y. Wong, Elizabeth Wong-Waywaymyint, Madelyn A. Yang, Alexander J. Zhu.

## HONORS

Grade 8: Dilan S. Arda, Anass Bahri, Madeline C. Baryza, Caroline C. Bertrand, Kevin M. Blido, Nathan C. Caldwell, Edison Chan, Dina N. Che, Jennifer Chen, Ammar A. Chunda, Liam M. Cody, Charles H. Coffey, Patrick J. Coleman Jr., Oisin D. Coogan-Coyne, Matthew R. Copp, Nathan J. Davis, Juliana M. Di Blasi, Lauren P. Donahue, Amber R. Doyle, Kevin Duong, Kristen P. Duong.

Declan J. Ferreira, Stacy M. Garcia, Julia L. Gillespie, Jonan J. Hamilton, Nathan K. Ho, Nicholas J. Hughes, Mia E. Irion, Angelina S. Jewell, Misha M. Kennedy, Emma R. Kinsley, Michaela Y. Lam, Sadie E. Lee, Kaitong Li, Ivan Lin, Keyi Lin, Grace M. Lukelo, Klaudia Mance, Andrew L. Mazzini, Sam N. McAnulty, Kylie M. McClory, William K. McCoy III, Ailin Mei, Yu Fan Mei, Catherine G. Murray.

Devin T. Nellany, Danielle N. O'Brien, Brendan D. O'Connor, Thomas P. O'Neil, Ibukun J. Owolabi, Lindsey A. Packard, Kiet B. Phu, Theodore J. Porter, Jeffrey M. Reese, Chloe H. Robertson, Liam J. Rogers, Madison M. Rose, Curtis Ru, Mia L. Ryan.

Dean Schaaf, Vasiliana Sota, Max A. Spendlove, Sam A. Spendlove, Nathan D. Stagg, Manlin Sun, Steven Tang, Antonie D. Tran, Samuel J. Traynor, Hogan Truong, Matthew J. Whoolsey, William A. Wismar, Carmen Wong, Kevin K. Xu, Qitong Xu, Jonathan Carter V. Ying, Adam B. Zhao, Jia-yu Zhen, Jesse Zheng, Brandon Zhou, Rylee W. Zhuo.

Grade 7: Carmen J. Albert, Noah H. Andre, Anisha E. Baez, Brody P. Baker, Noah L. Baker, Katherine E. Bardwell, Gaetano J. Bel-fort, Skyline E. Cardoso-Mendes, Preston M. Cavin, Xuan Chen, Sam S. Conley, Will S. Conley, Anna J. Correa, Grace M. Cuniff, Nathan C. Doyle, Abigail K. Driscoll.

Joseph M. Enos III, Ianick Fabricio Brito Vieira, Grace S. Flaherty, Brooklyn R. Geary, Reese M. Hendry, Oreana Y. Huang, Phillip J. Huang, Truong Cong Nhat Huynh, Molly E. Jacobs, Emraan K. Kafih, Tyler Kelly, Christina E. Leahy, Patrick B. Lee, Elizabeth M. Leonard, Chalis M. Leoutsakos-Gustave, Dennis Z. Liu, Eddy Liu, Laura V. Luong, Alanna M. Lynch, Matthew R. Maderos, Thomas E. Maher, Charlotte R. McConville, Charles F.

McGrail III, Ava R. McGrath, Anna K. McPhillips, Finn J. Meaney, Luke J. Mordas, Basis S. Neamah, Marah L. Neil, Autumn E. O'Campos, Jason W. Perry, Benjamin Setow, Killian T. Sloan, Mollie R. Smith-Gaeta, Isabella S. Soto, Den-ny D. Tan, Wen Chao Tan, Sarah Tsang, Phu Hao Van, Thomas J. Wirtz, Shane A. Wright, Alvin Wu, Brandon H. Wu, Jade M. Yee, Bixin Zhao, Andy Zheng.

Grade 6: Audrey Y. Ao, Anton John B. Arrazola, Cady M. Barrett, Karoline R. Bastiani, Kyrie M. Blue, Brigid C. Burke, Alex P. Cala, Brandon J. Camacho, William Chan, Angelina K. Chau, Benny Chen, Brian Chen, Melanie Chen, Michelle X. Chen, Rebecca L. Chen, Katelyn M. Collins, Caitlyn B. Connor.

Abigail J. Danick, David Dema, Kristina H. Demeo, Arthur C. Demeritt, William C. Deng, Justin T. Dinh, Samantha J. Dopp, Colin R. Dowling, Nathan A. Feldman, Ava E. Ferolito, Destiny G. Francis, Max A. Francoeur, Michael C. Galligan, Chujun Gao, Alexa Q. Garcia, Maxwell F. Guadiano, Lauren C. Gillooly, Annabella T. Glennon, John J. Greene, Iliana D. Gregoriadis.

Said A. Hamad, Miles C. Hastings, Allyson J. Hatfield, Julia A. Heise, Camille B. Henry, Hugo J. Huang, Zachary Huang, Andy T. Huynh, Xuan-Mai C. Ippolito, Ava M. Jones, Calla G. Jones, Aya N. Kafih, Siena A. Killcoyne, Elijah J. Killorin, Amy T. Lau, Griffin C. Lawless, Jake W. Lazon, Henry D. Lebo, Liam M. Lee, Maisie K. Lee, Steven H. Li, Jiancong Lin, Kalven C. Lin, Stanley Liu, Katelyn C. Low.

David A. Madden, Aidan J. McCarthy, Daniella M. McCarthy, Erin M. McGonagle, Collin P. McGrail, John A. McGurty, Chloe A. Melchin, Anthony R. Melchione, Madison S. Miller, James M. Mullen, Kamila Nabieva, Michael J. Newton, Benjamin H. Nguyen, Danny H. Nguyen, William N. Nguyen, Caroline M. O'Malley, Peyton A. Perkins, Srivathsa Pervodi, Robert Pham.

Joseph F. Reddig, Ella G. Roche, Michael A. Romeo, Lilliana K. Ronca, Emma H. Roux, Angelina N. Rumble, Cora S. Ryan, Allen Shi, Elana M. Shuel, Jayson A. Siders, Andy Song, Hannah X. Spratt, Vanessa Su, Matthew C. Toland, Frank D. Townsend, Peter Tran, Quang Hai Lan Tran, Joshua X. Truong, Maggie R. Weber, Orion C. Wong, Brian L. Wu, Xia Zixi, Sandy C. Yu, Chloe H. Zhang, Stephy Zhao, Mike J. Zhu, Emily W. Zhuo.

## Social Security Matters

# Widow Asks About Survivor Benefits

By RUSSELL GLOOR

AMAC Certified Social Security Advisor  
Association Of Mature American Citizens

**Dear Rusty:** My husband passed away 7 years ago at the age of 64, at which time he was receiving SS Disability. I was 58 at the time he passed and could not apply for his Social Security. I was still working but let SS know he was deceased, so his check was no longer deposited. I am now 65 and my age to reach full benefits without penalty is 66. I plan to work three more years before applying for Social Security. My question is: Can I apply for my deceased husband's SS benefits now and not my own without any penalties? And if so, what is the process? Thank you for your time and the information and resources you provide.

**Signed: Widowed Wife**

**Dear Widowed:** Yes, as a widow you have the choice of claiming either your survivor's benefit or your own benefit but claiming either before your full retirement age will reduce it. If you claim your survivor's benefit before you reach age 66 it will be somewhat reduced from 100% of what your husband was receiving when he passed. Since you're now 65, the reduction won't be too severe (about 0.4% for each month before your full retirement age of 66). Your own benefit would be reduced by about 0.69% for each month before your full retirement age.

I suggest you evaluate which of your future benefits will be greater - the survivor benefit at maximum or your own benefit at maximum. Your survivor benefit reaches maximum at your full retirement age of 66, but your own SS benefit can continue to grow until age 70 when it would be 32% more than it would be at age 66. You may want to set a goal to claim in such a way that you can get the highest benefit for the rest of your life. If you know what your own benefit will be at your full retirement age, add 32% to that, and compare that number to the benefit your husband was receiving at his death. If your own at age 70 is more than he was receiving, then it would be wise to take the survivor benefit first and let your own grow by 8% per year until 70 and then switch from the survivor benefit to your own. If your survivor benefit at your FRA will be greater than your own at age 70, then it would be wise to let the survivor benefit grow to maximum at your full retirement age and claim it then.

In any case, to answer your question - yes, you can apply for your reduced benefits as a widow now or wait until you're 66 to get the full benefit, and the way to do that is to contact Social Security directly and request your benefit as your husband's widow. Survivor's benefit cannot be applied for online, so you should call Social Security (find your local office at [www.ssa.gov/locator](http://www.ssa.gov/locator)) and request an appointment to apply for survivor benefits. When you make your appointment, Social Security will advise you if they'll require any additional documentation. And if you wish to let your own benefit grow to age 70, then be sure to specify you are applying only for your survivor benefit, not your Social Security retirement benefit.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.*

To submit a question, visit the website [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org).



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# Tech Activities, Lessons Mark Digital Learning Week

By **TOM GORMAN**  
Quincy Public School students shared technology-related activities and lessons during the district's Digital Learning Week conducted March 11 to 15.

"We are working to change the perception that digital learning is simply using technology and more technology means more digital learning," STEM (Science Technology Engineering Math) Coordinator Edward Smith told the school committee recently during a review of the Digital Learning Week celebration. "That is not the case. It's any instructional practice that effectively uses technology to strengthen the students' learning experience."

During the week, students and teachers shared pictures of examples of digital learning activities as part of a districtwide competition. The school with the highest percentage of participation will be recognized as the Quincy Public Schools Digital Learning Champion.

Smith explained the city's Digital Learning Week is based on The Al-

liance for Excellent Education's Digital Learning Day that debuted in 2012. States, districts, classrooms and schools across the nation and around world hold events to celebrate digital learning on that day, typically held in February.

"We in Quincy like to go a little bit bigger and a little bit better, so we have a digital learning week," he said.

The goal, Smith explained, is to share examples of high quality instruction, the access to challenging content, and student feedback. This is to ensure all students will reach their full potential to succeed in college and their careers.

Some activities at the elementary level included Lincoln-Hancock School second graders using the district's new keyboarding and digital citizenship program,

Typing Agent, and Wollaston School math students using iPads to photograph whiteboard work, then posting those to the "seesaw" app for the teacher to review which is then saved to the students' online journal for parents to review.

Students at the Bernazani and Parker schools had a visit from "Bee-Bot," a codable robot where they wrote, programmed, analyzed, and debugged code to solve various challenges. The robot, shaped like a bee, travelled on a board based on the students' code.

Merrymount grade 5 students worked on an architectural CAD program to build and design 2D and 3D floor plans for a tiny house. Students used their digital models to math paper 3D models with a focus on scale, area, proportion and

perimeter.

"They made an actual tiny house out of paper," Smith said.

Middle School students participated in interactive

lessons in class and at home, and used Google Slides on Chromebooks to create presentations.

Broad Meadows Middle school grade 7 students

worked in pairs to create and code interactive games using Scratch.com. Sterling Middle students used an online tool to plan and take a

Cont'd On Page 12

## DAV Golf Tournament At Granite Links May 20



DAV OF MASSACHUSETTS recently held its annual meeting and kickoff of fundraising activities at Granite Links Golf Course in Quincy. Among those attending the function were Daniel Stack (left), Department Adjutant/CEO, Massachusetts DAV, and World War II veteran and DAV volunteer Lou Pasquale. Two major events will benefit the DAV this year: the 11th annual DAV/Liberty Mutual Corporate Golf Invitational May 20 at Granite Links and the annual 5k road race in November at Castle Island, South Boston. Proceeds from these two events have helped raise the necessary funds to purchase and maintain vans to transport veterans to doctor appointments and hospital visits.

Quincy Sun Photo/Amy Bosworth

## Patrick White Foundation Offering Scholarships

The Patrick White Foundation will be offering scholarships in memory of Patrick White to the high school class of 2019.

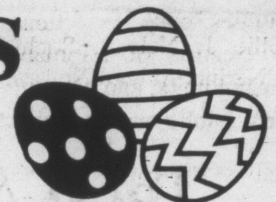
Those interested are asked to send an e-mail requesting information to: ptwfoundation7@comcast.net. Include PTW in the subject line.



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### WINE SPECIALS

#### 2018 Rosés Have Arrived!

Chateau d'Esclans Whispering Angel Rosé 2018	\$ 18.99
Domaine Huet Cotes de Provence Rosé 2018	\$ 11.99
La Spina 11 Rosé di Casanova 2018	\$ 15.99
Parade Cotes de Provence Rosé 2018	\$ 15.99
Protes Airo de Protes Rosado 2018	\$ 11.99
Villa Wolf Rosé 2018	\$ 9.99
Bollinger Special Cuvée Brut NV	\$ 48.99
Perrier-Jouët Brut NV	\$ 36.99
Laurent Perrier Brut NV	\$ 30.99
Ronacher Estate Brut NV	\$ 18.99
Mionetto Prosecco Brut NV	\$ 10.99
Erath Pinot Gris Oregon 2016	\$ 11.99
Willamette Pinot Gris Willamette Valley 2016	\$ 14.99
St. Supéry Sauvignon Blanc Napa Valley 2017	\$ 12.99
Pine Ridge Chardonnay Blanc Vineyard California 2017	\$ 9.99
Simi Sonoma County Chardonnay 2017	\$ 10.99
J. Lehr Riverstone Chardonnay Arroyo Seco 2017	\$ 9.99
Clos du Bois Chardonnay California 2017	\$ 8.99
La Crema Sonoma Coast Chardonnay 2017	\$ 14.99
Pine Ridge Dijon Chardonnay Carneros 2014	\$ 22.99
Patz & Hall Hyde Vineyard Chardonnay 2014	\$ 34.99
Firestone Pinot Noir Willamette Valley 2017	\$ 11.99
Ponzi Pinot Noir Classico Willamette Valley 2014	\$ 28.99
Bella Glass Clark & Telephone Pinot Noir Santa Barbara 2017	\$ 42.99
Meiomi Pinot Noir California 2017	\$ 17.99
Gen 5 Cabernet Sauvignon Lodi 2014	\$ 9.99
Cross Cabernet Sauvignon Clarksburg 2015	\$ 12.99
Leviathan Red Blend California 2016	\$ 34.00
Soghesio Zinfandel Sonoma County 2015	\$ 19.99
Trimbach Pinot Gris Reserve Alsace 2015	\$ 14.99
Guy Saget Pouilly Fumé Le Domaine 2014	\$ 25.99
Louis Jadot Beaujolais Villages 2017	\$ 8.99
Kris Pinot Grigio Venetia 2017	\$ 8.99
Barone Fini Pinot Grigio Alto Adige 2017	\$ 8.99
Ottella Lugana Lombardy 2017	\$ 12.99
Badia a Coltibuono Chianti Classico 2016	\$ 16.99
Ruffino Chianti Classico Ducale Riserva Tan 2015	\$ 18.99
Ducale Riserva Tan 2015	\$ 18.99
Enate 234 Chardonnay Sonoma 2017	\$ 12.99
La Rioja Alta Vina Ardanza Reserva 2009	\$ 28.99
G.A. Schneider Paterberg Riesling Kabinett 2016	\$ 10.99
Loosen Brothers Dr. L. Riesling Mosel 2017	\$ 9.99
Machmer Gewurztraminer Spätlese Rheinhessen 2015	\$ 11.99
Dr. Heyden Oppenheimer Pinot Noir Rheinhessen 2016	\$ 12.99
The Crossing Sauvignon Blanc Marlborough 2017	\$ 9.99
Kim Crawford Sauvignon Blanc Marlborough 2017	\$ 11.99

### LIQUOR SPECIALS

#### Our Newest Single Barrel Bourbon Selection:

Knob Creek 13-Year 120 proof	\$ 42.99
Four Roses 8-Year OHSF 119 proof	\$ 59.99
Jim Beam 10-Year 95 proof	\$ 29.99
Elijah Craig 10-Year 94 proof	\$ 32.99
Buffalo Trace 8-Year 95 proof	\$ 29.99
Absolut Vodka 1.75 LTR	\$ 25.99
Stolichnaya Vodka 1.75 LTR	\$ 26.99
Katol One Vodka 1.75 LTR	\$ 29.99
Belvedere Vodka 1.75 LTR	\$ 39.99
Tito's Vodka 1.75 LTR	\$ 28.99
Svedka Vodka 1.75 LTR	\$ 17.99
Smirnoff Vodka 1.75 LTR	\$ 18.99
Sky Vodka 1.75 LTR	\$ 18.99
Effron Vodka 750 ML (ALL TYPES)	\$ 15.99
Platinum Vodka 1.75 LTR	\$ 13.99 (-\$5.00) M.L.R.
Stoli Eln 750 ML	\$ 39.99
Tanqueray Gin 1.75 LTR	\$ 30.99
Beefeater Gin 1.75 LTR	\$ 27.99
Bombay Sapphire Gin 1.75 LTR	\$ 30.99
Casa Azul Reposado Tequila 750 ML	\$ 84.99
Patron Silver Tequila 750 ML	\$ 43.99
Casamigos Blanco Tequila 750 ML	\$ 35.99
Sauza Gold Tequila 1.75 LTR	\$ 27.99
Captain Morgan 1.75 LTR	\$ 22.99
Bacardi Light & Dark Rum 1.75 LTR	\$ 18.99
Don Q Rum Light & Dark 1.75 LTR	\$ 17.99
Crown Royal 1.75 LTR	\$ 40.99
Canadian Club 1.75 LTR	\$ 18.99
Jim Beam Bourbon 1.75 LTR	\$ 25.99
Jack Daniels Whiskey 1.75 LTR	\$ 39.99
Knob Creek Bourbon 1.75 LTR	\$ 48.99
Jameson Irish Whiskey 1.75 LTR	\$ 41.99
Bushmills Irish Whiskey 1.75 LTR	\$ 34.99
Glennmorangie 10 Year Old Scotch 750 ML	\$ 32.99
Lagavulin 8 Year Scotch 750 ML	\$ 33.99
Talisker Storm 750 ML	\$ 33.99
Oban Little Bay 750 ML	\$ 33.99
Johnnie Walker Red 1.75 LTR	\$ 28.99
Johnnie Walker Black 750 ML	\$ 29.99
Dewars 1.75 LTR	\$ 28.99

Southern Comfort 1.75 LTR	\$ 26.99 (-\$6.00) M.L.R.	\$ 20.99
Kahlua 750 ML		\$ 18.99
Bailey's Irish Cream 1.75 LTR		\$ 33.99
Grand Marnier 750 ML	\$ 26.99 (-\$6.00) M.L.R.	\$ 20.99
Sogno Lemoncello 750 ML		\$ 17.99
Campari 750 ML		\$ 27.99
Hennessy VSOP 750 ML		\$ 47.99
Remy Martin VSOP 750 ML		\$ 38.99
Metaxa Brandy 7 Star 750 ML		\$ 22.99

### KOSHER WINES FOR PASSOVER

Yarden Cabernet Sauvignon Galilee 2014	\$ 29.99
Baron Herzog Cabernet/Merlot/Chardonnay	\$ 11.99
Yarden Mt. Hermon White & Red Galilee	\$ 11.99
Carmit Moscato Israel 2017	\$ 12.99
Bartanura Moscato d'Asti 2017	\$ 12.99
Manischewitz Concord Grape/Blackberry 1.5 LTR	\$ 7.99
Manischewitz Concord Grape/Blackberry 750 ML	\$ 4.99

### BEER SPECIALS

Bud & Bud Light 30 Pack Cans	\$ 22.99
Coors Light/Miller Lite 30 Pack Cans	\$ 22.99
Michelob Ultra 24 Pack Cans	\$ 25.99
Yuengling 24 Pack Bottles/Cans	\$ 18.99
Corona & Corona Light Loose Bottles Case	\$ 25.99
Heineken/Amstel Loose Bottles Case	\$ 24.99
Sam Adams ALL TYPES 12 Pack	\$ 14.25
Harpoon IPA/Seasonal 12 Pack Bottles	\$ 14.99
Stella Artois Loose Case Bottles	\$ 25.99
Newcastle Ale Bottles 2/12 Case	\$ 21.99
Carlsberg 16 oz. 2/12 Pack Cans	\$ 23.99

### CRAFT BEER, CIDER & SELTZER

Night Shift Nite Light 12 Pack Cans	\$ 12.99
Goose Island IPA 15 Pack Cans	\$ 14.49
Brooklyn Variety 12 Pack Cans	\$ 12.99
Sierra Nevada ALL TYPES 12 Pack Bottles	\$ 13.99
Wachusett IPA Mix 12 Pack Cans	\$ 12.99
Smuttynose IPA & Mix 12 Pack	\$ 15.99
Lagunitas IPA 12 Pack Bottles	\$ 12.99
Cisco Variety 12 Pack Cans	\$ 12.99
Founders 15 Pack Cans	\$ 14.99
Jack's Abby Hoplonis and Variety 12 Pack Cans	\$ 14.99
Magnor's Cider 12 Pack Bottles	\$ 15.99
Angry Orchard Cider ALL TYPES 12 Pack	\$ 13.99
Downeast Cider ALL TYPES 9 Pack Can	\$ 15.49
Bon & Viv Spiked Seltzer Variety 12 Pack Cans	\$ 13.99
White Claw Seltzer Variety 12 Pack Cans	\$ 13.99
Nauti Seltzer ALL TYPES 12 Pack Cans	\$ 12.99
Truly Seltzer ALL TYPES 12 Pack Cans	\$ 13.99

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## City To Celebrate Community Development Week April 22-27

Quincy will join other communities across the nation in celebrating "National Community Development Week" (CD Week) which will be held April 22 - April 27, announce Mayor Thomas Koch and Planning Director James Fatsas.

This weeklong celebration provides the opportunity for Community Development Block Grant (CDBG) communities across the nation to showcase CDBG-funded projects and programs, and to educate residents, community groups, and legislators about the block grant programs administered by the city's Department of Planning and Community Development (PCD).

The CDBG program is a flexible program, overseen by the U.S. Dept. of Housing and Urban Development's (HUD's) Office of Community Planning & Development, that provides communities, such as Quincy, with resources to address a wide range of unique community development needs. Locally, these HUD block grants are used to support activities and services such as community center programs; emergency food centers; housing rehabilitation activities; code inspections; the creation of affordable housing units; and also supports public works project

such as street and sidewalk reconstruction. Since 1975, the CDBG program has provided over \$90 million to the City of Quincy for community development programs.

Events planned throughout the week showcase how CDBG makes communities better places to live and work. Quincy will be participating in the national social media campaign, #CDWeek2019. The public is welcome to join by following and sharing posts on all social media platforms. PCD has a Facebook page, @QuincyPCD.

Quincy Braintree Family Network of Quincy Community Action Programs Inc will be sponsoring three activities during the week.

On Tuesday, April 23 from 10 to 11:15 a.m., Rainforest Reptiles will be at the North Quincy Community Center at 381 Hancock St., Quincy. The event is open to children under eight (8) and their parent or guardian.

On Friday, April 26 from 10 to 11:15 a.m., children's activities will be at the Houghs Neck Community Center at 1193 Sea St., Quincy. The event is also open to children under eight (8) and their parent or guardian.

On Saturday, April 27 from 9:30 to 11:30 a.m., Jean Rogers of Children's

Screen Time Action Network will make a presentation at a parent breakfast at Quincy College, 1250 Hancock St., Quincy (North Tower, 3rd floor). The parent breakfast and presentation is for parents only, no childcare provided.

Parents will take home several giveaways to encourage their families to spend less time on digital devices including a "Screen Free Fun Kit." The parent breakfast is also sponsored by Manet Community Health Center.

For the parent breakfast and the reptile show, registration is required to Joan at jrodeck@qcap.org.

The Asian American Service Association Wollaston Senior Center at 550 Hancock St., Quincy will feature their "Yuan Ji Dance" at 10:30 am on Wednesday, April 24 and their cooking class on Friday, April 26.

These programs serve Asian elders with their health, physical movement and socialization needs.

The North Quincy Community Center will feature their Multi-cultural Senior Luncheon at 381 Hancock St., Quincy at 11:30 a.m. on Thursday, April 25.

PCD is utilizing CD Week as an opportunity to engage program participants and the public in providing input for the upcoming five-year plan for 2020-2025 for HUD funding. The Quincy Council on Aging at 440 East Squantum St., Quincy welcomes PCD to host an outreach table to engage program participants in the lobby from 9 a.m. to 1 p.m. on Thursday, April 25.

The South Shore YMCA Germantown Neighborhood Center at 366 Palmer St., Quincy will host a focus group for teens after school on Thursday, April 25. The

South Shore YMCA Quincy Branch welcomes PCD to host an outreach table to engage participants of Healthy Kids Day from 11 a.m. to 2 p.m. at 79 Coddington St., Quincy. All events will include a brief presentation about CDBG, the five-year plan, and a survey for public input.

A public hearing for the FY July 1, 2019 - June 30, 2020 Action Plan for HUD funding will be held at 5 p.m. on Wednesday, April 24 at 34 Coddington St., Quincy in the School Department on the first floor, room 121.

## Empowerment Art For Sexual Assault Awareness

The Thomas Crane Public Library will host a program on empowerment art on Tuesday evening, April 23 at 6 p.m.

There will be art on display, storytelling, poetry, and a survivor speaker panel. Everything will be focused on the national campaign "I Ask for Consent."

The program is co-sponsored by Health Imperatives.

The event is being held to raise awareness about the epidemic of sexual assault. Through awareness events like this one, Health Imperatives' rape crisis center, A New Day, aims to combat

societal norms that contribute to sexual assault during sexual assault awareness month.

One in five women are raped across a lifetime and 1 in 2 women and 1 in 5 men experience sexual violence victimization other than rape. A New Day provides prevention events focused on dismantling rape culture for over 4,000 community members annually and provides direct services to over 600 victims of sexual assault each year. Prevention activities provided include workshops, advocacy events, tabling events, and community building events.

Workshops draw from evidence-based curriculum is proven to shift social norms that contribute to cultures that tolerate sexual assault.

A New Day offers a wide range of direct services for survivors in addition to the prevention activities provided to the community. Direct services include a brief series of counseling for victims of sexual assault and a warm hand off to partner agencies to provide longer term services when needed, medical advocacy services in 6 area hospitals, housing advocacy, legal advocacy, education advocacy and financial advocacy.

A New Day medical ad-

vocates respond immediately when a victim seeks a rape examination kit at a local hospital and connecting with the victim immediately after the assault allows the medical advocates to seamlessly connect the victim to additional resources for support.

A New Day provides services to 32 towns across Plymouth County, Bristol County and Norfolk County. All services are provided at no cost. A New Day works closely with the 16 other rape crisis centers across the state.

For more information, visit [thomascranepubliclibrary.org](http://thomascranepubliclibrary.org) or call 617-376-1300, x3.

## Tech Activities, Lessons Mark Digital Learning Week

Cont'd From Page 11

virtual tour of Egypt. Central Middle School students used Google Classroom to learn music and

dance steps that were accessible to their phones or home computers.

At Atlantic Middle School, students used cal-

culators to find an algorithm that allowed them to beat a computer in an interactive Rock, Paper, Scissors game.

High school students also got into the action.

Quincy High students participated in math activities on the Demos website - an advanced equation and

graphing site and mobile application written in JavaScript. Students there also worked on computer simulations of 2D and 3D molecules and physics studies.

North Quincy High students used Naviance for an online lesson in career and college readiness while Ad-

vanced Placement students tested the weight of candy manufacturer's claims using Minitab software.

Smith emphasized that digital learning is more than just using technology to design things.

"Those things are good practices, but it's how you apply those skills and those

techniques," he said. "Technology is a tool, not necessarily a learning outcome."

Smith said that digital learning is everywhere, from kindergarten through grade 12.

"Students are excited and engaged to learn new skills," he said.

### 74<sup>th</sup> Anniversary

**PFC William R. Caddy**  
United States Marine Corps Reserve



*Killed in action against Japanese forces during the seizure of Iwo Jima, the volcanic island, in World War II.*

Awarded the  
Congressional Medal of Honor  
Posthumously - March 3, 1945

Remembered by the members of the  
**William R. Caddy Detachment**  
of the Marine Corps League

Annual Caddy Day Ceremony  
Sunday, April 28, 2019 @ 12:00 PM

Performing our National Anthem  
and patriotic songs - Dan Clark

Held at Caddy Memorial Park  
on Quincy Shore Drive  
at Wollaston Beach

William R. Caddy Detachment #124  
111 Newbury Avenue  
No. Quincy, MA 02171  
Tel. 617-479-3505



Storytime with Big Joe!

April 11, 10 a.m.  
24 Central Ave., Milton

April 15, 10 a.m.  
680 Truman Parkway, Hyde Park

April 26, 6:15 p.m.  
12 Old Colony Ave., Quincy



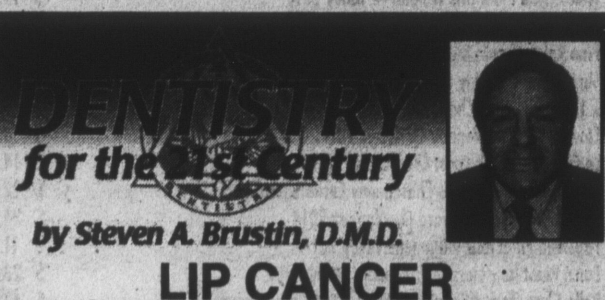
12 Old Colony Avenue  
Quincy: 617-773-9420

77 Parkway  
Quincy: 617-786-8888

24 Central Avenue  
Milton: 617-696-2326

680 Truman Parkway  
Hyde Park: 617-910-9175

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Lip cancer, a type of oral cancer, is most common on the lower lip. While its risk factors include excessive sun exposure (ultraviolet, or UV, light) and tobacco use (particularly pipe smoking), there are "photosensitizing" medications that can also make skin more susceptible to the effects of ultraviolet light. One notable example involves several widely prescribed hypertensive drugs that have been shown to increase the risk of lip cancer as much as four times with long-term use. The five drugs identified as being linked with increased lip cancer risk are lisinopril, nifedipine, and atenolol, as well as hydrochlorothiazide (alone or in combination with triamterene). Patients taking these drugs may want to step up their sunscreen protection.

Your total health is always our concern. That's why all new patient exams are so thorough, so we can establish a baseline against which we can measure your future oral profile and progress. And regular professional checkups make it possible to watch for developing concerns and address them while they are still small, before they can turn into something more serious. For an appointment for advanced, gentle dental care, please call us at 617-479-8220. We're located at 44 Greenleaf Street.

P.S. Because the benefits of taking blood pressure medications generally outweigh the risk of developing lip cancer, a strong case can be made for continuing the medication while using UV-blocking lip balm daily and scheduling regular dental checkups.

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# Councillors Question FoxRock Deal; Public Hearing April 29

Cont'd From Page 1

fore constructing the other two buildings. FoxRock would not be required to pay taxes on the medical office building, but would be required to pay full taxes on the hotel and housing components of the project.

FoxRock could not close on the Ross Lot land until leases for the medical office

building are signed. South Shore Hospital and Brigham and Women's Hospital have agreements in place with FoxRock to move into the medical office building, but those leases have yet to be signed.

Several city councillors questioned the \$4.25 million FoxRock would pay the city for the Ross Lot

land and the termination of the reverter clause. Ward 4 Councillor Brian Palmucci said the 2016 tolling agreement between the city and FoxRock – signed after the company purchased the former Quincy Medical Center site and was designated as the developer for the Ross Lot – gives FoxRock the ability to buy out the revert-

er for \$4.25 million.

Councillor Nina Liang asked how the city and FoxRock determined the termination of the reverter clause was worth \$4.25 million.

"Was there not some sort of outside appraisal company that we talked to and helped us identify the value of this reverter, because

4.25 seems like an arbitrary number to me right now," she said. "It seems like it was just a number that was negotiated – but where did it start? How did FoxRock come to the table and say that number is too low or too high?"

City Solicitor Jim Timmins said some outside experts were consulted, but noted it was more difficult to appraise the value of the reverter clause compared to an actual building or piece of property.

"It's very difficult to place a value on a future interest, because there's not a lot of these around," he said.

Steward, the hospital's previous owner, had threatened to go to court to challenge the validity of the reverter clause, Timmins added.

Councillor Anne Mahoney said city would in essence be giving away the Ross Lot land to allow FoxRock to build the medical office building.

"[The \$4.25 million] releases Whitwell so they can build whatever they want up there," Mahoney said, adding the project is still subject to permitting. "At the same time...we've given away the Ross parking lot down the street because we're going to get a 200,000 square foot building."

The goal is to get medical services back to the city, Timmins responded, adding the former hospital site is no longer conducive to medical services. In addition, if FoxRock were to build medical office space on the Ross Lot, the solicitor said that would put the reverter

clause in jeopardy.

"We will have grade A health care back in the city. That's the goal here. It's not just people giving things away for \$4.25 million. It's not going to work on the hill," Timmins said.

"Once [health care] goes down here and it's moved to a different site, the right to the reverter is definitely questionable – probably extinguishable – because now health care in the city of Quincy is down here and it has been moved there because it has failed up on Whitwell."

Attorney James Masterman, who is an advisor to the city, said the Ross Lot land is less valuable because the city will require the construction of the medical office building. Donating the land to the developer, he said, is the best way to make the project financially feasible.

"We take all these various numbers – the costs, the rents expected – and we try to see if we can in fact have a value attributed to the land that would not render the project financially unfeasible," Masterman said. "How much do we have to provide to this developer to deliver this project?"

"Our results of our analysis is that donating the land is the least costly way of doing so for the city. It allows them an opportunity to create the financial feasibility and the success of this project."

Palmucci asked why the city would give FoxRock the land on which the company plans to build the hotel

Cont'd On Page 35

## Billings Street Proposal Withdrawn

By SCOTT JACKSON

The applicant seeking to build a new two-family home on Billings Street in North Quincy withdrew his request with the Zoning Board of Appeals poised to reject it.

Architect Mai Phung had sought permission on April 9 to subdivide the lot at 62 Billings St. and construct a new two-family home on half the lot on behalf of the property owner, Cam Hoang. The existing single-family home on site would be preserved.

The property at 62 Billings St. contains 10,890 square feet of land in a Residence B zoning district, according to the city assessors' online database.

Phung said the property would be evenly divided into two parcels with approximately 5,400 square feet of land in each. The units in the new two-family home would each contain two bedrooms, he said, and a total of four parking spaces would be available for the two-family home.

The property owner, Phung said, was asking to build the new two-family home on the land so he could accommodate his family members. He also said the proposal would fit in with the neighborhood because the owner of a similar-sized parcel at 97 Atlantic St. – located diagonally behind 62 Billings St. – had previously received permission from the board to build two two-family homes on site.

"I just want the board to know we're not asking too

much," Phung said.

One resident, Linda Lund of Billings Street, spoke during the ZBA meeting to voice opposition to the proposal. She said traffic and parking on her street was already difficult.

"It's a very narrow street," Lund said. "We have a terrible traffic problem there, terrible parking problem."

Board members said they could not support adding a two-family home with a single-family home already on site.

Michael Covais, the board's vice chairman, said he might have supported subdividing the land at 62 Billings St. and adding a single-family home, but could not support the addition of a two-family home. The board, he added, might have made a mistake in approving the plan at 97 Atlantic St.

"I don't like it. Maybe if it was a one-family," Covais said. "Maybe we made a mistake jamming in something on Atlantic, but I don't want to make the same mistake again."

Russell Chin said a single two-family home on the lot would be OK, but not the proposal before the board.

"I think one building that's a two-family on this lot would be OK with me, but a two-family plus a one-family on this lot seems to be too much," he said.

Brian Radell said five other abutting property owners would seek to do the same thing if the board ap-

proved the plan for 62 Billings St.

"I think it's too much," he said.

Phung was allowed to withdraw his application without prejudice before the board took a vote on the matter.

In other business April 9, the board heard plans from developer Michael Boyce for a new six-story, 24-unit residential building at 11 Newbury St. in North Quincy. Members of the ZBA voted to continue the hearing on the proposal until after the Planning Board reviews the matter.

Christopher Harrington, Boyce's attorney, said the plan includes 16 two-bedroom units and eight units with a single bedroom. Those units would be located on the top four floors of the building.

The bottom two floors of the new building would be used for parking. Because of the parcel's topography, Harrington said each parking level would have its own entrance – one on Newbury Street and the other on Densmore Street. A total of 43 parking spaces would be provided, including tandem spaces for the residents living in the two-bedroom units, which Harrington said is seven more than are required under the city's zoning code. Seven spaces would be reserved for guests.

In other action April 9, the ZBA: Approved Michael Grehan's request for a variance

to add an addition to the pre-existing non-conforming structure at 229 Centre St. The addition will allow Grehan to increase the number of residential units on site from two to four.

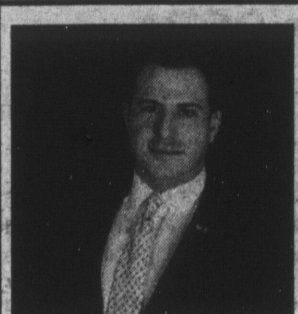
Approved the request of James Beatson and Caroline Krantz for a variance to add an addition and second floor on to 40 Monmouth St. Beatson and Krantz currently live next door and plan to move into 40 Monmouth St. once renovations are complete.

Approved Stanley Chin's request to add an additional attic and guest room space to each of the two units at 34-36 Jackson St. Chin will live in one unit and his daughter will live in the other.

Continued until May 7 a public hearing on Ian McDermott's plan to build a seven-unit residential building at 142 Willard St.

Continued until May 7 a public hearing on Hi Thai's request to tear down the single-family home at 213 Norfolk St. and build a new two-family home there.

Allowed William Phelan to withdraw without prejudice his request to build a 14-unit structure at 149-151 Intervale St.



Armando Agnitti, Esq., CISR  
Anthony Agnitti, CIC, LIA

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On Sunday, April 7, at approximately 2:55 a.m., Sergeant Stephen DesRoche was on patrol and stopped for a red signal at the intersection of Hancock Street and West Squantum Street. When the light turned green, the vehicles ahead of him proceeded southbound.

At this time, a vehicle approached from behind at a high rate of speed and passed the sergeant on the right. The estimated speed was 40-45 MPH which at the time was greater than reasonable due to the traffic patterns and other vehicles on the roadway. The driver almost struck another vehicle as the lanes go from two down to one a short distance after the intersection.

The vehicle then struck the curbing with his passenger side tires and then slammed on his brakes due to another car being in front of him. The vehicle then tailgated the lead vehicle, speeding up and then hitting his brakes as if he was trying to pass the vehicle. At this point, Sergeant DesRoche maneuvered his cruiser behind the suspect vehicle and pulled him over with blue lights and siren.

Upon approaching the vehicle, the sergeant immediately could detect an odor of an alcoholic beverage coming from the driver when he put his window down. After requesting license and registration, the driver asked the reason for the stop and Sgt. DesRoche informed him of the violations. When asked where he was coming from, the driver said, "From a party for his friend." When asked if he had observed the marked cruiser as he was approaching the initial intersection, the driver said he did not.

Sgt. DesRoche noted the driver's speech was slurred and he had glassy eyes.

At this time, Officers Connolly and Le arrived on scene to assist with the vehicle stop.

The driver was asked to step out and walk to the rear of the vehicle, which he did.

The driver was asked to perform some Field Sobriety Tests (FST) and he responded, "Yes...anything."

After determining there were no medical conditions, including diabetes and no physical limitation(s) that would prevent him from performing tests of balance and coordination, the first test was demonstrated and explained to the driver.

## A Job Well Done

By QUINCY POLICE LT. DAN MINTON

The first test was the Horizontal Gaze Nystagmus and upon completion, it was determined the driver eyes showed impairment due to a lack of smooth motion.

On the Walk and Turn test, the driver was instructed to walk 9 steps forward.

The driver used his hands to balance himself, missed heel to toe between steps 3 and 4, steps 5 and 6 and steps 7 and 8. He also took 12 steps instead of the instructed 9.

He also made an improper turn from the one demonstrated. On the turn around and return walk, the driver again used his hands to balance himself, missed heel to toe between steps 2 and 3, steps 5 and 6, and kept walking past the 9 steps.

The third test was the One Leg Stand. The driver began to raise his foot on three separate occasions but had difficulty maintaining his balance, as well as using his arms to catch his balance. Based on the results of the test, Sgt. DesRoche determined the driver was under the influence of alcohol, with diminished capability to operate his motor vehicle safely.

The driver, a 28-year-old Quincy resident, was placed under arrest and charged with operating under influence of liquor, operating negligently to endanger and speeding. During the booking process, the driver refused the chemical test to determine his blood alcohol content. Nice Work!

### Medicare scams:

Scam 1: Someone calls claiming to be from Medicare and says your Medicare number and credit card information are needed to sign you up for health coverage.

Solution: Hang up the phone. "Anyone calling saying they're an official Medicare agent selling you insurance is a

scammer," Adler says. Medicare does not call beneficiaries to sign them up.

Scam 2: Someone calls saying you have to sign up for a Part D Prescription Drug plan or you'll lose your Medicare coverage.

Solution: hang up the phone. Buying a Part D plan is completely voluntary and has nothing to do with the rest of your Medicare coverage.

Scam 3: Someone calls claiming to be a Medicare representative and says your billing information must be confirmed to keep your coverage active.

Solution: Again, hang up. Medicare employees will not cold-call you and are not allowed to ask for payment information on the phone or online.

Scam 4: An alleged insurance agent or broker calls to offer you a great deal on a Medicare supplemental insurance (or Medigap plan) or a Medicare Advantage private insurance plan.

Solution: This one is a little trickier. Listen to the person's pitch and ask for information in writing. If the agent is sending you an email, Adler says to make sure you have a virus scanner on your computer and don't click on a link that sends you to an unfamiliar website. You can also call your state insurance department to make sure that the company the caller says he represents is legitimate.

Chances are, if the caller is a scammer, once you start asking questions and refuse to turn over any personal or credit card information, the individual will hang up.

Scam 5: Someone calls asking for your new Medicare number to update your account and to send you the latest open enrollment information.

Solution: Stop. Do not give out your new Medicare number over the phone. Earlier this year, Medicare began mailing out updated cards that have an 11-character identifier that replaces Social Security numbers.

Medicare cards are free. New cards have been mailed to enrollees in 33 states and the District of Columbia and are in the mail to consumers in the other 17 states. If you haven't received your card, you can go to the Centers for Medicare and Medicaid Services' new Medicare card website to check on the status of the mailing to your state as well as to sign up for an email alert when your card is mailed.



LT. DAN MINTON

# QUINCY POLICE CRIME PREVENTION JOURNAL

## Quincy Police Statistics

April 5 - April 11

Calls: 952

Arrests: 26

Stolen Vehicles: 2

## FRIDAY, APRIL 5

**BREAKING AND ENTERING, 2:58 p.m., 1000 Southern Arty. Apartment.**

**MOTOR VEHICLE LARCENY, 9:13 p.m., U Haul, 438 Quincy Ave.** Overdue rental since March 11. Multiple attempts made to have it returned. Officer spoke to lessee at 9:50 p.m. and told him to return vehicle now. U Haul will call in morning if not returned. Store called back. Vehicle not returned.

**LARCENY, 10:57 p.m., Shaking Crab, 18 Cottage Ave.** Failed to pay bill. Fled in Mercedes GLK. Black male and two black females. Given plate comes back no record found. Store to handle.

## SATURDAY, APRIL 6

**VANDALISM/PROPERTY, 2:49 p.m., 400 E. Squantum St.** Landscapers on scene may have hit caller's car. Damage is a burn from hot machinery against the door.

**LARCENY, 4:26 p.m., E. Howard St.** Credit cards. Caller has video of suspect. Believed to be resident of building.

## SUNDAY, APRIL 7

**MOTOR VEHICLE LARCENY, 3:22 p.m., Vassall St.** Motorcycle. The motorcycle was towed by State Police. Involved in a motor vehicle accident on Chickatabot Rd. Caller advised of tow yard for retrieval.

## MONDAY, APRIL 8

**BREAKING AND ENTERING, 6:20 a.m., XS Brothers, 17 Temple St.** Caller was going into work and found a homeless man in the office sleeping. Arrest made.

**ASSAULT AND BATTERY, 11:50 a.m., 1250 Hancock St.** Active fist fight in progress. Sergeant authorized units on scene to cut the jacket and pockets of the defendant due to multiple syringes being located on his person during an uncooperative struggle. He has been placed under arrest and charged with trespassing, disorderly, resisting arrest and A&B.

**LARCENY, 2:55 p.m., Bigelow St.** IRS scam.

## TUESDAY, APRIL 9

**VANDALISM/PROPERTY, 6:08 a.m., Russell St.** 2006 Ford Explorer. Back window smashed sometime overnight. No suspect info.

**LARCENY, 9:53 a.m., Walmart, 301 Falls Blvd.** Possible customer took caller's Motorola cellphone from cash register counter today.

**LARCENY, 12:26 p.m., Middlesex St.** Medication.

**LARCENY, 4:20 p.m., 4 Seaport Dr.** Unfounded. Staff will follow up if they have any issues.

**VANDALISM/PROPERTY, 4:24 p.m., 2001 Falls Blvd.** Same reported incident last night. Someone duct taped door. Caller took tape off. Today door lock is out. Management put the duct tape there because of old age. Granite Locks were on scene. Fixed the lock. No vandalism.

**ASSAULT AND BATTERY, 6:10 p.m., Fr. Bill's Place, 38 Broad St.** Mouth bleeding. Ambulance requested. Person that assaulted him is still on scene. Both are separated. One to QMC.

**LARCENY, 8:23 p.m., Edgeworth Rd.** Had an argument with her niece. She claims she stole her purse with money and meds inside.

## WEDNESDAY, APRIL 10

**LARCENY, 6:53 p.m., Rice Rd.** Two scooters were stolen from the caller's yard. He has since recovered one.

**LARCENY, 8:54 p.m., Excelsior Condominium, 1 City View Ln.** Caller had packages delivered to the above address that were possibly stolen.

## THURSDAY, APRIL 11

**LARCENY, 9:08 a.m., 200 Coveaway.** Trustee reports fraudulent checks in excess of \$23,000 were written and cashed. Checks are from the property management company out of Bedford. Unknown where they were cashed. Corporation has multiple properties and wanted local police notified.

**ASSAULT AND BATTERY, 10:46 a.m., Quincy Post Office, 47 Washington St.** Two employees.

**LARCENY, 1:02 p.m., Piermont St.** Caller said her credit cards were stolen.

**VANDALISM/PROPERTY, 4:44 p.m., Home Depot, 465 Centre St.** Originally reported in February that someone poured nails into the engine compartment of his vehicle

while parked in the lot, causing damage. He is now at QPD looking for a report and requesting review of video footage from the store as they will not provide it to him.

**LARCENY, 5:34 p.m., Centre St.** Caller said an Amazon package containing hair clippers was taken.

**If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617-745-5719.**

**STOLEN MOTOR VEHICLES:** Vassall Street, 438 Quincy Ave.

**CAR BREAKS:** none

**BREAKS AND ATTEMPTED BREAKS:** Temple Street, 1000 Southern Artery

**If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.**

**To report suspicious drug activity, call the Drug Hotline at 617-328-4527.** You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

**To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is [dminton@ci.quincy.ma.us](mailto:dminton@ci.quincy.ma.us) - Lt. Dan Minton**

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Quincy Police Crime Prevention Journal list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

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# Real Estate

## Quincy Real Estate Transactions April 8 - April 12

Transactions are compiled by the Norfolk County Registry of Deeds

### SELLER

Joe Morgan  
Hing K. Mak & Jin B. Zhang  
Al P. & Louis F. Perez  
Lynch Family Nominee Trust  
Bright Investment Properties LLC  
Julia Crawford  
David B. & Kelly M. Meads  
Patricia Novak  
Huan N. Fang  
97 Atlantic LLC  
Joan M. & John Caruso  
Michael J. & Laura Raimondi  
Mary F. Landrigan  
Arlin Group LLC

### BUYER

Flaviano L. Dossantos  
Pei-Ju Chen  
Mao Z. Zhang & Hua Chen  
Thomas Laur  
Xiaoling Zhang, Qiong Yang & Da H. Mei  
Ruth Weld  
Melanie Bligh  
Stephanie Lindeborg  
Shengyi Wang & Xiaohan Peng  
Ryan A. Fritschy  
Shuk Y. Kwan & Sau Y. Chau  
Anisur Rahman & Ishrat Jahan  
99 Albatross Road Nominee Trust  
Huan Neng & Wan Ping Fang & Minyi He

### AMOUNT

\$500,000.00  
\$425,000.00  
\$535,000.00  
\$550,000.00  
\$368,000.00  
\$799,000.00  
\$386,000.00  
\$359,900.00  
\$395,000.00  
\$539,000.00  
\$339,999.00  
\$523,700.00  
\$428,700.00  
\$538,000.00

### ADDRESS

118 Dysart Street  
25 West Howard Street Unit B1  
15 Ferndale Road  
166-168 Highland Avenue  
91 Dickens Street  
15 Clifton Street  
64 Willard Street Unit 406  
38 Independence Avenue Unit 38  
72 Sagamore Street Unit 74A  
97 Atlantic Street  
72 Centre Street Unit 72D  
19 Rice Road  
99 Albatross Road  
3 Newbury Avenue

## Ask Barbara Graceffa: Coffee, End Table Measurements; Dedicated Laundry Room

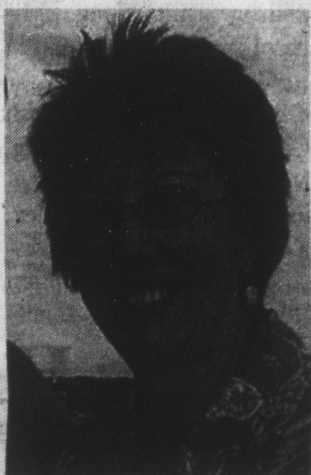
*Before I go shopping for a new coffee and end tables, are there any standard measurements I should know? Teodora*

A very smart question! So get out your tape measure before shopping to ensure the scale of your tables aligns with your furniture pieces.

When it comes to the height of a coffee table, the table top should be as high or 1-2 inches lower than your seat cushion height (which typically range between 15-22 inches). For example, if your cushions rise 19 inches above the floor, a 17 inch tall coffee table is appropriate. There are exceptions to the rule, like a Chippendale style tea table is typically taller while nesting tables vary in height and may better fit the sizes of your family members, including the children who may be accessing the table while sitting on the floor.

When it comes to the width of a coffee table, figure on two thirds the width of the sofa as the proper size. And be sure you have 12-18 inches of legroom between the coffee table and sofa.

End tables, too, should be compatible to sofa, loveseat, and chair sizes. They should be approximately the same depth as the furniture piece they flank and their height should be +/- 2 inches to the height of the arm of the furniture piece.



BARBARA GRACEFFA

**Here's another tip:** When choosing lamps for your end tables, the bottom of your lamp shade should be no taller than eye level when you are sitting down.

**One final tidbit:** The days of matching tables are long gone. Sure you will still see them in furniture showrooms, but your décor will be far more interesting with eclectic pieces that look like they were gathered over time. So, don't be afraid to mix a wicker trunk paired with a Martha Washington sewing cabinet and carved antique table as end tables to create a beautiful statement in your home.

*I've always wanted a dedicated laundry room. I plan to carve out a space in my large kitchen, but I don't know where to begin. Lola*

Begin with a wish list. In addition to appliances, other desired functions will require space to house dirty laundry, presoak stained

clothes or handwash delicacies in a sink, fold or hang clean clothes, store cleaning supplies, iron or steam clothes, and anything else you dream up.

Then consider the advantages and disadvantages of the washer and dryer models themselves. If you want a top load washer, side-by-side models are your only option. Note that the new models are very deep and shorter people have trouble retrieving clothes from the bottom of the tub.

If a front load suits your fancy, stackables are the way to go. While you save

on overall floor space, front loaders take longer to wash your clothes, yet they have larger capacity allowing you to do more in one load.

Although they are also more expensive than top loads, you will save money using less water and detergent. They are also gentler on your clothes because they do not have an agitator, but proper maintenance is required to combat the frequent cries of mildew in front loaders.

Next, consider your needs for hanging bars, drip dry racks, extra plumbing for a sink, cabinets versus

shelves, countertops for folding laundry, hanging and floor space for an ironing board, and the like. Finally, before sketching out the room, don't overlook the smaller details like rolling laundry carts or shelf heights for laundry baskets as well as how many of each you will need.

With your budget and all these measurements in hand, you can now plot out the room. Then comes the stylistic part of the design where you can pick out colors, flooring, lighting, cabinet doors and hardware, storage containers, and, if

space allows, artwork and accessories.

*Do you have a decorating challenge needing a professional solution? Send your questions to Secretary of the Interior at [barbara@sec-interior.com](mailto:barbara@sec-interior.com).*

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates. For more information on her services, to view her portfolio, and to read testimonials about her work, visit [www.sec-interior.com](http://www.sec-interior.com). Or you can reach her at 617-921-6033.

## Concert April 24 At Eastern Nazarene College

The Symphonic Winds and A cappella Choir at Eastern Nazarene College will present their final concert of the semester on Wednesday evening, April 24th, beginning at 7:30 p.m.

The concert is held in the Cove Fine Arts Center, located on Wendell Avenue. Following the concert their will be a collation for all of the performers and attendees.

The program for the Symphonic Winds will include a wide variety and style of music. There will be a very spirited performance of the Irish Washer Woman, as penned by local composer Leroy Anderson; a Richard Rodgers arrangement of selections from the musical

The King and I, a contemporary setting of George Bizet's Farandole, several standard pieces of instrumental band repertoire and a wonderful Motown medley entitled Hitsville, USA.

Conducting will be professor Stephen Bell, now in his 16th year as the instrumental music director.

The A cappella choir, directed by Miss Stephanie Beatrice, will be performing several unaccompanied sectionals but will also include a presentation of the Navy Hymn, Eternal Father, Strong To Save, accompanied by the wind ensemble. This will be in commemoration of the 75th anniversary of the landing of Allied

Forces on the beaches of Normandy, which was the largest amphibious operation known to man.

This concert is presented

### 'Message Of Music' Concert

Milton Community Concerts will present "A Message of Music," featuring the Boston City Singers Tour Choir, on Sunday, April 28 at 3 p.m.

The concert of classical, jazz, gospel, and African folk songs will take place at First Parish of Milton, 535 Canton Ave., and will feature a choir of 35 singers,

at no cost to the public and will close out the concert season for both of these ensembles.

ages 12-18, from many parts of Greater Boston. Also performing will be the Croatia musical ensemble PAJDASI.

Admission is free; offering will be taken to support fundraising for their upcoming tour of the Czech Republic, Croatia, and Bosnia-Herzegovina. A reception will follow.

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## 386 On Atlantic Middle School Honor Roll

Three hundred eighty-six students are listed on the second term honor roll at Atlantic Middle School.

### HIGH HONORS

**Grade 8:** Brianna B. Alvarado, Bridget A. Capone, Natalie Chan, Yvonne N. Chan, Donna Chen, Jingen Chen, Erica C. Cheung, Melanie J. Chretien, Ava M. Cook, Abigail B. Coughlin, Joycelynn D. Diep, Mary M. Dineen, Diep N. Doan, Maya E. Egan, Nicholas E. Enbar-Salo, Caitlin M. Fee-ney, Artiom Fernandez Correa, Matthew S. Fitzgerald.

Hui Xian Guan, Van K. Hoang, Suleka J. Hussein, Graeme W. Johnston, Helen Ke, Lauren C. Lai, Ebony A. Lake, Beck A. Lamotte, Jennifer M. Lee, Kayla G. Lew, Huoer Li, Isaac T. Li, Hao Lin, Allyson A. Liu, Alyssa L. Ly, Mahnoor Malik, Molly A. McGovern, Khang D. Nguyen, Tracey Nguyen.

Keiko E. Shafton, Zixian Situ, Jeffrey Z. Tam, Nicolas J. Tang, Phuong N. Tran, Aaron Tsang, James Weng, Joseph K. Whooley, Emily Z. Wu, Isabelle Wu, Tammie A. Xu, Yong Wen Xu, Jacky Zhao, Allen Zheng, Amy Zheng, Ivan Zou.

**Grade 7:** Ruby E. Ahern, Aniyah Barros-Johnson, Elle M. Blahut, Emma M. Boylan, Elizabeth G. Brown, Brian Chen, Franklin Chen, Meiki Chen, Thomas Chen, Tiffany S. Chin, Maggie G. Ching, Nathan M. Choi, Cecilia G. Cronin, Diana Dang, Kody L. Dejesus, Brian Duong, Huan C. Duong.

Loukas N. Fehan, Thomas M. Ford, Paige P. Grippi, Stephanie Guan, Ava I. Hawco, Chloe A. Hawco, Johnny Hoang, Katherine S. Huang, Xiu Ying Huang, Leila Y. Keaney, Casey A. Kelly, Hong Ni A. Lau, Ethan H. Li, Huilin Li, Wenbin Liao, Chryzza Jane Las Librea, Raymond S. Lin, Ruhan Lin, Yan Lin, You Lin, Marcus D. MacDonald, Jade E. Manning, Charlotte R. McCarthy, Danyan Mei.

Casey B. O'Connell, Brendan J. O'Driscoll, Jessie X. Pan, Enhea Panariti, Briana T. Pham, Jason T. Preziosi-Madden, Emily Quach, Anushka Raj, Sophie R. Shaw, Violet F. Shaw, Madeline B. Smith, Brianna-Mary Sullivan, Martina C. Thomas, Kyle J. Tolini, Simone M. Trainor, Meera C. Watkins, Brian A. Wolowicz, Irene L. Wu, Jialin Yu, Wilson T. Zhang, Daniel Zhen, William Zhen, Jamie Zheng, Leon Zheng, Roger Zhu.

**Grade 6:** Isabella R. Carey, Lillian E. Carey, Anna X. Chen, Emily Chen, Henry Chen, Jessica J.

Chen, Kathley Chen, Maggie Chen, Zhe Hao Chen, Nancy Chieu, Molly M. Colantonio, Khanh Linh Dang, Erin G. Della Barba, Antoni Duong, Athena Duong, Liam S. Faherty, Joey J. Ferolito, Stephan W. Foo.

Kevin F. Gillespie, Esmerelda A. Giordano, Alexandra R. Guia, Annie S. Hays, Jonathan Huang, Lila G. Hunt, Caitlyn C. Huynh, Keilyn M. Irwin, Sophie Jiang, Andy Li, Johnny Li, Yu Zheng Li, Jessica K. Lin, Laura Lin, Ryan Lin, Vincent Q. Lin, Austin G. Lio, Brian G. Lio, Charlotte W. Liu, Kevin Liu, Sofia S. Luo, Ky A. Ly, Joey Man, Ellen L. Manning, Grace E. McGillicuddy, Emma M. McGovern, Sarah E. McKenna, Isabella D. McKenzie.

Joanne Mei, Rachael M. Merrigan, Liam G. Murphy, Vy Y. Nghiem, Kimy E. Ong, Jiayi Ou, Ruby J. Pan, Pitchada Phet-An, Ayden J. Rosario, Maya Rosenthal, Irena Shi, Fiona L. Troy, Jocelyn G. Walt, Avery F. Wood, Amy Wu, Ruobin Xiao, Ruiqiong Yan, Jonwah Yi, Jenna A. Zarges, Annie J. Zheng, Avril Zheng, Xin Zheng, Fiona Zou, Tina Zou, Vicky Y. Zou.

### HONORS

**Grade 8:** Dylan S. Almeida, Ali H. Alzubaidy, Sachi Andrade, Amariana J. Astacio, Lea R. Bergin, Jessica Chen, Yumiko Chow, Shaelyn A. Clark, David J. D'Antona, Ella M. Gates, Aida Lee B. Giordano, Alan Q. Huang, Jiahong Huang, Jiaqi Huang, Ken Huang, Megan Huang, Oscar Huang, William Huang, Ava E. Hunt, Elton D. Huynh.

Xinyi Liang, Christine H. Loney, Miranda K. Luke, Tuan V. Ly, Matthew C. MacWhinnie, Heidi Malushi, Giordano J. McKenzie, Marcus W. Moore, Nicholas Y. Moy, Anh Q. Nguyen, Mitch J. O'Brien, Solana C. Ocean, Jake M. Ollmann, Thanby A. Ong.

Alex Pham, Zifeng Ruan, Vincent Shi, Asani T. Smith, Lilah R. Swain, Julia Tow, Jada Tran, Jia Lin Weng, Zeyi Xiao, Jocelyn A. Yee, Joey Yu, Yanfeng Yu, Emily Zeng, Jacky C. Zhang.

**Grade 7:** Charles J. Ambroult Jr., Makayla R. Batson, Leilan L. Bias, Matthew P. Bowes, Truett K. Bramlett, Michael T. Campbell, Helen N. Cao, Tina Cao, Sofia Caraballo, Molly A. Carroll, Lillian E. Champagne, Chris C. Chen, Kevin Chen, Natasha Chieng, Anthony F. Chiu, David W. Connolly, Sean P. Connolly, Adalee K. Crowley.

Christian X. Devin, Sarah P. Doyle, Kayla

Eth, Scott S. Feterowski, Malakai H. Ficklin, Alex Galligan-Kuntupis, Paul J. Glynn, Dominic E. Gonzales, Kenny Guan, Nora A. Hill-Hassani, Katherine J. Huang, Jack Hufnagle, Sophie T. Huynh, Jillian C. Jaehrig, Liam E. Kelliher, Anton K. Kennedy, Avery F. Kennedy.

Catherine Li, Luke P. Leung, Meng Jie Lin, Mindy Lin, Justin Liu, Oscar Y. Liu, Michael P. Lopez, Grace E. Lowe, Shi Yan Lu, Tucker E. MacDonald, Alex Mei, Mirlandy Michel, Kathy Q. Mo, Elora S. Nemptovich, Owen Ni, Liam J. Olson, Christopher J. Pham, Nicky M. Pham, Michael C. Phinney, Brendon S. Porto.

Ruoxin Qiu, Ayaan Rahman, Mia E. Santosuosso, Viet Q. Tran, Hao Trieu, Kyle J. Tsang, Gabrielle O. Van, Anthony J. Vo, Conor G. Walsh, Emmet G. Walsh, Hecheng Weng, Jing Qi Weng, Michael Wong, Dennis F. Xia, Jacky Zhang, Janice Zhao, Tristan G. Zhao, Owen Zheng, Jason Zou.

**Grade 6:** Julia D. Bauman, Mia G. Bozinovski, Brian P. Buckley, Ezekiel G. Burke-Lewis, Stephen M. Byrnes III, Riley M. Calvert, Megan C. Carey, Averie E. Carson, Rachel Y. Chan, Thomas K. Chan, Nicholas Chen, Wei Chen, Zeng Shi Hao Chen, Wing Chai Cheng, Seamus O. Conneely, Elliot M. Coulter, McKenzie E. Crowley.

Payton R. Day, Francis W. Delfu-Boudreau, Gabriel S. Deoliveira, Vinh T. Dinh, Phuong N. Doan, Charlotte M. Donovan, Taylor O. Dos Santos, Kameron J. Enos, Michael F. Geary, Marshall D. Gowell, Zoe K. Grossfeld, Garson Guan, Safaa Hadrach, Han Huang, Jason J. Huang, Kevin Huang, Lawrence S. Huang.

Gabriella M. James, Dominick M. Jones, Finn T. Kelly, Yash Khetan, Trisha H. La, Linda Lao, Mignon Li, Spencer K. Li, Allan C. Lin, Hayley Lin, Ren Qiang Lin, Triston Lin, Jason Liu, Anthony A. Magnarelli, Ian M. Manning-Harvey, Erin E. McCole, Colby E. McIntosh, Christopher T. Morgan, Lucas I. Mota, Adam T. Myers.

Emily J. Ou, Aryanna J. Paige, Ian J. Ronan, Michael G. Silverman, Stephanie Y. Sun, Eric Tang, Luan Q. Tran, Brady Trinh, Matthew A. Wallace, Thomas S. Walsh, Henry Y. Wong, Joyce Wong, Alex Z. Wu, Wen Qian Wu, Ryan M. Xu, Jackie C. Ye, Alana H. Yun, Mikael Zerva, Jingwen Zhen, Joyce Zheng.

## 137 On Point Webster Middle School Honor Roll

One hundred thirty-seven students are listed on the second term honor roll at Point Webster Middle School.

### HIGH HONORS

**Grade 8:** Yaseen Ali, Zaila Alves, Jason Au-Duong, Jayda Berry, Keerthana Bhuvanani, Saahithi Bhuvanani, Kayla Blatcher, Isabella Carinci, Vanessa Chan, Alicia Charbonier, Ruben Charles, Elaine Chung, Elham Elham, Bonnie Huang, Ismayil Ismayilov, Shubham Kumar, Josephine Leung, Ivan Li, Meidong Ma, Deekshita Madhalam, Emily Nguyen, Kelly Phu, Satya Pulapa, Kenneth Reale, Ivy Tiet, Kaitlyn Vo.

**Grade 7:** Amina Amimer, Dahrien Bernabel, Daniel Chen, Thomas Curtin, Miguel Dos Reis, Kathy Duong, Florence Huang, Jayakrishna Kambampati, Michelle Le, Katelyn Leong, Ganga Mahesh, Shea McSweeney, Vanessa Mei, Melina Papadopoulos, Yoeku Sam, Nancy Tran, Alexander Vo, Hannah Wa-

## 179 On Sterling Honor Roll

One hundred seventy-nine students are listed on the second term honor roll at Sterling Middle School.

### HIGH HONORS

**Grade 8:** Collincia Adwoa Agyapomaa, Max Argand, Edwin G. Astronomo Jr., Christopher D. Burr, Peter M. Cooney, Rebecca L. Da Silva, Rebekah H. Dang, Brandon L. Hibbard, Bridget A. Hoare, Ciara R. Knight.

Aden E. Le, William D. Le, Thomas J. McGillicuddy, Colin K. McPherson, Savannah M. Moore, Lillian T. Nguyen, Trang T. Nhu, Nicholas K. Pereira, Marissa R. Rodriguez-Davis, Katrina M. Tran.

**Grade 7:** Ryan A. Ait-said, Wajeeha M. Al-Khatib, Kyla R. Barter, Daniel R. Bertoldi Jr., Abigail S. Bither, Bryce W. Campbell, Kelly W. Chan, Jaythan M. Figueroa, Jayden Guerra, John D. Henson, Izabella M. Jorge, Madison E. Lawton, David Li, Tameka F. Liang, Taylen R. Marquez, Kiera R. McCann, Atigam Morrow.

Rhea Narasimhan, Amy B. Nguyen, An Pham, Michelle L. Phung, Maurice J. Reid-Jackson, Robin D. Roldan, Kaitlyn E. Sampson, Brielle M. Schlager, Sean C. St. Fort, Mia R. Stallbaum, Zoe E. Stallbaum, Devin J. Stewart, Jonathan Tran, Khoi-Henry N. Tran, Stanley T. Tran, Dao N. Truong, Kalliope Q. Tucker, Brianna White-Palmer, Aliya J.

ters. **Grade 6:** Dilsha Chebolu, Meadow Cooper, Chloe Duong, Shauna Foran, Milan Le, Vanessa Leung, Kayla Monroy Ochoa, Melanie Moy, Sandhana Sevintikalisanar, Mirudulaa Suginathan Yamini, Henry Tang, Yuliana Woodbury, Zuhra Zuhra.

### HONORS

**Grade 8:** Amira Aitsaid, Jose Binet Gomez, Angel Bresnahan, Vivian Burke, Kyle Cao, Ashley Chamu Charco, Andy Chen, Haobin Chen, Rugved Doke, Urangoo Enkhjargal, Daniel Gedutis, Kloe Gora, Shawn Kozlowski, Christian Gabriel Las, Elysha Louis, Dayanie Mejia Cisneros, Arisa Nakanishi, Ginubala Ramakrishna Kumar, Julia Rue, Adner Sanchez Llano, Allison Thiha-Wong, Michael White.

**Grade 7:** Aiva Bailey, Calvin Mark Bayot, Yash Chaphekar, Jason Chieng, Mayara Clem, Kian Cramp-ton, Antonio Gonzalez, Kevin Gray, Makayla Gustafson, Tina Huang, Lam Huynh, Elizabeth Jones-

Wiggins, Shirley W. Yang, Xuexin Zhao.

**Grade 6:** Ali A. Al-Rekabi, Minsy M. Chan, Aidan D. Cronin, Rachel L. Da Silva, Raysa Difour, Eduarda Helena Garcia Correia, Jordan T. Huynh, Daniel P. Jones, David Lantigua Puerta, Linda C. Lau, Ramses I. Martinez, Marquis Martins, Robert G. Mbrice, Jin T. Mei, Olivia P. Moura.

Chi Tin Nguyen, Huy L. Nguyen, Nathan T. Nguyen, Vianna Truong, William R. Truong, James C. Walsh, Kyle A. Weng, Yongqi Wu.

### HONORS

**Grade 8:** Brianna M. Backman, Aisha Marjorie Batista, Maerlande Bregard, Dynasty V. Cardoso, Kenny Chen, Jeremy R. Costigan, Amy H. Dang, Carolyn Francisca De Moura, Sarah M. George, Rebekah H. Hall, Jack Le, Alex A. Lei.

Shannen K. McCarthy, Christian A. Monteiro-Spagnolo, Jerald D. Mortel, Brenda A. Moura, Ty J. Neal, Hong Nhu Quynh Nguyen, Connor W. Putnam, Andrew P. Riva, Arunee J. Sundosd, Nhut Quang Verrier, Jaiyony Y. Vigo, Almona Vojkollari, Brandon K. White.

**Grade 7:** Jaiden S. Bauzo, Nolan P. Boring, Briana M. Casey, Dana Davila Castro, Amanda S. Demelo, Liam D. Foley, Weijie Guan, Kevin J. Heim, Ashley D. Lambiasi, Patrick E. Leonard, Isaac K. Li, Haoyuan

Donofrio, Vy Le, Hawa Mohamed, Justin Nguyen, Thomas Nguyen, Jimmy Nim, Gabriel Rodrigues, Mingen Su, Nayala Torres, Jennifer Wong-Dadaraung, Jessica Wu, Daniel Yang, Baoqing Yu.

**Grade 6:** Noah Amorim, Genesis Anderson, Ki-ora Brown, Charles Burnie, William Clarence Caberoy, Kelvin Centeio Lopes, Jenna Christian, Sean Conover, Joseph Curtin, Hellenia De Oliveira Souza, Julia De Souza, Manlai Enkhjargal, Eugene Foong, Jayden Francois.

Ali Goutay, Ella Halley, Alexandra Hoey-Ventura, Ngoc Huynh, Kam-eron Joseph, Aadithyan Karthikeyan, Konrad Kloczkowski, Jomana Kmail, Amino Marielle Schekinaelle Kousassi, Lohitaksha Kartik Kujala, Sophia La-Penna-Hayes, Leah Liberman, Mary Luong, Maleena Miller Ava Neal, Emily Nim, Donovan O'Connell, Adrian Pena Mendez, San-jith Puvvada, Jasmine So, Mia Tratzinski, Isabella Zakhary.

Lin, Elisa Lopes Moniz, Omar N. Lopez, Charles Lu, Jeylin L. Lugo.

Sophia Martins Rodrigues, Mohammed Ali Messoudi, Tahmyl J. Mitchell, Rayane Mountassir, Elianna T. O'Neal, Rayara Tavila Oliveira Silva, Esther D. Oliveira, Owen W. Parnell, Victor Anderson H. Pereira.

Sneha Rana, Nathan W. Sampson, Yalena A. Sotelo-Cordero, Dyaamond J. Velasquez, Olivia S. White, Galayna M. Willis, Keirsten N. Yost, Alannah D. Young, Elvin Zheng.

**Grade 6:** Violet G. Ban, Sarah A. Buck-Cucinatta, Jacky K. Chui, Paul A. Cole, Dunal G. Delankage, Brandon Feng, Sumaya B. Finklea, Ana Carolina Gomes De Paiva, Austin S. Gordon, Dorene E. Haileselassie, Ken Huynh, William T. Kennedy, Jordan J. Leathers, Eric Lin, Thy G. Luong, Isabela M. Lutz, Fiona D. Ly.


Joseph F. Maloney IV, Jacob C. McElaney, T'Khari L. Mercer, Daoud Messaoudan, Sterling D. Moraldo, Jayden H. Ngo, Jeffrey C. Nguyen, Vanessa L. Nguyen, Joseph Nista, Vanniah J. Preval, Anna F. Ramos, Maria C. Ramos, Cameron P. Sampson, Justin K. Santos-Silva, Josue D. Silva, Debora Soares, Diego C. Tavares-Goncalves, Bassma S. Torky, Ana S. Valencia Acevedo, Michael V. Varela, Kody Wong.

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Beth Israel Deaconess Hospital  
Milton

# healthier



## \$165K Raised For Interfaith Food Pantry, Counseling Services

Interfaith Social Services, the South Shore's multiservice center for families in need, announces its 2018 Capital Campaign has been fully funded.

Donors contributed more than \$165,000 to purchase a new walk-in freezer for the food pantry and a larger capacity food rescue truck. Funds were also allocated to reconfiguring office space to create more mental health counseling offices, and to

facilities improvements, including energy efficient lighting fixtures.

Interfaith, located in Quincy, operates one of the largest emergency food programs in Greater Boston as well as a mental health counseling center and homelessness prevention program. Interfaith's programs are a safety net for thousands of children and families from the South Shore who are struggling to

make ends meet.

In the past decade, Interfaith has seen the number of food pantry clients climb from 10,000 per year to more than 23,000. In the same time period, the New Directions Counseling Center went from providing 1,900 counseling sessions to more than 2,500 sessions per year. As programs have expanded, the need for facility improvements became

apparent.

"These changes will make a significant impact on our organization," said Rick Doane, Interfaith's executive director. "We will be able to rescue even more food — keeping it out of landfills and getting it to those who need it most. And the counseling center changes will make sessions more private and allow us to get mental health assistance to more people, more quickly. Thank you so much to the donors, businesses and foundations that contributed to this vital campaign."

The following donors gave generously to help Interfaith reach their goal: HarborOne Bank, Amelia Peabody Charitable Fund, Eastern Bank Charitable Foundation, Greater Boston Food Bank, James Cahill & Gillian Grossman, Kurt & Sarah Livermore, Lauren Payne & William Swanson, First Congregational Church of Milton, Sarah & Scott Alessandro, Mary & Thomas Dinneen, Rockland Trust, South Shore Bank, Holly & Joseph Andrus, Joanne Cormack, Bethesda Lodge No. 30 I.O.O.F., Ethel Schow, Judith Gundersen, Justine & Ralph Palmieri, Jay & Gail Marvin, Maureen & John O'Donnell, Kevin &

of life. The MCOA is also sponsoring a fashion show and raffle to benefit DOVE on Thursday, May 2, and is accepting raffle prizes for that event.

Cong. Beth Shalom of the Blue Hills' Mitzvah Program, operating under the Jewish tenet that "doing good deeds is an obligation," provides service to the community by both congregants and wider community members, and seeks to involve others, including schools, houses of worship and organizations.

For more information, call 617-698-3394, email [office@BethShalomBlueHills.org](mailto:office@BethShalomBlueHills.org), or visit [www.BethShalomBlueHills.org](http://www.BethShalomBlueHills.org).

### Beth Shalom-Blue Hills, MCOA Helping DOVE

As part of its Third Thursday Community Service Mitzvah Program, Congregation Beth Shalom of the Blue Hills is working with the Milton Council On Aging in a fundraising drive to benefit DOVE: Domestic Violence Ended ([www.dovema.org](http://www.dovema.org)).

DOVE has been helping women and children who are victims of domestic violence for over 40 years, with its 24-hour hotline, emergency shelter, advocacy services, support groups, legal services and community outreach and education.

The synagogue and the MCOA will be collecting monetary donations and

personal items, such as shampoo, soap, toothpaste, etc. at the synagogue at 18 Shoolman Way (off Lodge Street) in Milton, until April 30th. The hours of collection are Sundays 9 a.m. to 12:15 p.m., and Monday through Thursday, 9 a.m. to 3 p.m. until the last day of the drive, Tuesday April 30th.

All donations from the community are greatly appreciated.

The Milton Council On Aging is a department of the town established to respond to the needs of seniors, some of whom become victims of domestic violence, and enhance their quality



INTERFAITH SOCIAL SERVICES' employees celebrate the success of their recent capital campaign in the back of their new food rescue truck. Purchased with the campaign funds, the new refrigerated truck will allow them make fewer trips and collect twice as much food for hungry South Shore families. Shown in back row, Food Pantry Driver Geoff Bowen. Front row, left to right, Food Pantry Manager Eileen Kelly, Development Director Paula Daniels and Communications Manager Jennifer Sammons.

Photo Courtesy Interfaith Social Services

Cristina Duggan, George Rice, Elaine Joseph, Maggie Trudel, Karissa Colonel, Mary Ann & Robert Skjold, Evan Smith, William Carlson, Joanne Farrington, Cara Gallucci, Liz Tayne, Mark Pachelli and Michael

Burke. Two anonymous donors each donated \$10,000 and one anonymous donor contributed \$20,000.

For more information about Interfaith Social Services and programs, visit [www.InterfaithSocialServices.org](http://www.InterfaithSocialServices.org).

To our Jewish brothers and sisters,

"Now the blood shall be a sign for you on the houses where you are. And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt."

Exodus 12:13

Happy Passover

Mayor Thomas P. Koch  
and Family

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# Sheila McIntyre, 87, Wife Of Former Mayor James McIntyre, Passes Away

A Mass of Christian Burial for Sheila (Read) McIntyre, age 87, formerly of Niagara Falls, N.Y., will be celebrated Monday, April 22 at 11 a.m. at Saint John the Baptist Church, Quincy. Mrs. McIntyre died April 14.

She was born March 30, 1932, the daughter of Charles and Loretto (McCall) Read. She attended St. Mary's Grammar School in Niagara Falls, N.Y., and graduated from Loretto Academy, Niagara Falls, Ontario, in 1949. She received her B.S. in Nursing



**SHEILA MCINTYRE**

from Niagara University in 1953, and worked as a surgical nurse. (Sheila later volunteered in the ER at Quincy Medical Center.)

Sheila was a member of

St. Boniface Haiti Foundation, traveling to Haiti twice for a work retreat and an immunization program. She also served on several boards, including the Rice Eventide Retirement Home, Father Bill's Place, Quincy College, the New England Organ Bank, and the UNOS Donor Transplant Committee. She travelled as a speaker for the New England Organ Bank, promoting organ donation. She was chosen by Woodward School as a Woodward Woman of Distinction and was honored to have Father Bill's home for



**SHEILA MCINTYRE** places a plaque on the wall of a veterans' home in Quincy that was dedicated to her in 1998. With her is Fran McMorrow, director of the "Sheila McIntyre Veterans Home." Mrs. McIntyre, a longtime advocate for veterans issues among other worthy causes, died Sunday. She was 87.

*Quincy Sun File Photo/Robert Noble*



**MCINTYRE FAMILY** gathered at City Hall in November, 1985, for the dedication of the James R. McIntyre Government Center in memory of the city's former mayor and state senator. From left: daughter, Sheila; son, Charles; son-in-law Marine Capt. Andrew Engelke with son James Engelke; daughter, Elizabeth McIntyre Engelke with three-week old daughter Sarah Engelke; and Mrs. Sheila McIntyre.

*Quincy Sun File Photo/Charles Flagg*

veterans named after her.

Sheila was predeceased by her husband, James R. McIntyre, State Senator and Mayor of Quincy. Sheila was the mother of the late William Francis II (1958-1958) and William Francis III (1964-1983), and is survived by Elizabeth (McIntyre) Engelke and her husband, Andrew Engelke of Leander, TX; Sheila McIntyre and her husband, Michael von Herff of Ottawa, ON; and Charles McIntyre

and his wife, Erin (Hoey) McIntyre of Concord, NH; and Patricia Marella, an honorary McIntyre daughter. Proud Grandma to James Engelke and Misty Day, Sarah Engelke, William, Silas, and Lucy von Herff, and Connor and Seamus McIntyre. She was "GiGi" (great-grandmother) to Phineas and Thomas Engelke.

Sheila is also survived by many nieces, nephews, and Godchildren. Special grati-

tude to Sunrise Senior Living and Ascend Hospice for their loving care of Mom.

Visiting hours are at Keohane Funeral Home Friday, April 19 from 4 to 8 p.m.

Burial at Mt. Wollaston Cemetery will immediately follow the Mass Monday.

In lieu of flowers, memorial donations may be made to either the St Boniface Haiti Foundation ([www.haitihealth.org](http://www.haitihealth.org)), or Father Bill's & MainSpring. (<https://helpfbms.org>).

## Woodward School

Educating Girls Since 1894  
College Preparatory . Grades 6-12



**Visit Woodward Day**  
**Friday, April 26th**

Girls entering Grades 6-10 are invited to Woodward for a day of classes, to learn about our curriculum, arts programs, athletics, personalized college counseling, and safe, encouraging community.

RSVP to [admissions@thewoodwardschool.org](mailto:admissions@thewoodwardschool.org)

**Announcing New Middle School Scholarships**  
**for Grades 6, 7 & 8**

[thewoodwardschool.org](http://thewoodwardschool.org)

1102 Hancock Street, Quincy MA 02169  
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(617)773-5610

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**To our Christian brothers and sisters,**

**"Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling places. If it were not so, would I have told you that I would go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going." Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me." John 14:1-6**

*Wishing you a Blessed Easter*

**Mayor Thomas P. Koch  
and Family**

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# HOLY WEEK and EASTER SERVICES

## Quincy Catholic Collaborative

The Quincy Catholic Collaborative - St. Mary, St. Ann and Sacred Heart Parishes - announces its schedule of Holy Week and Easter services.

On Wednesday, April 17, Mass is at 7 a.m. (Sacred Heart) and 9 a.m. (St. Ann). The Sacrament of Reconciliation will take place from 6:30 to 8 p.m. Wednesday at all three parishes.

On Holy Thursday, April 18, Evening Mass of the

Lord's Supper will begin at 7 p.m. in St. Mary, with Adoration of the Blessed Sacrament there until 9 p.m.

On Good Friday, April 19, Stations of the Cross begins at 3 p.m. in Sacred Heart. Celebration of the Lord's Passion is at 7 p.m. there also.

On Holy Saturday, April 20, the Vigil of the Lord's Resurrection begins at 7:30 p.m. in St. Ann.

Easter Sunday Masses on

April 21 will be celebrated at 8 and 10:30 a.m. in St. Mary; 7:30 and 10 a.m. at Sacred Heart (no 6 p.m. Mass); and 9 and 11 a.m. in St. Ann.

St. Mary Parish is located at 95 Crescent St. in West Quincy. St. Ann Parish is at 757 Hancock St. in Wollaston and Sacred Heart is at 386 Hancock St. in North Quincy. The collaborative's website is qcc14.org.

## First Baptist Church Of Wollaston

The First Baptist Church of Wollaston, 81 Prospect Ave., announces its schedule of Holy Week and Easter services.

For Maundy Thursday,

April 18, worship and Communion is at 7 p.m.

On Good Friday, April 19, service will be held from noon to 1 p.m.

On Easter Sunday, April

21, a worship service titled "Jesus Christ is Risen! He is Risen For You!" will begin at 10:30 a.m. An Easter Egg Hunt for children is scheduled following the service.

## Wollaston Church Of Nazarene

Wollaston Church of the Nazarene, 37 E. Elm Ave., announces its schedule of Holy Week and Easter services.

On April 19, the Com-

munity Good Friday Service will be held at 7 p.m. at United First Parish Church, Quincy Center.

On Easter Sunday, April 21, a Community Sunrise

Service will be held at 6:30 a.m. on Wollaston Beach. The "Word and Table" service is at 8 a.m. Worship and baptism service is at 10 a.m.

## Lighthouse Fellowship Church

All are invited to come and participate in the Easter service at Lighthouse Fellowship Church, 73 Newbury Ave. The service begins at 10 a.m. Sunday.

The service will be preceded by an Easter breakfast prepared and served by members of the church. As always, the sermon will be presented by Pastor Mike Fehan on the death and resurrection of Jesus Christ.

Lighthouse Fellowship is a newly merged church dedicated to bringing the gospel to the neighborhood and city of Quincy.

The many missions of the church will be highlighted by two mission

trips. The first is scheduled for mid-May. A team of ten volunteers will travel to Mooresville, N.C. They will be working with Habitat for Humanity in helping the less fortunate gain housing. Jason Sentas, pastor of a church in North Carolina and formerly associated with the First Presbyterian Church of Quincy, will be organizing the accommo-

dations for the team. While this trip is filled, there is another scheduled to go to Greece in the summer that may have openings.

Other church activities include three Bible studies, a men's group, a youth group, a women's group and a men's retreat. Please come and join in as we worship our Lord and Savior Jesus Christ.

## Bethany Congregational

Bethany Congregational Church, 18 Spear St., announces its schedule of Holy Week and Easter services.

On Maundy Thursday,

April 18, a candlelight service with Communion will be held at 7 p.m.

On Easter Sunday, April 21, service will take place at 9:30 a.m. An Easter brunch will follow.

## Christ Church Quincy

Christ Church Episcopal, 12 Quincy Ave., announces its schedule of services for Holy Week.

For Maundy Thursday, April 18, Holy Communion to celebrate the Last Supper begins at 12:15 p.m.

The solemn liturgy of Good Friday begins at noon on April 19.

*Rejoice, Christ has Risen*

Come celebrate at

**QUINCY COMMUNITY UNITED METHODIST**  
40 BEALE STREET, WOLLASTON

*The Rev. Rebecca E. Baumann*

**HOLY (MAUNDY) THURSDAY, APRIL 18TH**  
Tenebrae Service 7pm

**GOOD FRIDAY, APRIL 19TH**  
St. Chrystosom's Church, Wollaston  
Noon

**EASTER SUNDAY, APRIL 21st**  
10:30am Service of Resurrection

## ST. AGATHA PARISH Milton - Quincy

*Invites you to join us for Holy Week Services*

**HOLY THURSDAY April 18**  
9:00am - Morning Prayer  
7:30pm - Mass of the Lord's Supper  
Adoration of the Eucharist until 10pm

**HOLY SATURDAY April 20**  
9am - Morning Prayer  
8:00pm - Easter Vigil

**GOOD FRIDAY April 19**  
9am - Morning Prayer  
3pm - Liturgy of the Lord's Passion  
5pm - Students re-enact the Way of the Cross. Begins at Cunningham Park and ends at St. Agatha.  
7:30pm - Liturgy of the Lord's Passion

**EASTER SUNDAY April 21**  
7:30am & 12 noon - will be held in the Upper Church  
9:00am, 10:30am will be held in **both** the Upper Church & Parish Center

**Note: No 5:00pm Mass**

*Wishing a Happy and Blessed Easter to All!*

## Love Lives Again

East Congregational Church, United Church of Christ  
An Open and Affirming Congregation

*No Matter Who You Are or Where You Are On Life's Journey, You Are Welcome Here*

### HOLY WEEK EVENTS

#### Maundy Thursday, April 18

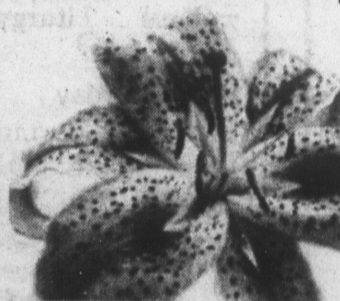
Simple Soup Supper at 6 pm  
Maundy Thursday Worship with Holy Communion and Tenebrae at 7 pm  
(Service of Readings and Diminishing Light)

#### Good Friday, April 19

An Open Invitation to the community to Walk our Outdoor Labyrinth (daylight hours)

#### Easter, April 21

Easter Sunday Worship at 10 am with Floral Decoration of the Empty Cross and Hallelujah Chorus



EastChurchUCC  
www.eastchurch.org



WE ARE FULLY ACCESSIBLE  
WITH PLENTY OF PARKING

### East Congregational Church United Church of Christ

610 Adams Street, Milton, MA 02186

617.698.0270 / office@eastchurch.org

Rev. Shelly Davis, Pastor / www.eastchurch.org



# HOLY WEEK and EASTER SERVICES

## Union Congregational Church

Union Congregational Church, 136 Rawson Rd., Wollaston, announces its schedule for Holy Week.

On Maundy Thursday, April 18, at 7 p.m. Union Church will worship with First Church of Squantum at 164 Bellevue Ave., Squantum. It will be an intimate, moving tenabre service with music, scripture readings, and a Bible based message from Rev. Doug Gray.

On Easter Sunday, April 21, at 10 a.m. there will be

## Quincy Community United Methodist

Quincy Community United Methodist Church, 40 Beale St., announces its schedule of services for Holy Week and Easter.

On Holy (Maundy) Thursday, April 18, Tenebrae service is at 7 p.m.

Good Friday service will take place at noon on April

a special communion worship service celebrating the resurrection of Jesus Christ, led by Pastor Joy Eng-Matos. Pastor Joy, minister and founder of New Day-Quincy housed at Union Church, is a spirit filled preacher with Bible-based messages. She is also doing amazing things in her ministry with speakers of languages other than English.

The public is invited to attend the services.

Quincy Point Congregational Church, 444 Washington St., announces its schedule of services for Holy Week and Easter.

On Maundy Thursday, April 18, a service of Tenebrae and Holy Communion will begin at 7 p.m. The ser-

vice will take place in the Baharian Chapel; enter the church through the door by Dunkin' Donuts.

On Good Friday, April 19, the Quincy Interchurch Council service will be held at noon in St. Chrysostom's Church, located at the cor-

ner of Hancock and Linden Streets in Wollaston.

A sunrise service will be held Easter morning, April 21, at 5:30 a.m. in concert with the Wollaston Congregational Church. The service will take place on Wollaston Beach across from

the Clam Box.

The Service of the Resurrection will take place at 10 a.m. Easter morning inside the church. The service features the South Shore Brass Quintet and Chancel Choir. An Easter egg hunt will follow the worship service.

## Evangelical Clergy Invite Community To Services

The Quincy Evangelical Clergy Association invites the entire Quincy community to join together for special Holy Week services.

On Good Friday, April 19, at noon, a worship service will be held at The First Baptist Church of Wollaston, 81 Prospect Ave., Quincy. Local pastors and church musicians will take part in leading the worship which commemorates the death of Jesus Christ on the cross.

On Easter Sunday, April

21, the annual Easter Sunrise Worship Service will be held at Wollaston Beach near the Wollaston Yacht Club, on Quincy Shore Drive. The service will begin at 6:30 a.m. and will be led by members of the Clergy Association with music from the brass band of the Quincy Corps of The Salvation Army.

In case of rain, the service will be held inside the Squantum Yacht Club.

All are welcome to attend both of these services.

## St. Joseph And St. John

The St. Joseph/St. John the Baptist Collaborative of Quincy announces its slate of Holy Week and Easter Services.

The Mass of the Lord's Supper will take place at 7:30 p.m. on Holy Thursday, April 18, inside St. Joseph's.

On Good Friday, April 19, Stations of the Cross is at noon at St. John's and 3 p.m. at St. Joseph's. The Lord's Passion is at 3 p.m. in St. John's and 7:30 p.m. in St. Joseph's.

On Holy Saturday, April 20, Easter Vigil begins at 7:30 p.m. in St. John's.

On Easter Sunday, April 21, Masses will be celebrat-

ed 8:30 and 10:30 a.m. in St. Joseph's and 8:30 and 11 a.m. in St. John's.

Adoration and confession during Lent is on Wednesday evenings from 6:30 to 8 p.m. in both churches.

The Quincy Way of the Cross will take place on Good Friday. The cross will make its way through all seven Quincy Catholic churches that day, starting at 9 a.m. at Sacred Heart in North Quincy.

St. Joseph Parish is located at 550 Washington St. in Quincy Point. St. John the Baptist is located at 44 School St. in Quincy Center.

## WOLLASTON CHURCH OF THE NAZARENE

37 Elm Ave., Quincy MA 02170 - www.wollastonnazarene.org  
617-472-5669 - office@wollastonnazarene.org

You are invited to join us for these...  
Holy Week Gatherings

No Maundy Thursday Service

Friday, April 19

7:00 PM Community Good Friday Service @  
The Church of the Presidents, Quincy Center

Easter Sunday, April 21

6:30 AM - Community Sunrise Service @ Wollaston  
Beach between the Yacht Clubs.

8:00 AM "Word and Table" Service

10:00 AM Worship & Baptism Service

Find us on the web at www.wollastonnazarene.org and



## St. Joseph/ St. John the Baptist Collaborative of Quincy Holy Week & Easter Schedule

**Holy Thursday, April 18th**  
Mass of the Lord's Supper  
St. Joseph's at 7:30PM

**Good Friday, April 19th**  
Stations of the Cross  
St. John's at 12PM  
St. Joseph's at 3PM

The Lord's Passion  
St. John's at 3PM  
St. Joseph's at 7:30PM

**Holy Saturday, April 20th**  
Easter Vigil  
St. John's at 7:30PM

**Easter Sunday, April 21st**  
St. Joseph's at 8:30AM & 10:30AM  
St. John's at 8:30AM & 11AM

**Adoration and Confessions**  
Wednesday Evenings during Lent from  
6:30 to 8:00PM at St. John's & St. Joseph's

**Quincy Way of the Cross**  
On Good Friday, April 19th, join in a prayerful journey to all seven of the Quincy Catholic Churches. The tradition of "Carrying the Cross" begins at Sacred Heart Church at 9AM

**Saint Joseph Parish**  
550 Washington St.  
**Saint John the Baptist Parish**  
44 School Street

## The Quincy Collaborative of St. Mary-Sacred Heart-St. Ann

### THE SACRED TRIDUUM 2019

**Holy Thursday 18 April**  
9 AM Morning Prayer (SA & SH)  
12 PM Mid-Day Prayer (SH)  
7:00 PM Mass of the Lord's Supper (SM)  
9:00 PM Night Prayer (SM)  
Eucharistic Adoration in St. Mary until 9 PM

**Good Friday 19 April**  
9 AM Morning Prayer (SA & SH)  
3 PM Stations of the Cross (SH)  
7:00 PM Liturgy of Good Friday (SH)

**Holy Saturday 20 April**  
9 AM Morning Prayer (SA & SH)  
12 PM Mid-Day Prayer (SH)  
7:30 PM The Solemn Easter Vigil (SA)

**Easter Sunday 21 April**  
Regularly scheduled Sunday Masses  
Note: No 6PM Mass at Sacred Heart today

SM - St. Mary Parish, 95 Crescent St.  
SH - Sacred Heart Parish, 386 Hancock St.  
SA - St. Ann Parish, 747 Hancock St.



**Christ Church  
Quincy**

Where All Are Welcome!

**Christ Church**  
The Episcopal Church in Quincy Center  
12 Quincy Avenue, Quincy

All Are Welcome

**The Sunday of the Resurrection:**  
Easter Day, April 21:  
8:00AM Holy Eucharist

10:00AM Festival Holy Eucharist - Join us for  
this most glorious celebration.

Scripture, prayers, rich musical offerings  
and the celebration of Holy Communion, all  
combine to boldly proclaim the raising  
of Jesus Christ from the dead.

An Easter Egg Hunt for younger children  
following the ten o'clock service  
in the churchyard.

<http://christchurchquincy.org>  
[info@christchurchquincy.org](mailto:info@christchurchquincy.org)  
617-773-0310

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## First Baptist Church Of Wollaston

Easter Sunday worship service begins at 10 a.m. at the First Baptist Church of Wollaston, 81 Prospect Ave., Quincy.

A fellowship hour of conversation and light refreshments in the chapel will follow the service.

There will be a Maundy Thursday Service (April 18) at 7 p.m. and a Good Friday Service April 19 at noon.

Prior to the Sunday worship service is an English Bible Class in Chapel at 9:15 a.m.; a Vietnamese Bible Class at 9 a.m. Contact Pastor Duc ducphamboston2015@gmail.com.

Serving the church will be greeter Ray and Trina

Wolf and read: Jan Burton. Pastor David Choi will preach his sermon, "He is not here!" (Matt 2:1-6)

A contemporary worship service is held Sunday from 12:30 to 2 p.m. The Praise Worship includes a Bible class. Contact wolla.dave@gmail.com for directions.

Looking for in-depth Bible discussions? Join the Thursday Bible Class at 7 p.m. Have fun of learning the Bible (the book of Daniel).

The church office is open from 10:30 a.m. to 5 p.m. Tuesday, Thursday and Friday.

Contact number is 617-472-0824 or visit the church

website [www.FirstBaptist-ChurchOfWollaston.org](http://www.FirstBaptist-ChurchOfWollaston.org) for updates and activities.

Pastor David's contact number is 617-213-0392; 11 a.m. to 6 p.m. Tuesday through Friday.

All areas of the church are handicap accessible.

Bible Trivia:

The secret disciple of Jesus, Joseph of Arimathea and Nicodemus took the body of Jesus and bound it in linen cloth with the spices according to the burial practices of whom? Read Jn 19:38-42 (KJV).

a. The Romans b. The Gentiles c. The Jews d. The Greek

## Quincy Point Congregational Church

Quincy Point Congregational Church announces two services on Maundy Thursday.

One service is for the residents of 1000 Southern Artery at 10 a.m. The second service will be of Tenebrae and Holy Communion in the Baharian Chapel of Quincy Point Congregational Church, 444 Washington St. Enter via doors by Dunkin' Donuts.

On Good Friday, there will be a noontime Quincy Interchurch Council Service at St. Chrysostom's Church in Wollaston, corner of Hancock and Linden Streets.

Rev. Kimberly Murphy of QPCC is preaching. Bus service is available from

## RELIGION

1000 Southern Artery.

Easter Sunday there will be two services. One is an Easter Sunrise Service to be held at 5:30 a.m. at Wollaston Beach on the beach across from the Clam Box. Rev. Kimberly Murphy of Quincy Point Congregational and Rev. Liz Williams of Wollaston Congregational will preside.

Then at 10 a.m. the Easter Festival Service of the Resurrection will begin in the Sanctuary at QPCC, 444 Washington St. The sanctuary is accessible to all with designated parking and an elevator via the Abbey Road side of the building.

The musical prelude performed by the South Shore Brass Quintet begins at 9:30 a.m. There will be special music by the SSBQ and the Chancel Choir.

After worship there will be a free Easter Egg Hunt on the Abbey Road side of the church. Children of all ages are welcome to partici-

pate. Baskets are provided. All are invited to join in the downstairs Social Hall for coffee and light refreshments.

The Lenten Mission project this year is collecting toiletries for the children and teens that are helped via the McKinney Vento Project (Homeless Assistance Act) in the Quincy Public School System. Items needed: deodorants for a male or female (any size); toothpaste (any size—no need for toothbrushes), dental floss, conditioner (no need for shampoo), small first aid kits, and small packs of tissues.

Drop these items off any Sunday. A collection bin will be located in the downstairs Social Hall or an usher can take them.

To drop off items during the week, the church office is open from 9 a.m. to 2:30 p.m. Ring the doorbell by Dunkin' Donuts or the doorbell on Abbey Road by the elevator accessible entrance.

## Houghs Neck Congregational Church

Easter schedule at Houghs Neck Congregational Church, 310 Manet Avenue starts on Holy Thursday (tonight) at 5 p.m. with a soup supper, communion and a Tenebrae service in M. Alicia Corea Fellowship Hall.

Nancy and Ralph Jacobs

will serve for the Diaconate.

The early morning Easter Sunday service is at 8 a.m. at Nut Island led by the members of Seaside Social Club accompanied by Ian MacLean on keyboard. The men of the church serve a buffet breakfast at 8:30 a.m., \$7 for adults and \$3

per child under 12.

Easter Service of worship led by Pastor Steve Vandergrift starts at 10 a.m. after the bell is rung by Carson and Lenny Jacobs. Liturgist Darian Hockney will welcome and call to worship.

The choir will sing under the direction of Steve Reed, minister of music. Susan Stimpson, Janice Hughes, Joe Flores and Jeff Craig will serve for the Diaconate.

The flowers in the sanctuary are provided by Seaside Social Club project.

# Quincy Religion Directory

## SERVICES & ACTIVITIES

**Catholic**

**St. Mary's Church**  
95 Crescent St., Quincy • 617-773-0120  
Masses  
Saturday, 4pm, Sunday 8 & 10:30am  
Tuesday/Thursday 9am  
Handicapped Accessible  
New Members Welcome!

**ST. AGATHA CHURCH MILTON-QUINCY**  
432 Adams Street  
Milton, MA 02186 • 617-698-2439  
**Schedule of Masses:**  
Saturday: 8:00AM and 4:30PM  
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM  
Weekday Masses: 7:00 & 9:00AM  
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment  
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned

**St. John The Baptist ROMAN CATHOLIC CHURCH**  
44 School St., Quincy  
617-773-1021  
**Weekend Mass Schedule**  
Saturday, 4:00 PM  
Sunday, 8:30 AM & 11:00 AM  
Sunday night, 5:00 PM  
**Weekday Masses**  
Wed., Fri., and Sat. 8:00 AM  
**Confessions**  
Wed. 8:30 – 9:00 AM  
Sat. 2:30 – 3:30 PM  
Handicapped Accessible

**Saint Ann's Church**  
757 Hancock St., Wollaston  
617-479-5400  
**Mass Schedule:**  
Sat. 4:00 PM / Sun. 9, 11 AM  
Daily Mass:  
Wednesday and Friday, 9 AM  
Confessions: Saturday 3-3:30PM  
Handicapped Accessible via Elevator

**Catholic**

**Sacred Heart Church**  
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"  
386 Hancock St., North Quincy, MA 02171  
(617) 328-8666  
**Sunday Masses**  
4 pm (Saturday)  
7:30 & 10:00 am and 6:00 pm  
**Weekday Masses**  
Monday - Friday 7 am  
Monday & Saturday 9 am  
Handicapped Accessible  
**Confessions**  
Sat. 3-3:45pm in Saint Joseph Oratory

**St. Joseph's Church**  
550 Washington Street  
Quincy, MA 02169 • 617-472-6321  
**SUNDAY MASSES:**  
4 p.m. (On Saturday)  
8:30 a.m. and 10:30 a.m.  
**Weekday Masses:**  
Mon., Tues., & Thurs. 9a.m.  
**CONFESIONS:** Saturday, 2:30-3:30 pm  
Handicapped accessible & Handicapped parking, side entrance  
Air-conditioned

**Holy Trinity Parish**  
Come and Worship!  
Most Blessed Sacrament Church  
1031 Sea St.  
**WEEKDAY MASSES**  
9:00AM Tuesday and Thursday  
**WEEKEND MASSES**  
4:30 PM Saturday and 8:30 AM Sunday  
Our Lady of Good Counsel Church  
237 Sea St.  
**WEEKDAY MASSES**  
9:00AM Monday and Wednesday  
**WEEKEND MASSES**  
6:00PM Saturday and 10:30 AM Sunday  
**CONFESIONS:** 3-4PM Saturday  
Rev. Martin Dzengelski- Pastor  
Phone: 617-479-9200  
EMAIL: [holytrinityquincy@gmail.com](mailto:holytrinityquincy@gmail.com)  
WEB: [www.holytrinityquincy.com](http://www.holytrinityquincy.com)

**Congregational**

**HOUGH'S NECK CONGREGATIONAL CHURCH**  
310 Manet Avenue  
617-479-8778  
[www.hncong.org](http://www.hncong.org)  
Sunday Worship Service at 10 a.m.  
Pastor Stephen Vandergrift will lead the service and preach his sermon  
All are welcome to attend  
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

**BETHANY CONGREGATIONAL CHURCH**  
Spear & Coddington Streets  
Quincy Center, 617-479-7300  
[www.bethanycongregational.org](http://www.bethanycongregational.org)  
Sunday Worship Service at 9:30AM  
The Rev. Patrick McCorkle will conduct the service and preach the sermon  
"Proclaim Resurrection"  
Fellowship following the service  
Church is handicap accessible

**Quincy Point Congregational Church**  
United Church of Christ  
444 Washington St.  
(617) 773-6424  
[www.quincypointcong.org](http://www.quincypointcong.org)  
Sunday Worship and Sunday School at 10 am  
Elevator Access via Abbey Rd  
Rev. Kimberly Murphy, Pastor  
Rachel Hallenbeck, Minister of Music  
Angelina DeCristofaro, Youth Dir.

**Congregational**

**Wollaston Congregational Church**  
United Church of Christ  
48 Winthrop Avenue  
Quincy, Massachusetts  
**Inclusive Family Worship at 10 a.m.**  
Elizabeth J. Williams  
Pastor  
617-773-7432  
[www.wollastonucc.org](http://www.wollastonucc.org)

**Unitarian Universalist**

**United First Parish Church**  
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.  
Worship Service & Church School:  
Sundays at 10:30 AM  
Followed by Fellowship & Refreshments  
Rev. Rebecca Froom  
1306 Hancock St., Quincy  
[www.ufpc.org](http://www.ufpc.org)

**Church of Christ**

**CHURCH OF CHRIST IN MILTON**  
330 Edge Hill Rd.,  
Milton, MA 02186 • 617-274-2409  
[www.churchofchristinmilton.org](http://www.churchofchristinmilton.org)  
Maurice Davis, Minister  
**SUNDAY WORSHIP**  
8AM, 11AM and 6PM  
Sunday Bible Study 9:45AM  
Tuesday Bible Study 11:00AM  
Wednesday Bible Study 7:00PM  
3rd Friday - Couples 7:30PM  
4th Friday - Youth 7:30PM

**To Advertise in this Directory, Call 617-471-3100**

**Christian Science**

**First Church of Christ, Scientist**  
1460 Hancock Street, Quincy  
617-472-7099  
Sunday Services and Sunday School 10:30 a.m.  
Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m.  
ALL ARE WELCOME!  
Naziene

**Wollaston Church of the Nazarene**  
Come Join Us for Sunday Worship!  
8:00 AM Worship Service (Holy Communion & Liturgy)  
9:00 & 11:15 AM Weekly Small Groups  
10:00 AM Worship Service  
Stephen "Rock" Dean, Lead Pastor  
Angela Sawelle, Youth Pastor  
Beverly Butler, Children's Pastor  
Don Reed, Visitation Pastor  
37 Elm Ave., Wollaston  
617-472-5668  
email: [office@wconaz.org](mailto:office@wconaz.org)  
[www.wollastonnazarene.org](http://www.wollastonnazarene.org)

**Methodist**

**QUINCY COMMUNITY UNITED METHODIST CHURCH**  
40 Beale St., Wollaston  
617-773-3319  
10:30 AM Sunday Worship  
Rev. Rebecca E. Baumann

**Salvationist**

**THE SALVATION ARMY**  
6 Baxter St., Quincy • 617-472-2345  
9:45AM CHRISTIAN EDUCATION  
11AM WORSHIP SERVICE  
BRASS BAND MUSIC  
NOON THURS. WOMEN'S FELLOWSHIP  
6:30PM WEDS. BIBLE STUDY

**Non-Denominational**

**LIGHTHOUSE FELLOWSHIP**  
73 Newbury Ave., N. Quincy  
Worship & Children's Church 10AM  
Pastor Mike Fehan  
617-847-4444  
Mid-week studies & youth group  
[mjfehan@gmail.com](mailto:mjfehan@gmail.com)



## OBITUARIES

## Liesl J. Radzik

A funeral Mass for Liesl J. (McDonough) Radzik of Quincy was celebrated Tuesday in St. Ann's Church, Quincy.

Mrs. Radzik died April 9 surrounded by her loving family.

Beloved wife of Rick Radzik of Quincy. Loving mother of Alison and Alexa Radzik of Quincy. Cherished daughter of Marie A. (Mayer) McDonough of Squantum and the late Paul T. McDonough. Loving sister of Erin Boylan and her husband Eddie and Paula Glynn and her husband Barry, all of Squantum. Daughter-in-law of Stanley and Barbara Radzik of Quincy and FL. Sister-in-law of Nancy Buckley and her husband Brian, Paul Radzik, Brian Radzik and his wife Margaret. Also survived by her nieces, nephews, cousins and dear friends.

The focus of Mrs. Radzik's life has always been her family and being of service to others. While her daughters were young, she formed lifelong friendships with countless families while supporting every one of the girls' activities. This led to a larger role in the community in support of others, whether it was the North Quincy High School Boosters Club or Autism



LIESL J. RADZIK

Speaks or any number of groups that needed capable volunteers, Mrs. Radzik was there.

Her career as a social worker spanned 25 years. She worked for 8 years at the Department of Transitional Assistance and 17 years at Father Bill's & MainSpring, where she was able to help people with her generous and giving spirit.

Mrs. Radzik never gave up hope and was an example of courage for her family and community. She will be remembered as a giving and caring person who always put others before herself.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

## Lorraine E. Adams, 93

A funeral Mass for Lorraine E. (Moore) Adams, age 93, of Kingston, formerly of Halifax, Quincy and Dorchester, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Adams died peacefully April 9 at Wingate at Silver Lake in Kingston, in the comfort of her loving family.

She was born in Boston to the late Henry and Catherine (Thompson) Moore. She was raised in Dorchester and was a graduate of the former Dorchester High School for Girls. Mrs. Adams had lived in Kingston for two years, Halifax for three years, previously seven years in Quincy and many years in Chicopee.

She was employed as a supervisor for State Street Bank, working in Boston and Quincy for over thirty years.

Mrs. Adams loved bingo and trips to Foxwoods with family and friends. She was also an avid reader and enjoyed vacations in Old Orchard Beach, Maine. She was dedicated to her family and especially to her many grandchildren, great-grandchildren and her great great-grandsons.

Beloved wife for sixty-three years of the late Roy P. Adams. Devoted mother of Catherine Lauzon and her husband Roger of Chicopee, Jean MacNeil and her husband Donald of Halifax, Richard Adams of Brookline, Brian Adams and his wife



LORRAINE E. ADAMS

Brenda of Plymouth, Lorie Bartlett and her husband Edward of Scituate, Diane Schotte of Chicopee, Kenneth Adams and his wife Lisa of Braintree and the late Roy Adams. Loving grandmother of seventeen grandchildren, thirty-two great-grandchildren and two great great-grandsons.

One of six siblings, Mrs. Adams was the dear sister of Marilyn McGourty of Braintree, Donna Marston of Quincy and pre-deceased by Ruth Casey, Henry Moore and Geraldine Ray. She is also survived by many nieces and nephews.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Alzheimer's Association, 309 Waverley Oaks Road, Waltham, MA 02452.

## Maria DiMinico, 89

A funeral Mass for Maria (Allocca) DiMinico, age 89, formerly of Milton, was celebrated April 13 in St. Elizabeth Church, Milton.

Mrs. DiMinico died peacefully April 5 in San Diego.

Wife of the late Patrick DiMinico and loving mother



MARIA DIMINICO

of Nick DiMinico of TX, Rita Fantasia-Hermann of Mansfield and Sabrina DiMinico of CA, and the late Robert DiMinico. Proud grandmother of Nicole O'Neil of TX and Felicia Fantasia of Rockland and dear great-grandmother of Maeve and Shea O'Neil. She was the beloved sister to Michael Allocca of Hanover, the late Velia DiChiara, the late Giuseppe Allocca, and the late Antonio Allocca. She is also survived by numerous nieces and nephews.

Mrs. DiMinico was a retired homemaker, was deeply devoted to her family, and was especially loved for her great sense of humor.

Interment at Milton Cemetery.

Funeral arrangements were made by Hamel-Lydon Chapel, 650 Hancock St., Quincy.

## John M. Marrone, 91

Visiting hours for John M. Marrone, age 91, of Hingham, formerly of Quincy and Milton, were held Sunday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Marrone died peacefully April 5 at the Pat Roche Hospice Home, in the comfort of his loving family.

He was born in Boston to the late Ermede and Anna (Schiavo) Marrone. He was raised in South Boston and was a graduate of South Boston High School and later attended Wentworth Institute.

Mr. Marrone had lived in Hingham for thirty-one years, previously in Quincy for many years, and earlier in Milton and Hyde Park. He was also a Cape Cod summer resident at the Belmont in West Harwich for over thirty years.

He was a well-known, self-employed real estate developer and the owner of John M. Marrone Real Estate Development in Quincy for many years. Over the years, Mr. Marrone had been involved in many real estate projects in Quincy and throughout the South Shore. He began his career as a draftsman working for Lincoln Laboratories designing gun turrets for naval ships.

Mr. Marrone served in the U.S. Navy during World War II as a seaman 1/c aboard the battleship USS North Carolina (BB-55).

He was a proud member of the South Boston Wildcats in the Boston Park League Football where he had been both a player and a coach for many years. Mr. Marrone was an avid numer-



JOHN M. MARRONE

ologist and had also been a race horse owner for twenty years. He loved playing the stock market.

Most of all, Mr. Marrone was dedicated to his family and especially to his cherished grandchildren and great grandchildren. He enjoyed spending time with them and supporting all their many activities and accomplishments.

Devoted father of Susan Marrone Sokol and her husband Peter of Medfield, Christine Hubbell and her husband Ken of North Andover, and the late John Eddie Marrone. Beloved grandfather and "Beepy" of Matthew and John "Jack" Sokol, both of Medfield, Derek, Lauren, and Colin Hubbell, all of North Andover. Loving great-grandfather of Harper and Brooklyn. He is also survived by his longtime, dear partner for thirty-one years, Suzanne "Suzy" Collins of Hingham.

Graveside services, with military honors, were private.

Memorial donations may be made to the Jimmy Fund, Memorial Contributions, P.O. Box 849168, Boston, MA 02284-9168.

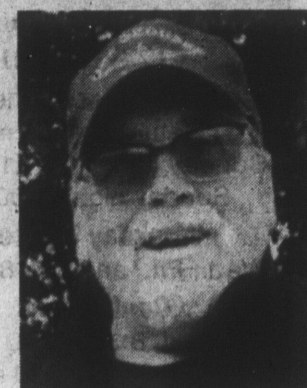
## Richard A. Berry, 74

A funeral service for Richard A. Berry, age 74, of Quincy was held April 12 in the Alfred D. Thomas Funeral Home, Milton.

Mr. Berry died suddenly April 7 at home.

Born and raised in Quincy, he attended North Quincy High School and was a proud veteran of the United States Navy. Owner and operator of Berry & Loud HVAC in Quincy and a member of Boston Local #537 Pipefitters Union for many years before retiring. Mr. Berry was a member of the Torre Dei Passeri Social Club and enjoyed spending time at the Granite Rail in Quincy. He loved his dogs, Duxbury beach, playing softball and golf trips with his friends.

Beloved husband of Linda S. (Foley) Berry. Father



RICHARD A. BERRY

of the late Joyce Berry, Steven R. Berry of Weymouth, Jason R. Berry of Dorchester and Richard A. Berry, Jr. of Marshfield. Brother of Judy Pitts of Braintree, Barbara Paine of Hingham and the late Dorothy Barry. Also survived by 6 grandchildren.

Private interment. Memorial donations may be made to the charity of your choice.

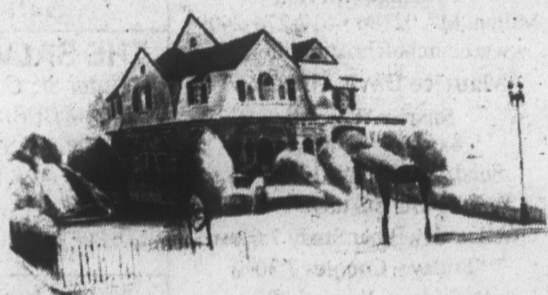
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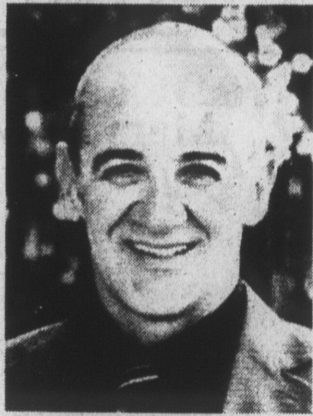
## George M. Bush, 60

A funeral service for George M. Bush, age 60, of Quincy was held April 12 in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mr. Bush died April 8.

A lifelong Quincy resident, he was a tunnel worker in the Tunnel Workers Union Local 88 and a scaffolder.

The beloved husband of Nancy L. (Papargiris) Bush, Mr. Bush was the loving father of Stacie Bush and George M. Bush, Jr. both of Quincy; dear grandfather of Michael Bush, Mikayla Bush, Mason Bush, George Bush and the late Austin Bush; beloved brother of Carol Gedgaudas of Brockton, Joanne Bush of Hull and the late Christine Higgins, Stephen Bush, Peter



GEORGE M. BUSH

Bush, James Bush and Helen Bush; and is also survived by his granddog Magdalena and many nieces and nephews.

Memorial donations may be made to the Dana-Farber Cancer Institute, 450 Brookline Ave., Boston, MA 02215 dana-farber.org.

## Alice B. Butts, 83

A funeral Mass for Alice B. (McKenna) Butts, age 83, of Quincy was celebrated Tuesday in Sacred Heart Church, Quincy.

Mrs. Butts died April 8 surrounded by her loving family.

Born and raised in Prince Edward Island, Canada, she lived in Quincy for over 40 years. She valued family relationships and enjoyed summer visits back to the old homestead in PEI; canning jams and sharing stories of her dad and brothers playing music in the kitchen, or their first car being a horse and buggy.

Mrs. Butts worked in records management at Boston Financial Data Services for many years before retiring. She was an active parishioner at Sacred Heart Church in North Quincy where she was a member of the Catholic Club, Ladies Sodality and a Eucharistic minister.

Beloved wife of the late Frederick J. Mother of Daniel J. Butts and his wife Cindy of RI, Nancy M. Genesky and her husband Mark of Norfolk, Edward J. Butts and his wife Laurie of Melrose, Patricia A. Voss and her husband Jon of



ALICE B. BUTTS

Stoneham and James J. Butts and his wife Kellie of Weymouth. Grandmother of Kristi Copson and her husband Paul of Wakefield. Sister of Rose Trainor of Canada, Harry McKenna of Westboro, and the late Mary Hunt, James McKenna, Margaret Connolly, Andrew McKenna and Joan Daley. Also survived by 12 grandchildren and 4 great grandchildren.

Interment at Milton Cemetery.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Memorial donations may be made to the Sherrill House, Memory Unit, 135 Huntington Ave., Boston, MA 02130.

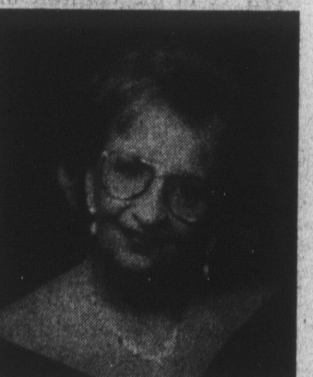
## Beverly Crozier

A celebration of life service for Beverly (Peterson) Crozier, a longtime Wollaston resident, will be held Thursday from 2 to 4 p.m. in Hamel-Lydon Chapel, 650 Hancock St., Quincy.

Mrs. Crozier died peacefully April 7 at Colonial Nursing Center in Weymouth in the comfort of her loving family.

A graduate of North Quincy High School, she was a hair stylist for many years, as well as working in the banking industry for many years.

Beloved wife of 45 years to James (Jim) Crozier, Mother of Timothy (Tim) Crozier and his wife Sara. Daughter of the late Donald Peterson, and Florence (Miller) Peterson, sister of Donald E. Peterson.



BEVERLY CROZIER

and his wife Rebecca, Robert A. Peterson, and his wife Marilyn, Janet A. Town, and her husband Jeffery, and Nancy G. Reichert, and her husband Paul, and a niece and nephews.

Private interment.

Memorial donations may be made to the charity of your choice.

## Dorothy Sullivan, 89

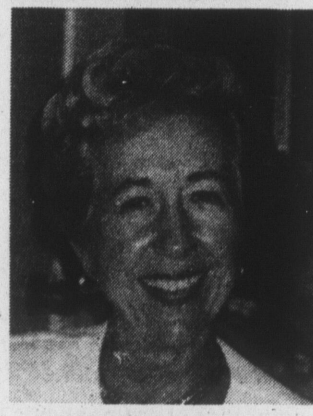
A funeral Mass for Dorothy "Dot" (Feher) Sullivan, age 89, of Naples, Fla., Milton and Harwich Port, was celebrated April 13 in St. Agatha Church, Milton.

Mrs. Sullivan died April 3 after a long illness, with her devoted daughter by her side.

She was born to the late Ladislav and Margaret (Magocsy) Feher in New Brunswick, NJ. Mrs. Sullivan graduated from The College of St. Elizabeth and went on to earn a master's degree in social work from Boston College. She married John J. Sullivan in 1954 and spent the next many years raising her three children. Mrs. Sullivan had been a permanent resident of Naples, Florida, and previously had lived in Milton. She enjoyed summers in Harwich Port and Chatham for much of her life.

Mrs. Sullivan began her career as a social worker with the former Family Counseling and Guidance Centers, working in Quincy and Braintree. She also worked as a school adjustment counselor with the Millis and Needham public school systems. She was a talented artist; best known for her watercolor paintings.

Mrs. Sullivan and her late husband, John, were former members of the Stonebridge Country Club of Naples, Florida, The Neighborhood Club of Quincy, The Wychmere Harbor Club and Eastward Ho Golf Club, Cape Cod. Most of all, Mrs. Sullivan was a devoted mother.



DOROTHY SULLIVAN

livan was dedicated to her family and especially to her two cherished granddaughters, supporting all their many activities and accomplishments.

Beloved wife for forty-nine years of the late John J. Sullivan. Devoted mother of Ladd R. Sullivan and his wife Carrie Burkle of Los Angeles, Gregory J. Sullivan and his wife Elizabeth of Milton, and Christine D. Sullivan of Naples, FL and Harwich Port. Loving grandmother of Caroline and Macy Sullivan, both of Milton.

Mrs. Sullivan was the last of three siblings and was pre-deceased by her sister, Margaret Donovan, and her brother, John Feher. She is also survived by many nieces and nephews.

Interment at Milton Cemetery.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Catholic Charities, 275 West Broadway, Boston, MA 02127.

## Evelyn V. Hill, 100

A funeral service for Evelyn V. (Campbell) Hill, age 100, will be held Thursday at 11 a.m. in the Alfred D. Thomas Funeral Home, Milton.

Mrs. Hill died peacefully April 12 in the company of her loving family.

A longtime resident of Quincy, Mrs. Hill was formerly from South Boston and Dorchester. A graduate of Dorchester High School for Girls, she became an avid accomplished swimmer at a young age. Additionally, Mrs. Hill was passionate about playing golf, which she did whenever possible on Cape Cod and in Florida. She was devoted to her family and enjoyed spending as much time as she could with them.

The daughter of the late Thomas and Mary (Clasby) Campbell, she was the beloved wife of the late Carlyle T. Hill, as well as, the cherished mother of Priscilla "Chris" Jordan (Richard) and Rosemary Bailey, all of So. Boston, Gail Howie (David) and Daryl Lacey (Edward), all of Braintree. She is lovingly survived by 7 grandchildren and 16 great-grand-



EVELYN V. HILL

children. Mrs. Hill was the sister of the late Eileen Ryan, Lillian Taylor and Ruth McPherson.

The family is eternally grateful for the loving care given to their mother by Donna Keddy and the dedicated staff of the John Adams HealthCare Center, especially the activities staff who kept her smiling and singing.

Visiting hours were 4 to 8 p.m. Wednesday in the funeral home.

Interment at Milton Cemetery.

Memorial donations may be made to Beat N.B. (Childhood Cancer), P.O. Box 850310, Braintree, MA 02184.

## Edward J. McClelland, 76

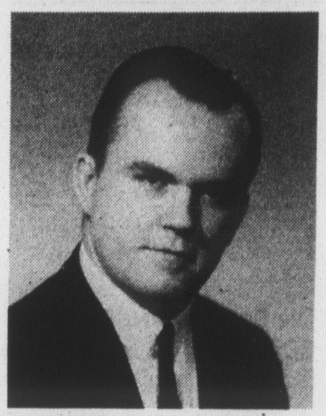
A funeral Mass for Edward J. McClelland, 76, of Wollaston, a respected business leader and advisor in the field of international credit, was celebrated Wednesday in St. Ann's Church, Quincy.

Mr. McClelland died April 11 following a lengthy illness. He died quietly at home surrounded by his loving wife and three supportive sons.

Born in Boston, he was the only child of the late William E. and Catherine D. (Lydon) McClelland. He graduated Archbishop Williams High School, class of 1960, and from Northeastern University in 1967 with a degree in political science. Mr. McClelland was raised in Wollaston and was a long time member of and Eucharistic minister with St. Ann's parish, where he and his beloved wife, Ethel, also taught 8th grade CCD.

Mr. McClelland was the international credit manager for the A.W. Chesterton manufacturing company in Stoneham for more than 28 years and was a long-time board member and instructor with the National Association of Credit Managers, where he was also named Credit Executive of the Year in 1993, and the New England Association of Credit Executives. He later managed the credit departments for various Boston area law firms before fully retiring in 2010 to spend time with family, watch Patriots games, learn and share about WWII history, and enjoy the many international trips he and his bride took together over the years.

He was the beloved and devoted husband of 52 years to Ethel (Macdonald) McClelland.



EDWARD J. MCCLELLAND

Clelland. Loving father of Brian J. and his wife Robyn McClelland of Hudson, NH and Scott E. and Eric G. McClelland both of Quincy. Cherished grandfather to Edwin Duguie and wife Hannah of Benton, ME, Kaleigh Duguie of Manchester, NH, and Tatum McClelland of Hudson, NH, and great-grandfather of Rowan and Paislee Duguie of Benton, ME. Dear brother-in-law of David Nelson of Martha's Vineyard and his late wife Margaret, Mary Dawson and husband Ron of Middleboro, Regina Moriarty and husband Fran of Middleboro, Paul Parlon of Walpole and his late wife Helen, Constance Macdonald of Brockton and her late husband Ralph, Anna Biron and husband Neal of Norton, Virginia Polio of Braintree and her late husband John, Clare Burns and husband Steve of Braintree and Gerard Macdonald and wife Julie of Newfield, NY.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Hamel-Lydon Chapel, 650 Hancock St., Quincy.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370 or to Earthen Vessels at evkids.org.

## Philip F. Pitts, Jr.

Funeral services for Philip F. "Buddy" Pitts, Jr., of Weymouth, were held Wednesday in McDonald Keohane Funeral Home, South Weymouth.

Mr. Pitts died April 11.

He was born in Boston and had lived in Quincy for many years. He worked at the Quincy Shipyard as a general foreman for many years before his retirement.

Mr. Pitts was a very proud Vietnam veteran serving with the United States Marines. He always enjoyed spending time with his family, especially his grandchildren and attending their sporting events.

Beloved husband and best friend of 50 years to Frances L. (Lombardi) Pitts. Loving father of David Pitts and his wife, Kelly, of Halifax, and Tracy Antonowicz and her husband, Steve, of Plymouth. Brother of Laurel Elliott of Brandon, FL and



PHILIP F. PITTS, JR.

the late Robert, Steven, and David Pitts. Brother-in-law of Richard Lombardi and his wife, Connie, of Quincy, and Tony Wynands of New Boston, NH. Grandfather of Alyssa, Tori, Kayla, Jordan, Cameron, and Bailey. Great grandfather of Mason and Liam. Also survived by many lifelong dear friends.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the New England Center for Homeless Veterans, 17 Court St., Boston, MA 02108.



INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS  
DEPARTMENT OF PUBLIC WORKS

THOMAS P. KOCH  
MAYOR

ALFRED GRAZIOSO  
COMMISSIONER

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **ROAD IMPROVEMENTS-CONTRACT #3** until 11:30 a.m., local time **Thursday, May 2, 2019** in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of: Full depth reclamation, installation of new base and top courses; installation of new bituminous sidewalks, installation of new cement concrete sidewalks, resetting of existing granite curbing and installation of new granite curbing. Installation of loam and seed is required and all related work to complete the project.

The Bidder must be pre-qualified by the Massachusetts Department of Transportation for Highway Construction. All work under this contract shall be completed within one year.

Detailed specifications are available on-line at the City of Quincy's website, [www.quincyma.gov](http://www.quincyma.gov) and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available April 17, 2019.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

**Non-responsive and/or unbalanced bids may be rejected.**

Thomas P. Koch  
Mayor

Kathryn R. Logan  
Purchasing Agent

4/18/19

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS  
DEPARTMENT OF PUBLIC WORKS

THOMAS P. KOCH  
MAYOR

ALFRED GRAZIOSO  
COMMISSIONER

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for: **Catch Basin Repair Service** until 11:00 a.m. local time **Thursday, May 2, 2019**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The project consists of Catch Basin Drainage Structure repair services at various locations throughout the City of Quincy, on an 'as needed basis'.

All work under this contract shall be for a year with an extension provision.

Detailed specifications are available on-line at the City of Quincy's website, [www.quincyma.gov](http://www.quincyma.gov) and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available April 17, 2019.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

**Non-responsive and/or unbalanced bids may be rejected.**

Thomas P. Koch  
Mayor

Kathryn R. Logan  
Purchasing Agent

4/18/19

REQUEST for PROPOSAL

REQUEST for PROPOSAL

CITY OF QUINCY, MASSACHUSETTS  
PURCHASING DEPARTMENT  
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:  
**LIBRARY DEPARTMENT**

**CAFÉ OPERATOR at the**

**THOMAS CRANE PUBLIC LIBRARY**

**MAY 9, 2019 @ 11:00 A.M.**

The City of Quincy on behalf of the Thomas Crane Public Library seeks proposals to identify, select and partner with a qualified and responsible food service vendor to manage and operate a café at the City's Main Library, 40 Washington Street, Quincy, Mass.

Detailed specifications are available on-line at the City of Quincy's website, [www.quincyma.gov](http://www.quincyma.gov) and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

The Library has scheduled 2 non-mandatory on-site pre-bid walk throughs on: **April 18 and April 23 (9:30 a.m.)** at the Library, 40 Washington Street, Quincy, MA.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "RFP ENCLOSED" with time/date of bid call.

Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above. Late Bids/Proposals, delivered by mail or in person, will be deemed non-responsive and rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The City reserves the right to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor  
Kathryn R. Hobin, Purchasing Agent

4/18/19

OBITUARIES

Mary Jo Montani, 61

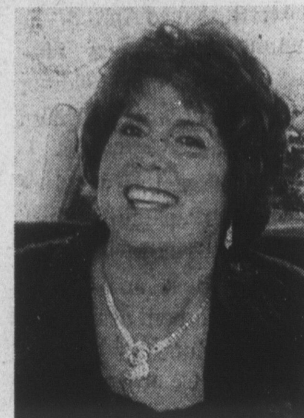
A funeral Mass for Mary Jo Montani, age 61, of Dorchester, formerly of Milton and Braintree, was celebrated April 12 in St. Agatha Church, Milton.

Ms. Montani died peacefully April 8 at The Boston Home, surrounded by her loving family.

She led a life exemplified by faith, laughter, and perseverance. She was a graduate of Thayer Academy, Class of 1975, and Merrimack College, Class of 1979.

Ms. Montani was an avid artist, baker, and talented pianist. She was a Boston Red Sox fan and also enjoyed the Boston Symphony Orchestra. Her deep faith was a gift she shared with members of St. Agatha Parish in Milton, St. Thomas More Parish in Braintree, and The Boston Home in Dorchester where she resided since 2006. Ms. Montani inspired those she met with her smile, positive attitude, and infectious laugh as she lived with grace and dignity in the face of multiple sclerosis. Prior to her illness, Ms. Montani worked in the marketing industry as a buyer for Christian Dior Jewelry and was the representative for the Northeast region.

Beloved mother of Michael D. Montani and his wife Danielle of Armonk, NY. Cherished Nana of Matthew, Kayla and Ashley. Devoted daughter of David G. Montani, Sr. and the late Christine M. (Antonelli) Montani. Step-daughter of the late Mary E. (St. John)



MARY JO MONTANI

McDonald Montani. Granddaughter of the late Larry and Josephine Antonelli and the late Frank and Irene Montani.

One of ten siblings, Ms. Montani was the dear sister of David G. Montani, Jr. and Frances Malames, Frank L. Montani, Loretta M. Porter and her husband Timothy, Larry A. Montani and his wife Mary, Daniel E. Montani and his wife Patricia, Christopher J. Montani, Theresa R. Montani, Anthony P. Montani and his wife Diane, and the late Michael F.L. Montani.

She is also survived by several aunts and uncles, many nieces, nephews and cousins, and goddaughters, Christina Sousa and Christine Montani.

Interment at Milton Cemetery.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to The Boston Home, 2049 Dorchester Ave, Dorchester, MA 02124.

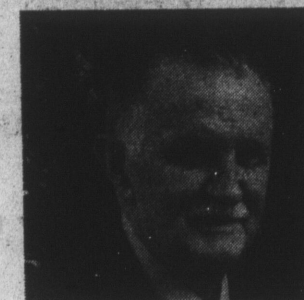
Robert J. Dole, 78

Funeral services for Robert J. "Bobby" Dole, age 78, of Quincy, were held Monday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Dole died peacefully April 12 in the comfort of his family.

What he loved in life, he loved a lot. Above all, his immediate and extended families and long-standing friendships. He loved sports, hockey in particular, especially the Boston Bruins. Mr. Dole loved golf and gardens. A proud son of Charlestown, he could still recite the history of the Bunker Hill Monument and tell stories of his years as a Fenway Park bat boy.

Husband of Kathleen F. (McWilliams) Dole. Father of Robert Dole and Maria Rose of Wilmington; Michael Dole and Janet of Everett, and the late Richard Dole. Grandfather of Shawna, Shannon, Kerri,



ROBERT J. DOLE

Michael, and Brittney Dole and Bobbie Ferro, and five great-grandchildren. Brother of Ruth Lyman and her husband Paul of Wilmington and Peabody, Barbara Kaveney and her husband Michael of Wilmington, the late Warren Dole, and the late James Dole and his wife Susan of Melrose.

Private interment.

Memorial donations may be made to the Boys and Girls Club, 15 Green St., Charlestown, MA 02129 ([bgcb.org](http://bgcb.org)), or HomeStart, Inc., Attn: Development Office, 105 Chauncy St., Suite 502, Boston, MA 02111 ([homestart.org](http://homestart.org)).

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# OBITUARIES

## Charles E. Carey, 77

Memorial visitation for Charles E. Carey, age 77, a longtime Quincy resident, will be held Friday from 4 to 6 p.m. in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, immediately followed by a prayer service and family remembrance.

Mr. Carey died peacefully April 11 at the Good Samaritan Medical Center in Brockton, surrounded by his loving family.

He was born in Quincy to the late Charles and Mary (Clarke) Carey and was a graduate of Quincy Vocational Technical School. Mr. Carey was a self-employed truck driver for twenty years, owning his own trucking rig, and was a member of the Local 25.

Mr. Carey proudly served in the United States Army in the early 1960s. He was an active member of the Quincy Lodge of Elks, where he enjoyed many friendships. Most of all, he was dedicated to his family and especially to his grandchildren and great grandson.



CHARLES E. CAREY

Husband of Patricia A. (Magnoli) Carey of Whitman. Devoted father of Karen A. Buck and her husband Christopher, Charles S. Carey and his wife Diane,

and Christine M. Mavilia and her husband Robert, all of East Bridgewater and the late Donna M. Keohane formerly of Braintree. Loving grandfather of Thomas, Samantha, Joseph, Charles Jr., Nicholas, Anna, Emily, Robbie, and Ava. Cherished great grandfather of Dominic.

One of six siblings, he was the dear brother of Bernadette Fitzmaurice of Quincy and pre-deceased by Judith Carey, Kathleen Carey, Mary Franna Mahoney and Anne Hoey. He is also survived by several nieces and nephews.

Inurnment services, with military honors, will be held at the Massachusetts National Cemetery in Bourne on Monday, April 22, at 11 a.m.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675.

## Patrick J. Nevins, 88

A funeral Mass for Patrick J. Nevins, age 88, of Quincy, was celebrated Wednesday in Sacred Heart Church, Quincy.

Mr. Nevins died peacefully at home April 13, surrounded by family.

Born in South Boston, he was the son of the late Helen Lee. Mr. Nevins was a Korean War U.S. Army veteran. He worked for many years in security for General Dynamics and later for State Street Bank.

Mr. Nevins was the beloved husband of 65 years of Mary (Lewis) Nevins of Quincy. He was the devoted father of Robert Nevins of Quincy, Brian Nevins and his companion Clare Lindberg of Kingston, Michael Nevins and his wife Susan of Braintree, Amy Gonzales and her husband Michael of Wey-



PATRICK J. NEVINS

mouth, and the late Maryellen McElman and her surviving husband Thomas McElman of Hanover. Loving father-in-law of the late Mary Ellen (Fitzgerald) Nevins.

Proud Grampy of Kathleen Klimm and her husband Donny of Kingston, B. Patrick Nevins and his wife Jennie of Natick, Meghan Rose, Michaela and Mitchell Nevins of Braintree, Emily and Hannah McElman of Hanover, and

Alissa and Leahrose Gonzales of Weymouth. Great-grandfather of Mary Katherine Klimm. Brother-in-law of Robert E. Lewis and his wife Jean of Braintree, Dolores Golden of Quincy and her late husband Peter, Mary Ellen Lewis of Quincy and her late Husband Deacon Paul, and the late Wilbur "Bibby" Lewis and his wife Ann. He is also survived by many nieces and nephews, and his dear friend Jacqueline Saunders of Plymouth.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758517, Topeka, KS 66675.

## Julia F. Wyckoff, 98

A graveside service with military honors for Julia Frances "Fran" (Harmon) Wyckoff, age 98, was held Tuesday in the Massachusetts National Cemetery, Bourne.

Mrs. Wyckoff died April 10 in North Attleboro.

Born in Medford, she formerly lived in Quincy and Dorchester. A proud WAVE (USNR) during World War II, she served as a cryptologist at the United States Naval

Communication Intelligence Organization in Washington, D.C. A prolific writer, she penned detailed accounts of her service and until her recent illness, kept a diary every day of her life since childhood.

The beloved wife of the late Francis L. Wyckoff, Mrs. Wyckoff was the loving mother of Frank Saxton of Portland, OR, Dr. Patricia Wyckoff of Mansfield and

the late Donald and Edward Wyckoff. The dear grandmother of Genevieve Minori of Allston and Frank, Jacob, Jessica, DJ, Stephen, Miranda and Edward, she is also survived by three great grandchildren and her brother Roy Harmon of Newburyport.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mac & Cheese, Steamed Peas, Seasonal Fruit.

**Wednesday, April 24**  
Mozzarella Sticks, Meatballs, and Texas-style Toast, Baked Parmesan Zucchini, Seasonal Fruit.

**Thursday, April 25**  
Pulled Pork Shepard's Pie, Steamed Corn, Seasonal Fruit.

**Friday, April 26**  
**FIESTA FRIDAY BURRITO!** Mexican Seasoned Beef or Turkey, or Chicken, Steamed Brown Rice, Salsa, Corn, Black Beans, Salsa, Shredded Cheese & Tortilla Chips, Seasonal Fruit.

All above Entrée Selections include: Vegetable Choice, Choice of Fruit and Choice of Milk

## Two Charged With Attacking Pregnant Woman

Two men facing criminal charges for allegedly attacking a pregnant woman in Quincy Center are due back in Quincy District Court May 29.

Tyrese D. Johnson-Nurse, 19, and David D. Russell, 18, were arraigned on charges of aggravated assault and battery on a pregnant woman and assault and battery April 11 in Quincy District Court. They pleaded not guilty to those charges.

Judge Mark Coven said the two defendants could pose a danger to the public and imposed additional conditions, including the wearing of a GPS monitoring device, should the defendants be released.

Russell, who was additionally charged with assault and battery, was expected to be released April 12 with the GPS monitor. He was ordered to stay away from the woman

and any witnesses and will be required to remain in his home, except to go to work.

Johnson-Nurse had his bail revoked on a pending armed robbery case in Suffolk County and will remain in custody.

Prosecutors said the woman was walking with her boyfriend in the area of the Quincy post office on Washington Street around 6 p.m. on April 9 when she felt sick and began to vomit. Prosecutors said the two defendants confronted the couple and began punching the woman and she yelled she was pregnant. The boyfriend was also attacked when he stepped in to defend the woman, officials said.

A witness recorded the incident; the video was played during the defendants' arraignment.

The men fled the scene and were arrested at a nearby store.

The woman had no visible injuries, police said, and her boyfriend had a cut on his head. Both went to an area hospital on their own.

### LEGAL NOTICE

**CITATION ON PETITION TO CHANGE NAME**  
Docket No. NO19C0038CA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
In the Matter of:  
Aidan Jackson Ward  
A Petition to Change Name of Minor has been filed by  
Aidan Jackson Ward of Quincy, MA  
requesting that the court enter a Decree changing their name to:  
Aidan Jackson Bushman

### IMPORTANT NOTICE

Any person may appear for purposes objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 05/01/2019.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 27, 2019  
PATRICK W. McDERMOTT  
Register of Probate

4/18/19

### LEGAL NOTICE

**INFORMAL PROBATE PUBLICATION NOTICE**  
Docket No. NO19P0559EA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Division  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
Estate of:  
Ralph Pina  
Also Known As:  
Ralph J. Pina  
Date of Death:  
February 9, 2019

To all persons interested in the above captioned estate, by Petition of:  
Petitioner William Brown of Quincy, MA.

a Will has been admitted to informal probate.

William Brown of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

4/18/19

### LEGAL NOTICE

**CITATION ON PETITION TO CHANGE NAME**  
Docket No. NO19C0037CA  
Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Norfolk Probate and Family Court  
35 Shawmut Road  
Canton, MA 02021  
(781) 830-1200  
In the Matter of:  
William Sebastian Ward  
A Petition to Change Name of Minor has been filed by  
William Sebastian Ward of Quincy, MA  
requesting that the court enter a Decree changing their name to:  
William Sebastian Bushman

### IMPORTANT NOTICE

Any person may appear for purposes objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 05/08/2019.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 1, 2019  
PATRICK W. McDERMOTT  
Register of Probate

4/18/19

### SECONDARY LUNCH MENU

**Monday, April 22**  
Homemade Pizza Variety: Cheese, Chicken Pepperoni, or Green Peppers & Onions, Greek Salad, Seasonal Fruit.

**Tuesday, April 23**  
Breaded Chicken w/



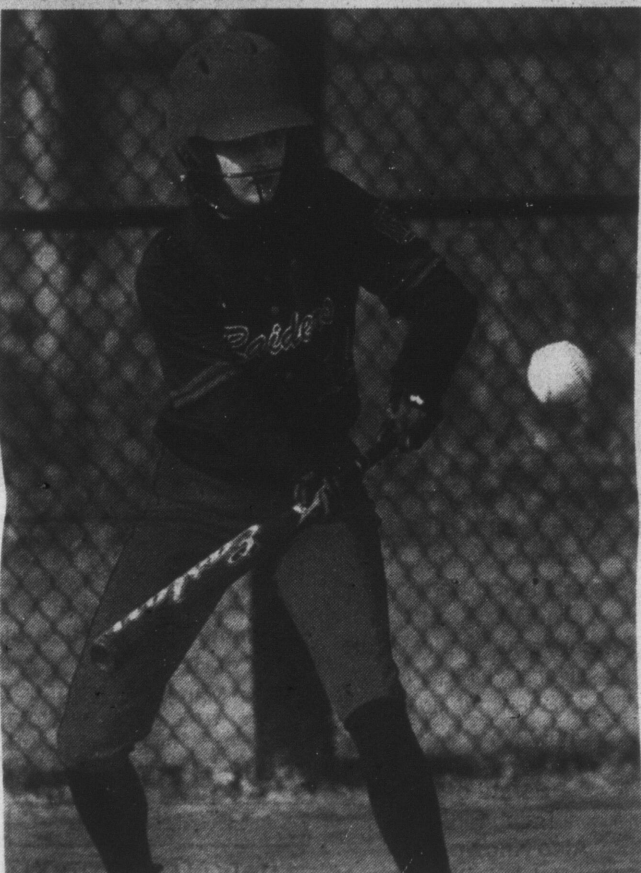


NORTH QUINCY'S Shannon Boylan races to the plate as Hingham catcher takes a late throw. The Red Raiders defeated Hingham 8-1 on the road April 11. Quincy Sun photos/Tom Gorman



North Quincy's Ciera O'Connor scores as Hingham catcher waits for the throw in the Red Raiders' 8-1 win April 11.

## North Quincy Softball Tops Hingham



NORTH QUINCY'S Denise O'Donovan puts down a bunt to advance runners against Hingham.

By TOM JOYCE

The North Quincy High softball team swung the bats early, and it worked out well for them.

The Red Raiders got a plethora of offensive production in the first two innings as they topped Hingham 8-1 April 11 on the road. With the win, the Red Raiders improved to 2-1 on the season.

"Today was kind of a gamble," North Quincy first-year head coach Liz Kelly said. "Three of our starters were out today, missing from the infield. The girls were all out of position and I was proud of them. They looked solid on defense — even though they weren't all in the positions they normally play. When we have our whole team together — infield and outfield — we'll keep putting it together."

With one out in the top of the first inning Ciera O'Connor singled, and got into scoring position due to a passed ball. Then, Samantha Smith knocked her home with a deep single, putting the team up 1-0. Command continued to plague Hingham and Smith found herself on third base due to wild-pitches during Camryn Burgio's at-bat. She made it a 2-0 game with a sacrifice fly to right field; that gave the Red Raiders all the runs they needed to win the game.

One inning later, the offensive production continued. Olivia Peluso, Shannon Boylan and Denise O'Donovan each hit a single to load the bases for Shannon O'Brien. Her single then drove in a run and kept the bases loaded for O'Connor, who knocked in a run on an infield fly — which Hingham miscalculated. Then, Smith made it a 7-0 game, ripping a bases clearing double to put the game out of reach early.

"I think getting ahead

first is always the most important," Kelly said. "It helps you settle into the game and build some confidence as you go out there and play defense. If you're not up at the beginning of the game, you have to try to fight back the whole time as opposed to when you're ahead and the bats are alive for you from the start."

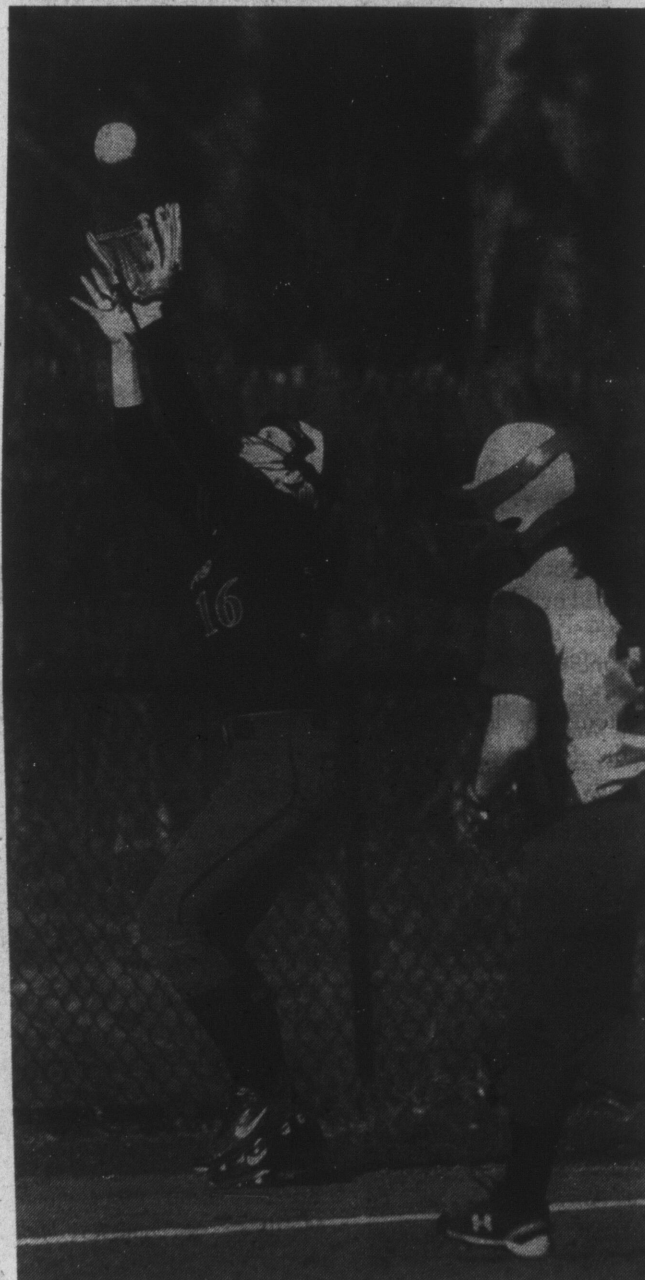
Burgio knocked in the team's other run of the game on a sacrifice fly in the fourth inning.

On the mound, Shannon O'Brien was sharp for the Red Raiders, picking up the victory. She tossed a complete game, allowing one run on five hits while walking one batter and striking out seven.

Hingham scored their only run of the game in the bottom of the third inning. They ripped a one out triple into center field and the following batter singled, making it a 7-1 game. It was the only inning of the contest where O'Brien allowed more than one hit.

"She was very solid," Kelly said of O'Brien. "She is a very solid pitcher. She

Cont'd On Page 30



NORTH QUINCY third baseman Camryn Burgio hauls in a Hingham foul popup.



NORTH QUINCY'S Olivia Peluso beats the throw to first against Hingham.

### QUINCY TRACK CLUB

Boys & Girls Ages 5 to 14

From Quincy and

Surrounding Communities

\$80 per child \$160 Family Rate

#### REGISTRATION

FRIDAY  
APRIL 19  
6-8PM

FRIDAY  
APRIL 26  
6-8PM

FRIDAY  
MAY 3  
6-8PM



Quincy Residency **NOT** Required

RICHARD J. KOCH FAMILY PARK  
AND RECREATION COMPLEX  
1 Merrymount Parkway

For Information Email:

quincytrackclub74@gmail.com

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# Q-NQ Boys LAX Doubles Up Stoughton For First Win

*Brendan Kilcommons, Brendan Bailey, Matt O'Brien Lead Offense*

By BRUCE MARQUIS

The combined Quincy-North Quincy boys lacrosse squad doubled up the visiting Stoughton Black Knights 12-6 at Veterans' Memorial Stadium last Friday. The win was the first for the home team, bringing its season record to 1-5 while scoring only 2 fewer goals in this victory than they had scored in their first 5 games.

Stoughton fell to 1-4 with its only victory coming against Norton.

Dominating the first three quarters of play, the Quincy-North "ten" was led by the outstanding play of mid-fielder junior Captain Brendan Bailey and junior attack Brendan Kilcommons.

The latter opened the scoring just 41 seconds into the match and completed the game with 4 goals. Bailey pitched in with 3 scores, and senior Captain Matt O'Brien added another trio. The Q-NQ scoring ended with 2:49 remaining in the game by Matt O'Brien's blast with an assist from Bailey, who aided on at least 4 assists. The other scorer for the hosts was sophomore middle Kevin Feeney who converted a first quarter pass from Bailey.

Stoughton battled back in the fourth quarter with 3 goals after trailing 1-7 at halftime. The Black Knights were led on offense by middle sophomore Mike McLaughlin who tallied half his squad's goals. On two of the tallies he was checked to the ground split seconds after launching his accurate shots.

Senior middle Aymam Futa displayed great speed through the middle of the field and helped to set up two of McLaughlin goals. Despite giving up a dozen scores, sophomore goalie Thomas Ratcliff remained steadfast in front of the net and provided a dozen outstanding outlet passes to his middies to start breaks down the field.

The starting lineup for Q-NQ featured freshman goalie Riley O'Connell; long poles junior Michael Cugini; freshman Jack O'Brien and senior Mark McKenna; middies senior Jake Zisk, and Bailey, and attacks Matt O'Brien, Kilcommons and Feeney. Getting plenty of action with the constant subbing, especially of middies, were junior captain Matt McGourty, freshman Michael Gorman, freshman Will Ploof, sophomore Zachary Luggelle, senior Aiden O'Connell and freshman Joe Manton.

The Stoughton ten's

starting unit boasted goalie Rafcliff; long poles senior captain Alex Wilson, junior John Mahan and sophomore Liam McGinley; middies Futa, sophomore Brad Russo and senior captain Nate Wilson; and attacks senior captain Sean Doherty, and junior Foster McLeod and McLaughlin. Aside from McLaughlin's "hat trick," the other Black Knight goals were secured by sophomore middle A.J. Deberardinis, Doherty and McLeod.

The center of the field was controlled for most of the game by the Q-NQ middies led by Bailey who had several dashes of eighty yards through the center of the field, avoiding the checks of the Stoughton defenders and passing off to his teammates on the wings and in front of the goal. Speed combined with toughness enabled the mid-die to help set up Kilcommons near the goal for his accurate shots behind the goalie and into the net. The strong conditioning of the presidential raiders was evident throughout the contest, played with four 12-minute quarters of stop time.

Defensively Q-NQ provided a lot of protection for its goalie O'Connell. Junior "long pole" (defenseman) Michael Cugini and freshman defenseman Jack O'Brien teamed up with the senior center defenseman Mark McKenna, who provided an imposing presence in front of the net minder, encouraging attackers to shoot from further out.

Stoughton head coach Pat Healey was disappointed in his team's performance despite its rally toward the game's end.

"We started passing better in the fourth quarter, but number 15 (Bailey) and number 21 (Kilcommons) ran right through us too often," Healey said. "We made too many mistakes - it's lacrosse 101."

After the match victorious Q-NQ coach Matt Gibbons said, "It's nice to win. We started well and we worked hard to get all our kids into the game."

"We let down a little in the fourth quarter when we shifted from man-to-man defense to zone. Defensemen Cugini, O'Brien and McKenna did a great job protecting our net," Gibbons is assisted by coaches Brian Cushing, Brian Grant, Jake Hallisey and Justin Lawless.

Because of the school vacation this week the next Q-NQ lacrosse game will be Tuesday, April 23rd at 4 p.m. against Whitman-Hanson at Creedon Field at North Quincy High School.

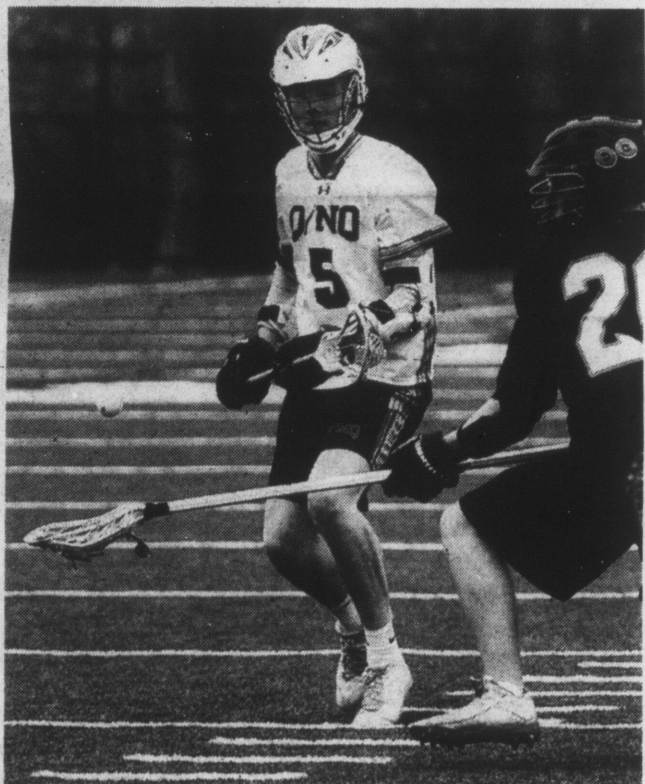


BRENDAN KILCOMMONS, a junior at North Quincy High School, scores one of his four goals against Stoughton in Quincy-North Quincy's 12-6 win over the Black Knights last Friday at Veterans' Memorial Stadium. Quincy Sun Photos/Robert Bosworth

More Photos Online: Visit [www.TheQuincySun.com](http://www.TheQuincySun.com) (galleries)



WILL PLOOF, a freshman at Quincy High School, looks to pass in the offensive zone in the Quincy-North Quincy boys lacrosse 12-6 win over Stoughton.



MATT O'BRIEN battles a Stoughton defender for possession in Quincy-North Quincy's first boys lacrosse win of the season. O'Brien, a senior tri-captain who attends Quincy High School, scored three goals in the victory.



FRESHMAN GOALIE Riley O'Connell (#1, QHS) and defender Joe Manton (#3, QHS) stop a Stoughton scoring opportunity.



## Sacred Heart Wins South Shore Hoop Crown



SACRED HEART boys' 8th grade travel basketball team recently won the championship of the Division 1 South Shore League defeating Hingham, 70-66. Front row (left to right): Stephen Gallant, Joseph Bates, Nate Caldwell and Grant Murphy. Back row: Coach Erik DeBoer, Liam Cody, Kevin Pritchard, Marcus Moore, Zach Taylor, JC Petrongolo, Coach Kipp Caldwell and Alex Pham. Missing from photo: Ganilo Quintos.

Photo Courtesy Kipp Caldwell

## North Quincy Softball Tops Hingham

Cont'd From Page 28

played lights out yesterday too, and she came out again today and got the job done, so we're really happy with her."

The Red Raiders received their share of sharp defensive plays, including a diving grab by Peluso in right field in the fifth inning, robbing an extra base hit opportunity for Hingham.

Although NQ played a strong game against Hingham and defeated Scituate 16-1 one day prior, Kelly said the team still has areas for improvement.

"We've been working on a lot of communication," she said. "There's been a lot of missing pieces lately. We're trying to fill in certain positions and work on what to do on certain plays so they know what they're doing before the game happens."

The opportunity to coach North Quincy is particularly special for Kelly. After all, she graduated from North Quincy in 2013 and was a Patriot League All-Star softball player herself.

"I was just saying earlier today that it's been different to kind of be coaching as opposed to playing for Quincy



SHANNON O'BRIEN was sharp for the Red Raiders, picking up the victory against Hingham. She tossed a complete game, allowing one run on five hits while walking one batter and striking out seven.

Quincy Sun photo/Tom Gorman

youth and now North Quincy," she said. "But I love it. The program is awesome. The school is awesome. Everyone has been super supportive, so it's been a lot of fun."

At full strength, the Red Raiders roster this season includes: Kari Bol-

linger, Samantha Smith, Michelle Nguyen, Sydney Taylor, Alexa Radzik, Olivia Peluso, Meghan Greene, Ciara O'Connor, Shannon O'Brien, Denise O'Donovan, Camryn Burzio and Ashley Caldwell.

North Quincy will square off against Quincy Thurs-

day, April 25 at Mitchell/McCoy Field. First pitch is slated for 4 p.m.

The local high school baseball teams are also scheduled to play Thursday, April 25. Quincy hosts North Quincy at Adams Field with first pitch set for 6:30 p.m.

## New Quest At Moswetuset Hummock

Looking for some outdoor fun for the whole family? Look no further than South Shore Quests. Quests are clue-directed walks through local parks, woodlands and public places of historic interest. With a 2019 South Shore Quests book in hand, you will follow a series of clues leading you to a hidden box which contains a Quest notebook, rubber stamp and ink pad. This year, one of the 15 quests in the 2019 book is

the Moswetuset quest located at 435 E. Squantum Street. This historic site from the earliest period of colonial settlement and before, is located on Quincy Bay with breath-taking views of the coastline.

The South Shore Quest booklet (\$5) is available at the New England Wildlife Center, Weymouth, the Hingham Public Library, the South Shore Natural Science Center, Norwell, Holly Hill Farm and Buttonwood

Books, Cohasset, the Ventrass Memorial Library and the North River Audubon, Marshfield.

Quests encourage observation, following directions and exploration of diverse places. Some quests have a fairy theme for those looking for a bit of fantasy. Quest hikes vary in length, trail difficulty and complexity of finding the clues. Most Quests take about 45 minutes to complete. Some

take longer. The 2019 Quest book contains 15 Quests in many South Shore communities including Quincy, Weymouth, Abington, Braintree, Hingham, Cohasset, Norwell, and Marshfield.

The Quest season began April 15th and concludes Nov. 15th.

To learn more about South Shore Quests, visit their website: [www.southshorequests.org](http://www.southshorequests.org).

## QUINCY-NORTH QUINCY Spring Track Highlights

QNQ @ PLYMOUTH SOUTH  
April 9

### SCORES:

BOYS: Plymouth South 91 QNQ 46

GIRLS: QNQ 68 Plymouth South 67

### GIRLS RESULTS

100m: 1. Catherine Brown 14.2

200m: 2. Nnene Ugah 29.2

400m: 2. Jennie Burgess 66.6 (personal best)

3. Emilia Henry 67.0

800m: 1. Abby Murphy 2:29.0

3. Emma Lyons 2:41.2 (season record)

1 Mile: 3. Maeve White 6:07.0 (season record)

2 Mile: 3. Victoria Mariano 13:27.4

100m Hurdles: 1. Sarah Pillone 17.2

3. Kiera Sleiman 18.2

400m Hurdles: 1. Sorcha Quinn 1:12.6 (personal best)

4x100m Relay: 2. QNQ Ugan, Kylee Rascoe, Pillone, Brown 56.7

4x400m Relay: 1. QNQ Henry, Burgess, White, Murphy 4:31.0

Shotput: 2. Rachel Smith 26'07" (personal best)

Discus: 1. Rachel Smith 88'06"

Javelin: 1. Sorcha Quinn 88'06"

3. Emilia Henry 73'07"

Highjump: 2. Natalia Kepczynski 4'04"

3. Fiona Berberi 4'00"

Longjump: 1. Sarah Pillone 15'03"

3. Kiera Sleiman 14'08"

Triplejump: 1. Sarah Pillone 33'05"

2. Kiera Sleiman 31'08"

### BOYS RESULTS

100m: 1. Proudley Louis 11.9

200m: 1. Jose Las 24.1 (personal best)

400m: 1. Brian Gutro 55.7

800m: NO QNQ SCORERS

1 Mile: 1. Ryan Polsgrove 5:01.1 (personal best)

2 Mile: 3. Robert Cannon 10:47.2 (personal best)

110m Hurdles: NO QNQ SCORERS

400m Hurdles: 2. Robert Donovan 1:04.3 (personal best)

3. Jonathan Bina 1:10.2 (personal best)

4x100m Relay: 2. QNQ Lawrence Ching, Matt Wong, Las, Sean Hill 49.0

4x400m Relay: 1. Alex Ouellette, Donovan, Quang Vinh Tran, Gutro 3:59.8

Shotput: 2. Michael Gordon 42'07" (personal best)

Discus: 3. Troy Isaac 101'10"

Javelin: NO QNQ SCORERS

Highjump: 3. Sean Hill 5'00"

Longjump: 1. Brian Gutro 18'10" (personal best)

3. Jose Las 17'02" (personal best)

Triplejump: 2. Brian Gutro 34'10" (personal best)

## South Quincy Social Club 34rd Annual Toiletries Drive For Homeless Teens

The South Quincy Social Club (SQSC) is again collecting toiletries for the QPS Homeless Teen Program.

Items needed include: toothbrushes, tooth pastes, deodorants, body wash, shampoo, conditioner, shaving needs, combs, brushes, feminine products, wash-

clothes, and first aid kits.

Donations may be dropped off at The Quincy Sun at 1372 Hancock St. or Cagney's Restaurant, 214 Washington St. The last pickup for donations will be May 7th. For more information, email Lynne @ [lilpj4242@hotmail.com](mailto:lilpj4242@hotmail.com).

## NQ Boys Volleyball Downs Brockton For Fifth Win

North Quincy boys volleyball defeated Brockton 3-0 April 12th for its fifth victory with game scores of 25-14, 25-16, and 25-20.

Ilan Valencius and Tyler Li lead the team in kills with 12 and 11 respectively. Gary

Liang had 25 assists and 13 digs. Jeffery Huang had 15 digs.

North Quincy and Quincy will square off in boys volleyball Wednesday, April 24th at 5:30 on the Presidents' home court.

A  
P  
R

1  
8

2  
0  
1  
9



# Rattling Transmission, Peeling Roof Paint, Brake Pads

## Ask John Paul: AAA New England's Car Doctor

I own a 2009 Lincoln MKZ. It is a very nice vehicle with only 70,000 miles but it does have one issue. When driving and the vehicle is going 20-25 mph, the transmission makes a rattling noise. Once it is over or under the above speed everything is fine. The car has new tires, new brakes and it's very well cared for. Any ideas?

If it is the transmission and all the usual possible sources of noise such as mounts and exhaust shields have been checked, the only way to find the source is to take the transmission apart. This would be an expensive proposition. Before I undertook this, I would have the car road tested with a transmission specialist who has seen this before. One possibility is the car is missing a support bracket for the intake manifold. When this bracket is missing you will get a low speed vibration. As the car has aged this vibration could be causing the exhaust heat shields to rattle and sounding like the noise is coming from the transmission.

I own a 2011 Mercedes Benz ML with a diesel engine that has a leaking oil cooler. I am told the cost of repair exceeds \$5,000, and that other elements within the emissions system are destined to fail as well. No wonder the SUV has such a low resale value! But apart from the engine, the vehicle is in like-new condition despite the 180,000 miles. Would it be cost effective (feasible) to replace the entire engine with one using conventional gas engine?

Years ago, many people with Cadillac diesels replaced the faulty engines with a gasoline engine. Back then the conversions were much easier. Converting your Mercedes diesel vehicle to gasoline would require, in addition to the engine, changing the complete fuel system, exhaust system, computers and perhaps the transmission. Unless you had a spare gasoline parts car and plenty of time, I would consider fixing the current issues or purchasing a new vehicle.

Last week as I was leaving work one of my co-workers told me that a brake light was out. I replaced it and since I was replacing that light, I decided to make sure all others were ok. All were okay, except for the fog lights. I find it odd that both would go out at the same time. Do you think it could be the switch or the fuse?

Before I jumped to any conclusions I would test for power at the sockets. It is possible both lights are out. It is certainly possible one bulb burned out then the other and like your brake light you didn't notice. A simple test-light is all you need to check the circuit. If there is no power to the fog/driving lights I would check the fuse and the under-dash relay. Once a month or so, it is a good idea to check all of the lights for proper operation.

My 2007 black Jeep Grand Cherokee was purchased new and is not garage kept but well taken care of. The car is regularly washed and waxed by me about three times per year. I was washing it on a recent nice day and noticed the paint is peeling off the roof! Nowhere else on the car is this happening? Do you have any idea why this is happening?

When the vehicle was new, perhaps even before it was delivered to the dealer there were some issues with paint on flat surfaces. The problem is usually a result of a paint primer issue. The primer has poor resistance to ultra-violet light, chalks and then the top-coat peels. My suggestion would be if you are going to keep your Jeep for a while get it repaired. This will also help with any resale value.

I recently purchased a 2006 Grand Cherokee with 154,000 miles on it. It generally runs great but from time to time it won't run. It has an intermittent problem starting; there is plenty of power coming from the battery, but it won't start. When I turn the key, nothing happens, and jumpstart doesn't help either. Then suddenly it will start and be fine for a few weeks. I took it to my local repair shop, and they could not come up with any diagnostic code and said it may be the starter. I don't want to put money into repairs without knowing the problem. Do you have any suggestions?

At 13 years old and 154,000 miles the problem could certainly be the starter. At this point I would do some basic testing that should include voltage-drop testing. This will give you a good indicator of wiring and connections from the battery to the starter. As a very basic diagnostic test, next time the engine doesn't start, tap on the starter while someone is turning the key. If the engine cranks over replace the starter.

I drive a 2005 Nissan Xterra with approximately 125,000 miles and the frame is starting to rust out. The truck runs great and I use it all the time for camping and fishing trips. My question is should I get the frame repaired or retire my truck?

Years ago, when vehicles had actual body-on frame construction rather than unibody-frames welding shops would

successfully repair frames and add years of life to rusty vehicles. Your Nissan Xterra is one of the few small SUVs that uses body-on frame construction. If the vehicle is in good mechanical condition other than the rusty frame, I would look for a professional welder and have the vehicle evaluated and if feasible, repaired.

My 2018 Hyundai Sonata has 9,000 miles on it. I took it to the dealer for an oil change and asked that the wipers be checked. When I got the car back, I was charged for the oil change and wipers. I thought these cars had great warranties. Why did I have to pay for this maintenance?

Hyundai vehicles have very good warranties but there are some things you need to pay for. The oil change and other scheduled maintenance are some of the things you would be financially responsible for. That being said, the maintenance schedule should come from the vehicle owner's manual and not add-on services that some dealers recommend. Regarding the wiper blades, they should have been covered by the one year, 12,000-mile warranty unless they were damaged due to ice or snow removal.

I have a 2011 Hyundai Santa-Fe and it has been a great vehicle, but lately it has started to need some work. I just replaced the four tires and the tire shop tells me I will need a rear ball joint. When I went to my local shop, they told me that this is unusual and expensive. The shop hasn't performed the work and cautioned me that it will be expensive. Can you give me some advice on what to do?

If the ball joint is worn it should be replaced. A worn ball joint will cause tire wear and eventually it could fail completely and lead to a crash. The rear ball-joint on this model is part of the upper control arm. The repair will take about four hours and depending on where the part is purchased could run between \$250 and \$450.

My 2007 Toyota Camry 103,000 miles on it and it needs four tires and an alignment. My question is I do not have a lot of money at all and I am having to travel to Florida to help settle my grandfather's estate. I have two problems: I don't fly, and I really can't afford to anything more than driving, but I'm concerned about travelling 3,000 miles in my 12-year old car. Do you have any suggestions?

Since renting a car is not possible, driving your car is really the only option. Start with a thorough inspection of your current vehicle. The shop should pay particular attention to the belts, hoses and radiator. During the tire replacement and wheel alignment, the brakes and suspension will be inspected for wear. Although a 3,000-mile trip is a long drive, you probably drive 3,000 miles every six months, and do that without worry.

I bought a 1990 Dodge van that was set-up to carry at least 10 people. It is in good overall shape I believe because it spent most of its life in Arizona. I took the seats out and I'm using the van for a work/play truck. The problem is there is a fair amount of wandering when driving on the highway. I had it checked by a mechanic and everything looked good but suggested a steering stabilizer. The truck doesn't have a steering stabilizer now and this would be an add-on part. What do you think of this idea?

These older vehicles use a steering box, rather than rack and pinion steering used in nearly every vehicle now. Even the best re-circulating ball steering box will have more "play" than a rack and pinion steering system. A long time ago I had an old Winnebago motor-home and it also was hard to keep straight. The alignment, tires and steering and suspension were all either in good shape or I repaired them. I installed a steering stabilizer (sort of a horizontally mounted shock absorber) and it made a significant improvement in highway driving. I would say your mechanic is on the right track.



JOHN PAUL  
AAA's Car Doctor

I recently decided to replace the brake pads in my car. When I went to the auto parts store, they had several options of brake pads and some included extra hardware. I chose the best kit. Since then I have talked with friends and they told me I wasted my money and brake pads all need to be at least as good as the original set. Did I waste my money?

When I buy brake pads, I tend to buy a well-known brand and always replace the brake hardware. I have found cheaper brands tend to squeak and produce lots of dust. When it comes to brakes, buying the best is money well spent.

I have a 2015 Volkswagen Jetta with 24,000 miles on it. I took it to the dealer for an oil change and had to replace the front brake and brake rotors. The brake rotors were covered by my vehicle's extended warranty, although I did have to pay for the brake pads. I have two concerns: was this early for this type of repair and will I get more life out of the replacement parts?

As a general rule, brake pads will normally last 30-40,000 miles and even more depending how the car is driven. There is a possibility that the brake calipers were sticking due to corrosion. This is an issue that I have seen in many different models. The corrosion is a result of the salt and other materials applied to the roads to prevent icing during winter. The other possibility is you the driver. Even light pressure on the brake pedal will cause accelerated wear. During my commute I seen many drivers who don't anticipate changes in traffic and are always stepping on the brake pedal.

My wife and I need a recommendation for a new car. We currently have a 10-year-old Mazda 5 with about 70,000 miles on it. We like its small size, the way it drives, its flexible and spacious interior, and its third-row seating for occasional use. Its problem, in addition to its lack of modern safety features, is that its suspension can't hold up to our local streets. We have replaced all four struts (one twice), both ball joints and one tie rod. We went to the recent auto show and couldn't find a replacement that has all the features we like about a Mazda 5. The compact SUVs have significantly less interior room (lower roofs that slope downward in back) and no third-row seating. The SUVs that have third row seats are too big and wouldn't fit in our garage. We thought that the small Ford Transit van might be the best option, though we don't know how it drives or if it would stand up to our streets. Any suggestions?

The Ford Transit Connect is a good light-duty van but it is a truck and if I were you, I'd rent one before purchasing, just to see if it really fits your needs. There are a couple of three row smaller SUVs to look at. I would start with the new Subaru Ascent, the Kia Sorento and the Volkswagen Atlas.

Reader suggestions: A question came from a reader looking for a bit of an "oddball" car. Some reader suggestions were: Caterham Super-7, Atom Ariel (which I have driven, and it is a hoot) and even a three-wheeled motorcycle such as a Polaris Slingshot or T-Rex.

## PAUL'S AUTO BODY

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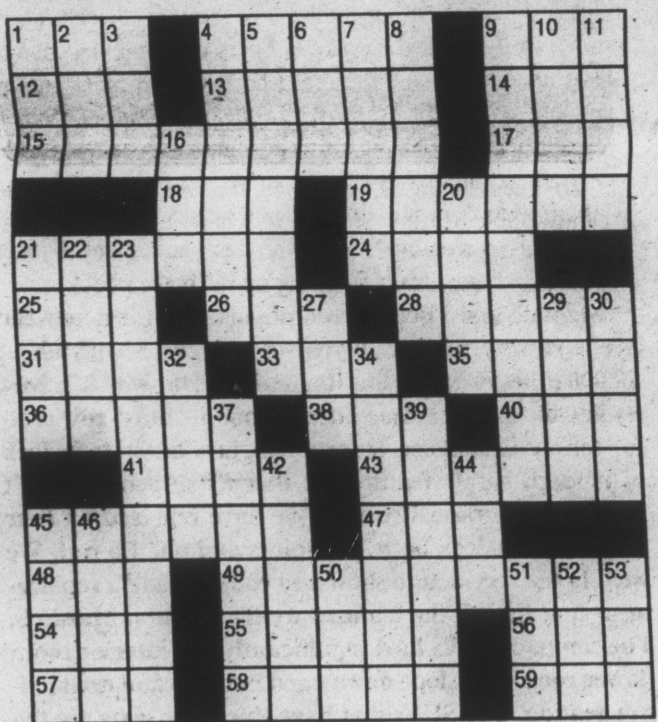
Insurance Rentals Available



# SUN FUN PAGE

## King Crossword

- ACROSS**
- 1 Mouth part
  - 4 Uses an old phone
  - 9 Taxi
  - 12 Lemony drink
  - 13 "Snowy" bird
  - 14 11-Down cousin
  - 15 Woodworker
  - 17 Fish eggs
  - 18 Parisian pal
  - 19 McCormick's invention
  - 21 Tennis need
  - 24 Palm starch
  - 25 — Khan
  - 26 Morning moisture
  - 28 Phobos and Deimos, to
  - 31 "— Your Enthusiasm"
  - 33 British rule of India
  - 35 Merriment
  - 36 Military caps
  - 38 Wrigley product
- DOWN**
- 1 Fond du —, Wis.
  - 2 Actress Lupino
  - 3 Apiece
  - 4 Considered
  - 5 Pilot light, e.g.
  - 6 Illustrations
  - 7 Lecherous
  - 8 Rill
- ACROSS**
- 40 Listener
  - 41 Heidi's range
  - 43 Piece of pasta
  - 45 Half a dime
  - 47 Ailing
  - 48 Jimmy
  - 49 Kimmel's network
  - 54 "Seize the day" in Latin
  - 54 Half of XIV
  - 55 Elbows' counterparts
  - 56 Dove's call
  - 57 Tokyo's old name
  - 58 Begin
  - 59 Conclusion
- DOWN**
- 9 Used the HOV lane
  - 10 Lotion additive
  - 11 Brewery output
  - 16 LPGA's Se Ri
  - 20 Quite enthusiastic
  - 21 Poolroom item
  - 22 Chills and fever
  - 23 Thin-sliced raw meat
  - 27 Witty one
  - 29 Patricia of "Hud"
  - 30 Withered
  - 32 Defraud
  - 34 Gin flavoring
  - 37 Motes
  - 39 Harass
  - 42 Point of view
  - 44 Antiquated
  - 45 Church section
  - 46 Footnote abbr.
  - 50 Actor Stephen
  - 51 Hockey surface
  - 52 A billion years
  - 53 Chic, in the '60s



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## MAGIC MAZE • CREDIT

MBYVTFQOLIGDTBY  
WLBTOROPMKIFFDB  
YWAEXPORTUASQOM  
KGNIVLOVERIFDBD  
ZIKX(CHILDTAX)WYE  
LUSQORNRCETLJGC  
HFDCAYE EWSVEERN  
TSQPNVRMLRKLLEA  
IHFE OICBMULZYNV  
WVUSDABTROP MIED  
RREMUSNOCCCPNA

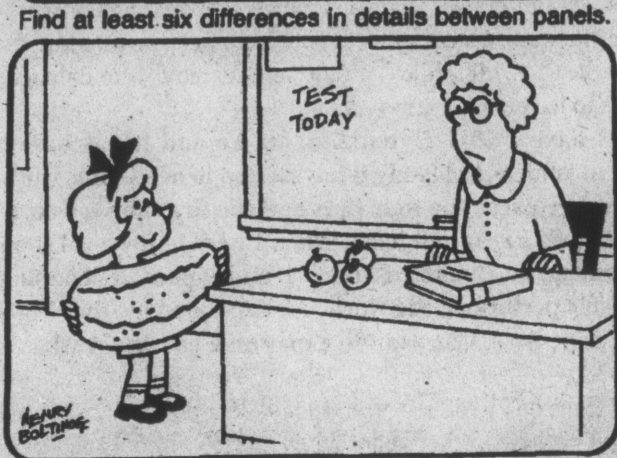
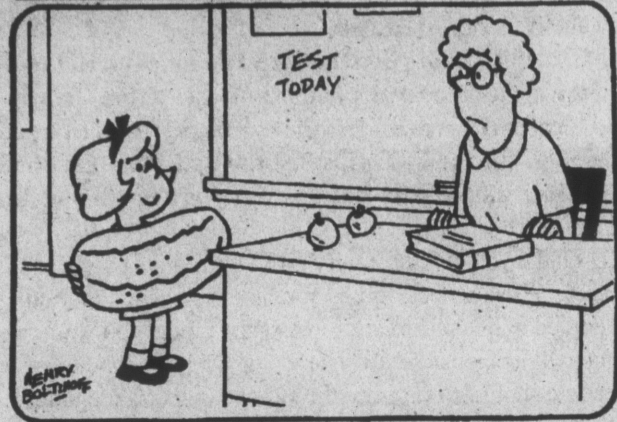
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- |           |            |           |           |
|-----------|------------|-----------|-----------|
| Advanced  | College    | Energy    | Line of   |
| Bad       | Commercial | Export    | Overdraft |
| Bank      | Course     | Import    | Revolving |
| Child tax | Direct     | Letter of |           |

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## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Girl's bow is bigger. 2. Socks are different. 3. Teacher's dress has buttons. 4. Extra apple is on desk. 5. Blackboard is smaller. 6. Girl's left hand is shown.

## Trivia test

by Fifi Rodriguez

1. U.S. STATES: Which state is home to the Volcanoes National Park?
  2. HISTORY: When did the Deepwater Horizon oil spill occur in the Gulf of Mexico?
  3. MOVIES: Who sang "Beauty and the Beast" in the 1991 movie of the same name?
  4. GEOGRAPHY: Which one of Japan's islands is the largest in size?
  5. RELIGION: Who was the first Roman emperor to convert to Christianity?
  6. LITERATURE: What was the name of the land featured in the seven-novel fantasy series written by C.S. Lewis?
  7. MATH: What is the name of an angle that is less than 90 degrees?
  8. GENERAL KNOWLEDGE: What was Mahatma Gandhi's profession before he became an activist for nonviolent civil disobedience?
  9. U.S. PRESIDENTS: Which president popularized the phrase "The Silent Majority"?
  10. INVENTIONS: Who is credited with inventing Coca-Cola?
- Answers
1. Hawaii
  2. 2010
  3. Angela Lansbury
  4. Honshu
  5. Constantine
  6. Narnia
  7. Acute
  8. Lawyer
  9. Richard Nixon
  10. Dr. John Pemberton

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## Wishing Well®

7	5	2	6	4	3	8	4	8	5	4	7	2
A	S	E	E	O	P	M	T	A	T	H	W	X
7	4	5	8	7	8	4	6	4	3	2	3	4
O	E	A	K	R	E	R	N	S	R	E	O	E
8	6	2	8	3	8	6	4	3	8	3	8	7
A	E	R	F	P	I	R	N	H	R	E	M	T
3	8	2	4	5	8	5	4	3	7	2	8	2
T	D	C	V	R	E	T	Y	I	H	I	C	S
4	8	5	3	7	6	4	6	4	2	8	3	6
Y	I	S	C	Y	G	O	Y	U	E	S	D	R
8	3	6	7	3	8	6	2	6	7	6	8	5
I	R	E	G	E	O	N	M	E	I	W	N	M
6	2	6	5	7	3	7	3	2	5	3	2	5
E	I	D	A	F	A	T	M	N	L	S	D	L

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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## Salome's Stars

**ARIES** (March 21 to April 19) You might need to do a bit more investigating before making a career move. You do best when you come armed with the facts. A personal matter still needs tending to.

**TAURUS** (April 20 to May 20) Your creativity plus your good business sense once more combine to give you an important advantage in a difficult workplace situation. An ally proves his or her loyalty.

**GEMINI** (May 21 to June 20) Avoid rushing into something just because it offers a break from your usual routine. Take things a step at a time to be sure you're moving in the right direction.

**CANCER** (June 21 to July 22) Bouncing back from a disappointing incident isn't easy, but you should find a welcome turn of events emerging. Spend the weekend with someone special.

**LEO** (July 23 to August 22) An incomplete project needs your attention before someone else takes it over and uses it to his or her advantage. There'll be lots of time for fun and games once you get it done.

**VIRGO** (August 23 to September 22) Doubts involving a potential career change need to be resolved quickly so they don't get in the way when you feel you're finally ready to make the big move.

**LIBRA** (September 23 to October 22) Looking to blame someone for a workplace problem could backfire if it turns out you've got the wrong "culprit." Best to get more facts before acting on your assumptions.

**SCORPIO** (October 23 to November 21) Patience might still be called for until you're sure you finally have the full story that eluded you up till now. A trusted associate could offer valuable guidance.

**SAGITTARIUS** (November 22 to December 21) Look into your recent behavior to see if you could have caused the coolness you might now be sensing from a loved one. If so, apologize and set things straight.

**CAPRICORN** (December 22 to January 19) Easing up on your social activities allows you to focus more of your energies on a long-neglected personal matter. You can get back into party mode by the weekend.

**AQUARIUS** (January 20 to February 18) A dispute with a colleague can be resolved peacefully once you both agree to be more flexible about the positions you've taken and allow for more open-minded discussions.

**PISCES** (February 19 to March 20) Volunteering to take on added responsibilities could be a risky way to impress the powers-that-be. Do it only if you're sure you won't be swept away by the extra workload.

**BORN THIS WEEK:** Your sense of self-awareness allows you to make bold moves with confidence.

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## CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: J equals W

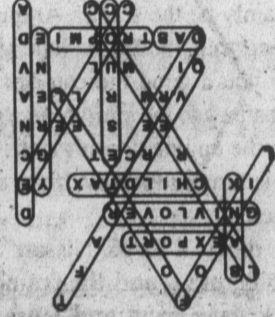
JSQ L MJV EOFKGFYNR GOLN  
MVHQMSQY JSFKQ JYVIFLH VL  
O MORI, UVTKN AVT ROA  
MSQA OYQ UVL-EVFLQN?

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## King Crossword



## Magic Maze



## CryptoQuip

When two jallbirds band together while working on a task, could you say they are con-jointed?



# HOLLYWOOD

by Tony Rizzo

**HOLLYWOOD** -- Matt Damon has completed "Ford v. Ferrari," with Christian Bale (for Nov. 15 release) and has turned his attention to being executive producer for the Netflix six-episode comedy-anthology series "Green Beret's Guide to Surviving the Apocalypse," starring Daril Fannin and Shawn Vance, and the Showtime psychological horror film "City on a Hill," starring Kevin Bacon. Bacon has just completed filming "You Should Have Left," with Amanda Seyfried.

With "Cats" and "Wicked" headed for the big screen, Tristar Pictures has announced its remake of the 1950 MGM musical "Guys & Dolls," which starred Marlon Brando, Frank Sinatra, Jean Simmons (of "Spartacus" not "Kiss") and Vivian Blaine. The original 1950 Broadway show won five Tony Awards and the 1992 revival, with Nathan Lane, was a big hit. Trouble is, the plotline was already dated when they made the 1955 film, and where will they ever find stars of the caliber of the original? Also getting a reboot is "Fantasy Island," with Michael Pena assuming the Ricardo Montalban role of "Mr. Rourke." Also on board are "Designated Survivor's" Maggie Q, "Pretty Little Liars' Lucy Hall and "Reign's" Prince Henri, Nick Slater.

TV legend Carol Burnett is joining forces with Tina Fey, Eric Gurian and Ste-

ven Rogers to co-produce a film of her 2013 bestselling book, "Carrie And Me: A Mother-Daughter Love Story." Carol once introduced me to Carrie, and she was sweet, bright and very talented. She overcame an addiction to drugs only to succumb to cancer in 2002 at age 38.

Former series stars making pilots to return to series on ABC TV are "Parenthood's" Dax Shepard and "Boston Legal's" Lake Bell in "Bless the Mess"; "Veeps" Matt Walsh, "Reba's" JoAnna Garcia and "Ugly Betty's" Vanessa Williams in "Happy Accident"; and "Married With Children's" Katey Sagal in "Nana." "Dr. Ken" Ken Jeong will become "The Emperor of Malibu," while "Grey's Anatomy's" Katherine Heigl takes on "Our House."

Meanwhile, now that Rami Malek is a best-actor Oscar winner for "Bohemian Rhapsody," the USA Network has given his "Mr. Robot" the pink slip.

Another series becoming a feature film is "Deadwood," which ran on HBO from 2004-06 and was nominated for 28 Emmy awards, winning eight. The story reunites Ian McShane, Timothy Olyphant, Brad Dourif and Gerald McRaney 10 years after the series ended. Guess it wasn't such "Deadwood" after all!

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## GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: \*

\* Moderate \*\* Difficult \*\*\* GO FIGURE!

	+		x			13		
+		÷		+				
	x		-			11		
÷		+		+				
	x		-			20		
5		11		10				
1	2	3	4	5	6	7	8	8

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## KOVELS' Antiques & Collecting

By Terry and Kim Kovel

### Rabbit Doorstop

Where did the Easter bunny come from? There is no suggestion of an egg-laying rabbit or hare in the Bible's scriptures. There were stories about decorated eggs at Easter as early as the 1300s. And children made nests for the colored eggs. In America, the bunny arrived in the early 1700s with German immigrants in Pennsylvania. The idea of eggs at Easter was universal, but instead of a bunny, countries had foxes, cuckoo birds, hares and more. The rabbit symbolizing Easter is now a fluffy, young bunny, even though it was an adult rabbit in earlier years.

A doorstop shaped like a rabbit probably was not originally made as a symbol of Easter, but it could have been. The iron figure of a sitting rabbit was made in the early 1900s by Spencer Manufacturing Company, in Guilford, Connecticut. The 15-inch-high doorstop was so rare it auctioned at Bertoia in New Jersey for \$5,400 -- three times the estimate.

**Q: I have a picture of John F. Kennedy autographed to my family. During World War II, my father was in the Navy with Pierre Salinger, President Kennedy's press secretary. I'd like to have the picture appraised, but there are no political auctions around here. Some reports are that a signed picture stating it's to our family could be worth thousands. I won't send it to any online companies. How can I get the value?**

**A:** You can contact auction houses that have political auctions to find out if there is any interest in the photo. If the auction is interested in it, take a picture of the

photograph, making sure it's clear enough to read the autograph, and send it them with the details of how your family got the picture. Don't be disappointed. It isn't worth thousands of dollars. A picture autographed to someone usually is worth less than a picture with an autograph that is not "to" anyone.

**Q: I found an old Mountain Dew bottle and brought it home and washed it. There is a misprint on it. It reads "It'll tickle yore nnards." Does that make it valuable?**

**A:** The Pepsi-Cola Company introduced Mountain Dew in 1964. "It'll Tickle Yore Innards" was part of the slogan used on bottles and cans from 1965 to 1969. Error bottles are not rare, and the error doesn't add to the value. Mountain Dew bottles with that slogan sell for about \$5.

### CURRENT PRICES

Fun House mirror, carnival, wood frame, blue, lighted marquee, 1930s, 81 x 33 inches, \$1,160. Mochaware, sugar, lid, marbled bands, brown, blue, flower finial, 1800s, 4 1/4 inches, \$2,195. Letter box receptacle, U.S. mail, eagle and shield front, brass, Cutler Mfg. Co., 21 x 36 inches, \$4,350. Doll, automaton, dandy smoker, black, papier-mache head, marbled wood cabinet, 1935, 37 1/2 x 18 1/2 inches, \$8,055.

**TIP:** Decorated glasses given as promotions at fast-food restaurants often fade in sunlight.

For more collecting news, tips and resources, visit [www.Kovels.com](http://www.Kovels.com)

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## Strange BUT TRUE

\* It was one of the most influential directors in the history of cinema, Alfred Hitchcock -- also known as the "Master of Suspense" -- who made the following sage observation: "The length of a film should be directly related to the endurance of the human bladder."

\* In Murfreesboro, Tennessee, it is illegal to keep indoor furniture outdoors. \* The town of Llanfair in Wales is also known by its Welsh name, Llanfairpwllgwyngyllgogerychwyrndrob-wllllantsiliogogoch. Roughly translated, this means, "Saint Mary's Church in a hollow of white hazel, close to a whirlpool and Saint Tysilo's Church and near a red cave." The sign at the railway station that has the town's name is 20 feet long.

\* Those who study such things say that cockroaches can run as fast as 3 mph. \* You probably don't realize it -- and you certainly don't notice it -- but ex-

perts claim that the Atlantic Ocean is getting about 1 centimeter bigger every year, and the Pacific Ocean is shrinking by the same amount. It's due to continental drift, they say.

\* Linguists say that American English has roughly 20 swear words (depending, of course, on how one defines swearing). In contrast, residents of ancient Rome had a lexicon of about 800 so-called "dirty" words to draw upon.

\* The tuatara is a lizard that can be found in New Zealand. Its claim to fame? It has a third eye, located on the top of its head.

\* If you counted up all the McDonald's, Dunkin' Donuts, Pizza Hut, Burger King, Domino's Pizza, Kentucky Fried Chicken, Wendy's and Taco Bell locations in the United States and added them together, you still wouldn't reach the number of pharmacy locations across the country.

**Thought for the Day:** "I am free of all prejudices. I hate everyone equally." -- W. C. Fields

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## Now here's a tip!

by Jo Ann Derson

\* To keep bugs off your camp table, bring four tuna- or cat-food cans that are clean. Set each table leg into a can and fill halfway with water.

\* "It's about time to store my calf boots, as spring is warming things up. I don't want them to fall over, causing creases that can stress the fabric and create tears or otherwise ruin decent boots. So, I tape together two or three paper towel cores and set the whole thing down inside my winter boots to help them stay upright in storage." -- R.F. in Missouri

\* Stuff wet shoes with newspaper to absorb the moisture. It not only cuts down on drying time, but helps absorb odors too.

\* Did you know that popcorn has a lot of insoluble fiber, which makes it a good snack if you're suffering from constipation. One caveat, though. Make sure you drink plenty of clear fluids, and don't add extra salt!

\* If you have trouble poaching eggs, add a bit of white vinegar to the boil water. The acidic additive will help the eggs set and retain their shape. Also, add the egg slowly -- don't just plop it in the water.

\* "Condiment squeeze containers are great for lots of other things, like paints, cooking oil and even frosting. The squirt tip allows a little more precision for decorating, but you don't want your sweet stuff to taste savory with the left-over mustard. Clean out the container well with soap and water. Add a couple of teaspoons of baking soda and some warm water. Let sit overnight and then rinse well. Allow to air dry before filling." -- T.I. in Washington

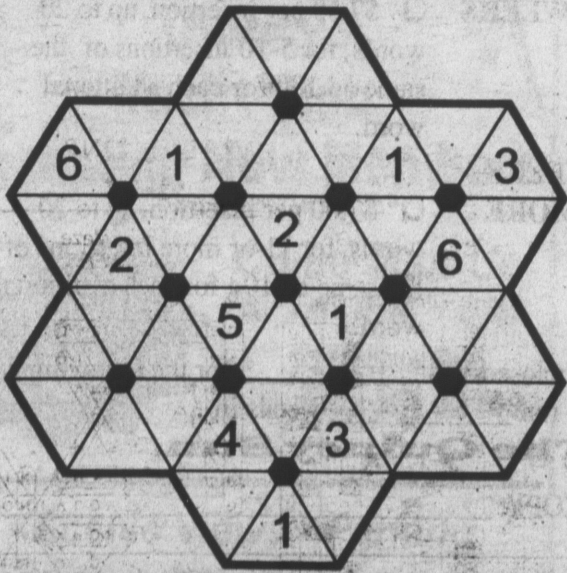
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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## SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆◆◆

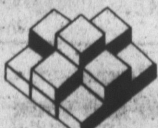
◆ Easy ◆◆ Medium ◆◆◆◆ Difficult

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## STICKELERS

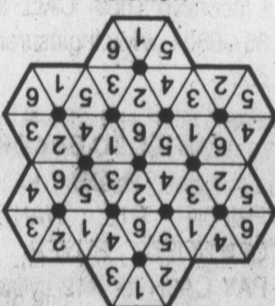
How many individual cubes are in the figure below? All rows and columns run to completion unless you actually see them end.

- A) 12  
B) 14  
C) 15  
D) 16



## SNOWFLAKES

solution



Stickelers Answer

The answer is C) 15.

## Go Figure! answers

10	11	9
20	4	3
+	+	+
11	5	8
+	+	+
13	1	7



# CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
<b>T &amp; M Landscape Co.</b> • Spring & Fall Cleanups • Power Washing • Lawn Mowing Services • Yard Mulching • Bushes & Trees Trimmed <i>Free Estimates</i> <b>617-733-4554</b> <i>~ AFFORDABLE RATES ~</i>	<b>COBBLESTONE MOUNTAIN MASONRY</b> <b>ALL TYPES STONES</b> House Veneering, Patios, Walkways, Retaining Walls, Steps, Outside Firepits, etc. <i>(General Carpentry)</i> <b>SERVING THE SOUTH SHORE</b> <b>617-595-0734 MIKE L.</b> <b>617-472-7235 DANNY C.</b> <i>"We make our money the old-fashioned way, we earn it"</i>	<b>IMAGE LANDSCAPING</b> <i>We are committed to your property.</i> <b>QUALITY WORKMANSHIP FOR ALL YOUR LANDSCAPING NEEDS</b>  <b>We Clean it, Trim it, Remove it!</b> <b>617-471-0044</b> <b>Jim Riley</b> <b>Riley Construction</b> Commercial & Residential Roofing All Phases Windows and Gutters Quincy, MA 02169 Licensed & Fully Insured (617) 472-3335 Mass Reg #138824 rileyconstruction@live.com Free Estimates	<b>KERRY CONSTRUCTION INC.</b> CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED <b>JIM AT 617-825-0592</b>	 <b>Hancock T.V. &amp; Appliance</b> Sales, Service, Parts & Installation Since 1945 <b>(617) 472-1710</b> 115 Franklin Street, Quincy, MA hancocktvandappliance.com	<b>THOMAS C. SWEENEY</b> Smaller Jobs a Specialty 54 Years Experience <b>Carpentry, Siding, Painting, Porches</b> <b>Vinyl/Windows, Doors</b> <b>Roofing, Decking, Steps</b> License #1373 Free Estimates Reliable <b>617-825-1210</b> References
<b>HOME SWEET HOME REAL ESTATE</b> Broker/Owner Fran Lawlor Wollaston, MA 02170 Member of MLS Cell 617-314-3788	<b>FOR HIRE</b> <b>Garages, Decks Torn Down Rubbish Piles Moorings Moved</b> OR ME WITH DUMP & LIFTGATE OR 18FT BOX TRUCK <b>\$75/HR.</b> <i>"Your Trash is my Ca\$h"</i> <b>(617)479-5410</b>	<b>DG'S YARD MAINTENANCE</b> • LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <i>Serious about Service... Reasonable Rates</i> <b>CLEAN-UPS</b> <b>617-786-9558...FREE ESTIMATES</b>	<b>J.F. ROOFING Co.</b> QUINCY, MA • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows <b>(617)471-8216</b>	<b>Kevin O'Connell</b> • Landscaping • Gardening • Spring Plantings • Premium Mulches Installed • Home Caretaking - FULLY INSURED - <b>617-922-0034</b>	<b>DERRICKS PAINTING</b> <i>When quality counts</i> Interior/Exterior Gutter Cleaning & Repair Deck Restoration Professional Window Cleaning <b>617-851-1688</b> Lic./Ins.
<b>DiPesa &amp; Company</b> is one of Massachusetts' oldest and most respected accounting firms. We are leaders in tax and auditing services <b>617-786-7775</b>	<b>CONSTABLE SERVICE FOR EVICTIONS</b> Weymouth If you have a problem tenant Call Ken 617-479-1133	<b>QUALITY WIGS AT AFFORDABLE PRICES!</b> Patricia & Company Weymouth, MA 02190 <b>781-335-4700</b>	<b>GENERAL CONTRACTING</b> CARPENTRY • ROOFING • SIDING WINDOWS • PAINTING • BATHROOMS Also, Handyman Jobs GREAT REFERENCES CALL 617.980.6558	<b>Nails to You Mobile Nail Spa</b> Manicures and pedicures in the comfort of your own home. Now offering Nail Parties and Children's Spa Parties. Call today for more info. <b>617.706.3999</b> www.nailstoyouquincy.com	<b>BETHANY CONG. CHURCH</b> Is Seeking Crafters and Vendors for Annual Yard and Craft Fair Saturday, May 4 <sup>th</sup> 9am - 3pm Table Rental \$30 Call 617-479-7300 or 617-686-1646 for more info
<b>Continental Marine Service Inc.</b> Boat Hauling, Local and Long Distance, Boat Disposals, Storage, Used Boat Parts, Salvage <b>617-479-5799</b>	<b>OLD HAND TOOLS &amp; ANTIQUES WANTED</b> Planes, chisels, spokeshaves, hammers, machinist, mechanic, blacksmith, Stanley, Starrett, Bailey, Victor, calipers, clamps, anvils, vises, etc. <b>USEFUL TOOLS, ALL TRADES</b> pottery, lanterns, postcards, toys, ESTATE LOTS & COLLECTIONS <b>LIBERTY TOOL CO.</b> 888-405-2007 www.jonesport-wood.com www.davistownmuseum.org	<b>PERSONAL</b> <b>THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE</b> J.D.	<b>INDEX</b> <input type="checkbox"/> Services <input type="checkbox"/> For Sale <input type="checkbox"/> Autos <input type="checkbox"/> Boats <input type="checkbox"/> For Rent <input type="checkbox"/> Wanted <input type="checkbox"/> Help Wanted <input type="checkbox"/> Work Wanted <input type="checkbox"/> Pets <input type="checkbox"/> Lost & Found <input type="checkbox"/> Real Estate <input type="checkbox"/> Antiques <input type="checkbox"/> Flea Markets <input type="checkbox"/> Yard Sales <input type="checkbox"/> Instruction <input type="checkbox"/> Day Care <input type="checkbox"/> Personal <input type="checkbox"/> Miscellaneous	<b>CRISTMAS CONTEST POSTERS</b> If your child had one on display in the window of the Quincy Sun, you can pick it up Monday thru Friday 9am - 5pm	
<b>VENDORS WANTED</b> <b>BETHANY CONG. CHURCH</b> Is Seeking Crafters and Vendors for Annual Yard and Craft Fair Saturday, May 4 <sup>th</sup> 9am - 3pm Table Rental \$30 Call 617-479-7300 or 617-686-1646 for more info	<b>HALLS FOR RENT</b> <b>MORRISSETTE LEGION POST</b> 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings	<b>THANK YOU GOD AND ST. JUDE FOR HEARING MY PRAYERS</b> J.C.	<b>RATES</b> 1 WEEK <input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS <input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS <input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word. 11 WEEKS OR MORE <input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. <input type="checkbox"/> Enclosed is \$_____ for the following ad to run _____ weeks in <b>The Quincy Sun.</b> COPY: _____	<b>WANTED</b> <b>OLD HAND TOOLS &amp; ANTIQUES WANTED</b> Planes, chisels, spokeshaves, hammers, machinist, mechanic, blacksmith, Stanley, Starrett, Bailey, Victor, calipers, clamps, anvils, vises, etc. <b>USEFUL TOOLS, ALL TRADES</b> pottery, lanterns, postcards, toys, ESTATE LOTS & COLLECTIONS <b>LIBERTY TOOL CO.</b> 888-405-2007 www.jonesport-wood.com www.davistownmuseum.org	
<b>HELP WANTED</b> <b>HOTEL</b> searching for FT/PT positions: Maintenance at \$15, Security at \$16, Housekeeping at \$14, Line Cook at \$16, on call Banquet Server at \$21. Opportunity for pay increase after 90 days and 1 year, incentive programs, paid time off, medical/dental/vision, 401(k) and much more! Apply: Nantasket Beach Resort 45 Hull Shore Drive or resumes@newporthotelgroup.com.	<b>HELP WANTED (SALES)</b> <b>EARN \$500 A DAY (SALES)</b> Final Expense Insurance • Exclusive Leads • Local • Training/Support • Everyday is Payday Agent Health/Dental Benefits • Incentive Trips CALL 860-357-6904 www.fhginsurance.com	<b>THANK YOU ST. JUDE FOR HEARING MY PRAYERS</b> J.C.	<b>NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.</b>	<b>WANTED TO BUY OR TRADE</b> <b>FREON R12 WANTED:</b> CERTIFIED BUYER will PAY CASH for R12 cylinders or cases of cans. (312) 291-9169; www.refrigerantfinders.com	<b>HELP WANTED</b> <b>HOTEL</b> seeking Engineering Manager who is responsible for the building maintenance. Opportunity for pay increase after 90 days and 1 year, paid time off, medical/dental/vision, 401(k) and much more! Apply: Nantasket Beach Resort 45 Hull Shore Drive or resumes@newporthotelgroup.com.

## The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169  
 PAYABLE IN ADVANCE. Payment must accompany order.

<b>INDEX</b> <input type="checkbox"/> Services <input type="checkbox"/> For Sale <input type="checkbox"/> Autos <input type="checkbox"/> Boats <input type="checkbox"/> For Rent <input type="checkbox"/> Wanted <input type="checkbox"/> Help Wanted <input type="checkbox"/> Work Wanted <input type="checkbox"/> Pets <input type="checkbox"/> Lost & Found <input type="checkbox"/> Real Estate <input type="checkbox"/> Antiques <input type="checkbox"/> Flea Markets <input type="checkbox"/> Yard Sales <input type="checkbox"/> Instruction <input type="checkbox"/> Day Care <input type="checkbox"/> Personal <input type="checkbox"/> Miscellaneous	<b>RATES</b> 1 WEEK <input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS <input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS <input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word. 11 WEEKS OR MORE <input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. <input type="checkbox"/> Enclosed is \$_____ for the following ad to run _____ weeks in <b>The Quincy Sun.</b> COPY: _____
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# Councillors Question FoxRock Deal; Public Hearing April 29

Cont'd From Page 13

and residential building. Edward Marchant, a consultant for FoxRock, said the entire residential building would be set aside for workforce housing. Forty percent of the units would be for residents making 80 percent of the median income in the area, Marchant said, while the remaining 60 percent of units would be for those making 100 or 110 percent of area's median income.

Marchant, in response to another question from Palmucci, said FoxRock planned to use the affordable units in the new building to meet the requirements for affordable housing it would need to build as part of the development at the former Quincy Medical Center and other potential projects in the city. Under the city's zoning code, developers building 10 or more units are required to designate 10 percent of the units as affordable; they can also opt to make a payment into the affordable housing trust fund or build the units offsite.

Palmucci said the city would not give another developer behind a large residential project the land on which it would construct affordable housing units.

"If some other developer is building 500 units of residential, the city doesn't give them the land to meet their affordable housing obligations," he said. "Why would we give FoxRock the land to do it?"

Marchant said FoxRock's Ross Lot project consists entirely of workforce and affordable housing units, instead of a project where project where 90 percent of the units would go for the market rate and 10 percent would be affordable. Palmucci requested Marchant provide a breakdown for what the rents inside the new residential building would be; the councillor said he was concerned the rents could be as high as \$2,400 a month.

"I don't think that's affordable," Palmucci said. "The suggestion was you guys should be given that land to develop on because you're going to build something people can afford. Quincy folks can't afford \$2,400 a month."

Palmucci also raised questions about parking for the three new buildings. The LDA requires the city to provide some 400 spaces to FoxRock for the development, Palmucci said, in addition to the 360 the company will include in the garage under the medical office building; the city would provide the spaces in a new garage planned on the Ross Lot and would have to find interim parking before the garage is built.

Palmucci said the LDA should include a formula to determine how much FoxRock would pay the city to rent those spaces. The city's land disposition agreements with two developers who will rent part of the new garage on the Hancock Lot, Peter O'Connell and LBC Boston, included such formulas, Palmucci said.

Councillor Noel DiBona asked Marchant if FoxRock could guarantee it would build the hotel and residential buildings after the medical office building. Marchant said the company plans to do so but cannot guarantee they will be built.

"I wouldn't speak on behalf of FoxRock other than to say we're planning to do that. We're not guaranteeing that," Marchant said. "It really depends upon the market and what kinds of returns are likely on those properties."

DiBona said that was a concern for him, because the hotel and residential building are expected to generate \$569,000 in annual property tax revenue for the city, while the company would not pay taxes on the medical building.

"That concerns me as a councillor here," DiBona

said. "We're banking on some property taxes."

City Council President Brad Croall asked why FoxRock's plan for the medical office building does not include an emergency department. Croall, who represents Ward 2, said his constituents have posed that question to him.

"I represent a very large constituency that will probably access a lot of the medical services if the plan went forward downtown... they say why no emergency room," Croall said.

The building would likely include urgent care, Marchant said, in addition to various other outpatient services, including day surgeries. He referred to the building as an ambulatory care center and said such facilities cannot keep patients overnight.

Marchant added he would provide more detailed information on the types of medical services that could be offered at the new facility at the council's next meeting.

Ward 5 Councillor Kirsten Hughes, chairwoman of

the council's downtown and economic growth committee, asked FoxRock's Chris Reale to provide an update on the former Quincy Medical Center site. She called FoxRock's original plan for the property, which included 592 residential units, "abysmal."

Reale said the company was committed to building a new medical office building, either in Quincy Center or on Whitwell Street, when it struck the deal with Steward and the city to purchase the hospital and develop the Ross Lot.

"After talking to some of these medical providers, looking at downtown, meeting with some folks in the city, we came to the conclusion that, in order to effectively get a medical provider that we would feel comfortable building a building for in Quincy, we needed to address the situation at the hospital," Reale said.

"It's very difficult to try to get a medical provider to do anything, let alone when there is a vacant hospital less than a quarter mile away."

FoxRock pitched a brand new building on Whitwell Street to a "blue-chip medical organization," Reale said. That company shot down FoxRock's idea, which is why the developer chose to build the medical building on the Ross Lot instead of Whitwell Street.

"We didn't get the answer we wanted, but we got the right answer, which is it wasn't feasible up there given the amount of parking that would need to go in a new medical building up there," Reale said.

Following a Planning Board hearing in October on the 592-unit development, which residents soundly opposed, Reale said FoxRock brought in a new urban planner to draw up a revised proposal for the site.

## Fiona O'Connor Initiated Into Phi Kappa Phi

Fiona O'Connor of Quincy was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society.

O'Connor was initiated

Reale was optimistic the City Council would approve the Ross Lot land disposition agreement. FoxRock, he said, would continue to invest in Quincy even if the council were to reject the deal.

"We hope you see the wisdom in it as we go through this process. It may be re-engineered a bit as these things tend to do. But, if at the end of this, it's determined through this LDA process that it's not in the best interest in the city, we will still keep trying to make investments here. We love it here," Reale said.

"We hope that this is the start of a productive dialogue and that through the process you'll see why we're making the decisions that we're making."

at Fordham University.

Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership.



## Downtown Construction Activities

### Proposed work activities for the week of April 7th, 2019



- Prime Steel is erecting the new garage with precast sections at a steady pace. The erection process is expected to last 4 to 5 weeks. The crane will be moving to phase two where the precast sections closest to the new civic space in front of the Four's Restaurant will be the next area in which precast section's will be erected.
- Utility work continues on Cottage Avenue at the lower end toward Hancock Street and in front of 16C and Shaking Crab. There will be no parking on the street between 7am and 3:30pm. The contractor will be working on the new water, sewer and drainage infrastructure on Cottage Avenue.
- MassDOT's work continues on Burgin Parkway for the new bridge in the southbound lane between the hours of 7am and 3:30pm. The new traffic pattern on Parkway by Revel coming from Granite Street and going through the Ross Lot is now in place. If you usually walk along the sidewalk to and from Revel/IHOP you will have to walk down and around the fence at Ross Way and Cliveden Street.

(The photo above shows the new City parking garage going up on the left and the new Nova Residences in the middle with the new two-story City Atrium in front of the Nova Residences. The 15 story Chestnut Place building will be constructed in the area of the orange cone shown in the foreground of this photo. The location of this photo is in front of the old entrance/exit from the Hancock Parking Lot.)

<https://www.quincyma.gov/mycity/> or follow @CityofQuincy on Twitter.

Contact Tom Russo for construction question's at: 617-910-7847 or email at: [trusso@woodardcurran.com](mailto:trusso@woodardcurran.com)

## Quincy Yacht Club Accepting New Members

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NOW THRU  
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& Take A Tour**  
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# YMCA, City Hosting Healthy Kids Day April 27

The South Shore YMCA in partnership with the City of Quincy will hold a free community event Saturday, April 27 to inspire more kids to keep their minds and bodies active at the annual YMCA's Healthy Kids Day.

The event is part of the Y's national initiative to improve health and well-being for kids and families.

The day-long event features activities such as fun, interactive demonstrations from police officers and firefighters, music the whole family will love, games for everyone - bounce houses, sports and more, food, arts and crafts, and much more to motivate and teach fami-

lies how to develop and maintain healthy routines at home throughout the summer months.

Healthy Kids Day, celebrated at over 1,500 Ys across the country by over one million participants, works to get more kids moving and learning, creating habits that they continue all summer long. When kids are out of school, they can face hurdles that prevent them from reaching their full potential. Research shows that without access to out-of-school learning activities, kids fall behind academically. Kids also gain weight twice as fast during summer than the school

year. As spring turns to summer, Healthy Kids Day is a powerful reminder not to let children idle away their summer days. Instead, the Y wants families to focus on helping children imagine what they can accomplish over the summer.

"The South Shore YMCA is here to help families have fun, be creative and stay active together all year long," said Pamela Holland, director of Family Events, South Shore YMCA, Quincy Branch. "We're so grateful to the City of Quincy for its continued partnership and for all of our dedicated volunteers who work together to make this family-

focused event a success year after year. Through safe and nurturing learning opportunities and health-focused activities like Healthy Kids Day, The South Shore Y is committed to helping our local children learn, thrive and grow."

In celebration of YMCA's Healthy Kids Day, the Y offers the following tips to help families develop healthy habits this summer that can have a lifetime effect:

• **High Five the Fruits and Veggies** - Make sure kids get at least five servings of fruits and veggies, each day, the minimum number nutritionists recommend for healthy childhood development. And to keep kids' taste buds evolving, have everyone in the family try at least one bite of a new fruit or vegetable at least once a

month.

• **Read Together** - The summer is a great time to enjoy books with summer program participants—and 30 minutes a day goes a long way. Take trips to the local library or create a family reading challenge to see who can log the most minutes of reading. Encourage youth to create their own stories as well.

• **Get Moving!** - Activities that require movement also help kids flex their mental muscle. Use materials in unique ways: ask youth to build models, manipulate tools or develop their own theatrical scenes.

• **Play Together** - Play may be the best way to prevent childhood obesity. By putting more play into your family's day, you will soon find yourself getting the activity that will have your

family feeling energized and strong.

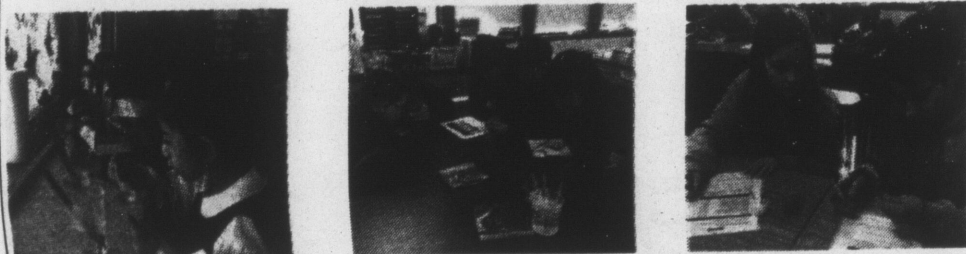
• **Make sleep a priority** - Doctors recommend 10-12 hours of sleep a day for children ages 5-12 and 7-8 hours per night for adults. Sleep plays a critical role in maintaining our healthy immune system, metabolism, mood, memory, and learning.

The South Shore YMCA's Healthy Kids Day, held in partnership with the City of Quincy, takes place at the Quincy YMCA and down Coddington Street from 11 a.m. to 2 p.m. and features fun, active play and educational activities.

For more information, visit [ssymca.org](http://ssymca.org) or contact Pamela Holland, director of Family Events, South Shore YMCA, Quincy Branch, at (617)479-8500 EXT 4716 or [pholland@ssymca.org](mailto:pholland@ssymca.org).

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## Troop 42 To Send Scouts To World Scout Jamboree

*Selling Flowers Easter Sunday To Raise Money*

Seven of Quincy's Troop 42 Boy Scouts will be attending the 24th World Scout Jamboree in Summit Bechtel, West Virginia this summer.

The seven scouts will travel with 30 other scouts from around the Boston area by bus to West Virginia where they will attend the 24th World Scout Jamboree. They will come together with Scouts from around the globe to experience new adventures, cul-

tures and friendships. This event also promotes peace, understanding and develops leadership and life skills.

Troop 42 will be selling flowers on Easter Sunday at Sacred Heart Church, St. Ann's Church, St. Mary's Church and at Tower Automotive on Adams Street. All proceeds from the flower sale will help defray the cost of attending the Jamboree.

Boy Scout Troop 42, Quincy is comprised of a diverse mix of young men

and women, aged 12-18 from Quincy and surrounding communities. It is the troop's goal to encourage all of its Scouts to participate and benefit from Boy Scout programs, ranks and achievements. As a result of many of the Scouts achieving the Eagle Scout rank, leaders say they have seen self confidence grow, ability to make better life choices as well as improved social interaction, which assists them at home, in school, and with future employment. there was been a self confidence grow, ability to make better life choices as well as improved social interaction, which assists them at home, in school, and with future employment.

For more information on Boy Scouts or the fundraising efforts of these scouts, contact Lisa Mui, Troop Committee Chairperson at 617-908-9130.

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